

Instructions for Completion

Students, please initiate this document by recording your week's activities to be discussed in mandatory weekly one-hour supervision with your field instructor. Click the **Save Draft** button each week. At the end of the month, you will submit this document by clicking the **Journal Student Entry** button listed after week 5. This will send a message to your field instructor to sign. If there are not 5 weeks in the month, leave the section blank, but you must always click the week 5 journal entry to finalize your monthly submission.

Task Supervisors (if applicable), please review this document weekly and communicate progress and opportunities for growth with the student and field instructor.

Field Instructors, please review this document each week during your mandatory weekly one-hour supervision to address student concerns and questions and to discuss documentation, self care, progress and opportunities for growth. At the end of the month, your submission statement will verify the student's hours and field learning experiences. After your input, the form will be sent to the Field Director for grading.

Week 1

<p>Date (Start Sun. - Sat. 11:59 p.m.) 01/06/2020</p>	<p>Competencies Addressed: (A minimum of 4 required each week) <input checked="" type="checkbox"/> 1. Demonstrate Ethical and Professional Behavior <input checked="" type="checkbox"/> 2. Engage Diversity and Difference in Practice <input type="checkbox"/> 3. Advance Human Rights and Social, Economic and Environmental Justice <input type="checkbox"/> 4. Engage in Practice-Informed Research and Research-Informed Practice <input checked="" type="checkbox"/> 5. Engage in Policy Practice <input checked="" type="checkbox"/> 6. Engage with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 7. Assess Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 8. Intervene with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 9. Evaluate Practice with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> Did Not Accrue Practicum Hours</p>	<p>Practice Behaviors (Please list the required 4 numbers to match the competencies selected) (i.e. 1.2=competency #1 and practice behavior #2) <ul style="list-style-type: none"> • 1.2 • 2.1 • 5.1 • 6.2 </p>	<p>Description of Learning Activities (2-3 sentences per competency) Describe how you are applying classroom theory/knowledge into field experiences to demonstrate competency. 1.2 My task supervisor and I discussed my overall schedule for the semester and how the hours will be accomplished. We spoke about different events that I will be able to participate in and established communication methods for when I will be unavailable. 2.1 I spent time learning how art therapy is used by the participants at the agency and how they have contributed their art to the community of Chattanooga. I also consulted my task supervisor about different ideas and activities to engage with the participants 5.1 This week, I had an opportunity to attend a town hall meeting with the committee to discuss MLK Community Service day. In the meeting, we also got to discuss how to get the participants at our agency involved in specific community projects and events in the Chattanooga area. 6.2 Art therapy is the evidence-based practice mostly used at the agency. This week, I used art therapy to engage and build rapport with the participants. I also researched specific art projects that can be used as a part of the art therapy process.</p>
<p>I completed one hour of self care for the week referenced above. (1 hour maximum may be counted each week in total accrued field hours.) <input type="radio"/> Yes <input type="radio"/> No</p>	<p>Comments/Outcome (Describe in 1-2 sentences what you did for self care and how it was beneficial for you.) This week, as a part of new years resolution, I had began taking myself to the gym. Lifting weights has become major part of my self-care routine for this semester.</p>	<p>I completed my weekly journal entry prior to weekly supervision. (1 bonus hour maximum may be counted each week in total accrued field hours if journal entry is done prior to weekly supervision.) <input type="radio"/> Yes <input type="radio"/> No</p>	<p>Describe areas of growth, concern or questions to address during supervision (2-3 sentences). The first week was a really great experience in terms of getting acquainted with the participants in the program. I was able to learn of the activities that are normally conducted for engagement with the participants in the program.</p>
<p>Hours accrued this week: 24.00</p>	<p>Task Supervisor (If Applicable) Comments (Hours, Progress, Concerns, etc.)</p>	<p>Field Instructor Comments Adam, you are off to a good start. As we discussed in our supervision sessions, building rapport is essential during the initial phase of working with your client (s). You are so also mindful of keeping healthy boundaries.</p>	<p>Field Instructor Approval of Weekly Hours I approve the accrued hours for this week. <input type="radio"/> Yes <input type="radio"/> No</p>

Actioned by Turner, Adam (458412) on 2/6/2020 1:29:39 PM

Week 2

<p>Date (Start Sun. - Sat. 11:59 p.m.) 01/13/2020</p>	<p>Competencies Addressed: (A minimum of 4 required each week) <input checked="" type="checkbox"/> 1. Demonstrate Ethical and Professional Behavior <input type="checkbox"/> 2. Engage Diversity and Difference in Practice <input checked="" type="checkbox"/> 3. Advance Human Rights and Social, Economic and Environmental Justice <input checked="" type="checkbox"/> 4. Engage in Practice-Informed Research and Research-Informed Practice <input checked="" type="checkbox"/> 5. Engage in Policy Practice <input type="checkbox"/> 6. Engage with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 7. Assess Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 8. Intervene with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 9. Evaluate Practice with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> Did Not Accrue Practicum Hours</p>	<p>Practice Behaviors (Please list the required 4 numbers to match the competencies selected) (i.e. 1.2=competency #1 and practice behavior #2) <ul style="list-style-type: none"> • 1.1 • 3.1 • 4.1 • 5.1 </p>	<p>Description of Learning Activities (2-3 sentences per competency) Describe how you are applying classroom theory/knowledge into field experiences to demonstrate competency. 1.1 Once rapport is built with the participants, I demonstrated professionalism by keeping an appropriate distance with each of the participants. This helps to maintain the professional relationship between the social worker and the client. 3.1 This week, a colleague and I sat down to watch a webinar about the importance of diversity and cultural competence. From this webinar, I was able to learn and implement strategies into my own practice on how to be culturally competent and be more inclusive of differences in the workplace. 4.1 I was required to watch a webinar about the abuse of those with disabilities. From this webinar, I was able to learn about the proper strategies of how to treat the participants at the agency and implement strategies to prevent abuse against the disabled population. 5.1 I attended a policy meeting with my supervisor with an organization called Partnership for Families, Children and Adults. From this meeting, I was able to witness the process of advocacy and policy practice among the different agencies within the Hamilton County area.</p>
<p>I completed one hour of self care for the week referenced above. (1 hour maximum may be counted each week in total accrued field hours.) <input type="radio"/> Yes <input type="radio"/> No</p>	<p>Comments/Outcome (Describe in 1-2 sentences what you did for self care and how it was beneficial for you.) For self-care this week, I spent time attending the gym to exercise. This activity is always beneficial for me because it helps for me to release the stress that is taking place</p>	<p>I completed my weekly journal entry prior to weekly supervision. (1 bonus hour maximum may be counted each week in total accrued field hours if journal entry is done prior to weekly supervision.) <input type="radio"/> Yes <input type="radio"/> No</p>	<p>Describe areas of growth, concern or questions to address during supervision (2-3 sentences). During supervision, my field instructor and I had discussed my adjustment into the program at Signal Centers. We also had discussed some research strategies that can be implemented during my 500-hour internship with the participants</p>
<p>Hours accrued this week: 25.00</p>	<p>Task Supervisor (If Applicable) Comments (Hours, Progress, Concerns, etc.)</p>	<p>Field Instructor Comments Very good learning experiences for you this week. Take advantage of any opportunity that will allow you to learn and observe other professionals in the field. Continue your self-care practices.</p>	<p>Field Instructor Approval of Weekly Hours I approve the accrued hours for this week. <input type="radio"/> Yes <input type="radio"/> No</p>

Actioned by Turner, Adam (458412) on 2/10/2020 11:58:20 AM

Week 3

<p>Date (Start Sun. - Sat. 11:59 p.m.) 01/20/2020</p>	<p>Competencies Addressed: (A minimum of 4 required each week) <input type="checkbox"/> 1. Demonstrate Ethical and Professional Behavior <input checked="" type="checkbox"/> 2. Engage Diversity and Difference in Practice <input checked="" type="checkbox"/> 3. Advance Human Rights and Social, Economic and Environmental Justice <input checked="" type="checkbox"/> 4. Engage in Practice-Informed Research and Research-Informed Practice <input type="checkbox"/> 5. Engage in Policy Practice <input type="checkbox"/> 6. Engage with Individuals, Families, Groups, Organizations and Communities <input checked="" type="checkbox"/> 7. Assess Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 8. Intervene with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 9. Evaluate Practice with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> Did Not Accrue Practicum Hours</p>	<p>Practice Behaviors (Please list the required 4 numbers to match the competencies selected) (i.e. 1.2=competency #1 and practice behavior #2) <ul style="list-style-type: none"> • 2.2 • 3.2 • 4.1 • 7.1 </p>	<p>Description of Learning Activities (2-3 sentences per competency) Describe how you are applying classroom theory/knowledge into field experiences to demonstrate competency. 2.2 This week involved learning other methods of art therapy used to build rapport with the participants. This included unique art projects created by the activities coordinator at the facility. 3.2 I assisted in monitoring a group community project done by high school students from the Chattanooga area that involved cleaning the facility. I monitored the students in the areas that they were assigned to cleaning such as the art studio, gym, and the main room. 4.1 This week, I was required to watch a webinar on the importance of cultural competence. From this webinar, I learned about why social workers must be culturally competent and how to implement diversity strategies to help create inclusivity in the workplace. 7.1 Each day, I spend time reading the case notes for every participant that usually comes to the agency. In their notes, I assessed their family background, education, and their medical history. Doing this has helped with my engagement with the participants.</p>
<p>I completed one hour of self care for the week referenced above. (1 hour maximum may be counted each week in total accrued field hours.) <input type="radio"/> Yes <input type="radio"/> No</p>	<p>Comments/Outcome (Describe in 1-2 sentences what you did for self care and how it was beneficial for you.) This week for self-care, I took myself to the gym. Keeping up with my physical fitness and diet has been very beneficial for me mentally. I also have been making sure that I go to bed at a decent time so that I can wake up early. This has been very helpful for me in terms of my performance at my field placement.</p>	<p>I completed my weekly journal entry prior to weekly supervision. (1 bonus hour maximum may be counted each week in total accrued field hours if journal entry is done prior to weekly supervision.) <input type="radio"/> Yes <input type="radio"/> No</p>	<p>Describe areas of growth, concern or questions to address during supervision (2-3 sentences). My field instructor and I discussed the progress that I am making at my field placement. We also discussed professional development strategies for how to improve my social work practice at the agency and how I can best prepare for my future career in social work.</p>
<p>Hours accrued this week: 25.00</p>	<p>Task Supervisor (If Applicable) Comments (Hours, Progress, Concerns, etc.)</p>	<p>Field Instructor Comments Exercise is great self care! Try some mindfulness exercises as well.</p>	<p>Field Instructor Approval of Weekly Hours I approve the accrued hours for this week. <input type="radio"/> Yes <input type="radio"/> No</p>

Actioned by Turner, Adam (458412) on 2/10/2020 11:58:45 AM

Week 4

<p>Date (Start Sun. - Sat. 11:59 p.m.) 01/27/2020</p>	<p>Competencies Addressed: (A minimum of 4 required each week) <input checked="" type="checkbox"/> 1. Demonstrate Ethical and Professional Behavior <input type="checkbox"/> 2. Engage Diversity and Difference in Practice <input type="checkbox"/> 3. Advance Human Rights and Social, Economic and Environmental Justice <input checked="" type="checkbox"/> 4. Engage in Practice-Informed Research and Research-Informed Practice <input type="checkbox"/> 5. Engage in Policy Practice <input checked="" type="checkbox"/> 6. Engage with Individuals, Families, Groups, Organizations and Communities <input checked="" type="checkbox"/> 7. Assess Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 8. Intervene with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 9. Evaluate Practice with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> Did Not Accrue Practicum Hours</p>	<p>Practice Behaviors (Please list the required 4 numbers to match the competencies selected) (i.e. 1.2=competency #1 and practice behavior #2) <ul style="list-style-type: none"> • 1.3 • 4.2 • 6.2 • 7.1 </p>	<p>Description of Learning Activities (2-3 sentences per competency) Describe how you are applying classroom theory/knowledge into field experiences to demonstrate competency. 1.3 I read e-mails about the upcoming professional development opportunities that take place at the facility. This would include meetings, webinars, and conferences that would have trainings on specific topics. 4.2 At the facility, I conducted research on the intervention methods that are commonly used at the facility. This involved researching different methods often used in art therapy and I discussed with my task supervisor some of the research that I had found. 6.2 I engaged with the participants in using art therapy with the art projects that were planned by the activities coordinator. This included 3-D art projects and painting. 7.1 As usual, I took time to go the office to read some of the case files of the participants that attend the agency. This allows for me to learn about the participants and their specific background, medical history, and diagnosis.</p>
<p>I completed one hour of self care for the week referenced above. (1 hour maximum may be counted each week in total accrued field hours.) <input type="radio"/> Yes <input type="radio"/> No</p>	<p>Comments/Outcome (Describe in 1-2 sentences what you did for self care and how it was beneficial for you.) For this week as usual, I went to the gym on campus to exercise for at least an hour. Doing this has been very beneficial to my mental health and performance at the gym. Another part of my self-care has also been just going to bed and waking up at a decent time so that I am more efficient during the day.</p>	<p>I completed my weekly journal entry prior to weekly supervision. (1 bonus hour maximum may be counted each week in total accrued field hours if journal entry is done prior to weekly supervision.) <input type="radio"/> Yes <input type="radio"/> No</p>	<p>Describe areas of growth, concern or questions to address during supervision (2-3 sentences). This week, I sat down with my field and discussed the progress that I am making at my agency. We also discussed specific issues that take place in social work and any professional development or networking opportunities that will be beneficial for my future career.</p>
<p>Hours accrued this week: 25.00</p>	<p>Task Supervisor (If Applicable) Comments (Hours, Progress, Concerns, etc.)</p>	<p>Field Instructor Comments Good learning experiences.</p>	<p>Field Instructor Approval of Weekly Hours I approve the accrued hours for this week. <input type="radio"/> Yes <input type="radio"/> No</p>

Actioned by Turner, Adam (458412) on 2/10/2020 12:06:10 PM

Week 5 (If there are not 5 weeks in the month, leave this section blank, but you must always click Week 5 journal entry to finalize your monthly submission)

<p>Date (Start Sun. - Sat. 11:59 p.m.) N/A</p>	<p>Competencies Addressed: (A minimum of 4 required each week) <input type="checkbox"/> 1. Demonstrate Ethical and Professional Behavior <input type="checkbox"/> 2. Engage Diversity and Difference in Practice <input type="checkbox"/> 3. Advance Human Rights and Social, Economic and Environmental Justice <input type="checkbox"/> 4. Engage in Practice-Informed Research and Research-Informed Practice <input type="checkbox"/> 5. Engage in Policy Practice <input type="checkbox"/> 6. Engage with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 7. Assess Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 8. Intervene with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 9. Evaluate Practice with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> Did Not Accrue Practicum Hours</p>	<p>Practice Behaviors (Please list the required 4 numbers to match the competencies selected) (i.e. 1.2=competency #1 and practice behavior #2)</p>	<p>Description of Learning Activities (2-3 sentences per competency) Describe how you are applying classroom theory/knowledge into field experiences to demonstrate competency. N/A</p>
<p>I completed one hour of self care for the week referenced above. (1 hour maximum may be counted each week in total accrued field hours.) <input type="radio"/> Yes <input type="radio"/> No</p>	<p>Comments/Outcome (Describe in 1-2 sentences what you did for self care and how it was beneficial for you.) N/A</p>	<p>I completed my weekly journal entry prior to weekly supervision. (1 bonus hour maximum may be counted each week in total accrued field hours if journal entry is done prior to weekly supervision.) <input type="radio"/> Yes <input type="radio"/> No</p>	<p>Describe areas of growth, concern or questions to address during supervision (2-3 sentences). N/A</p>
<p>Hours accrued this week:</p>	<p>Task Supervisor (If Applicable) Comments (Hours, Progress, Concerns, etc.)</p>	<p>Field Instructor Comments</p>	<p>Field Instructor Approval of Weekly Hours I approve the accrued hours for this week. <input type="radio"/> Yes <input type="radio"/> No</p>

Actioned by Turner, Adam (458412) on 2/10/2020 12:06:30 PM

Total Monthly Hours Accrued	Total Cumulative Field Hours Approved to Date
99.00	108.00

Task Supervisor (If Applicable) Monthly Journal Submission (If no Task Supervisor, Field Instructor must click here also).

Actioned by Chandler, Courtney on 2/12/2020 8:23:19 AM

Field Instructor Monthly Journal Submission

Actioned by Jenkins, Wendy on 2/11/2020 9:33:24 PM

Journal Grade (20 points possible)
 This journal meets the rubric requirements and earned 20 points
Field Director Comments
 Adam, your journal entry is much approved. Well done!
 I'd like to see you begin analyzing your classroom knowledge and tying it into your experiences.

Actioned by Bertesse, Lunelle on 2/16/2020 6:15:34 PM