

# Case Management Interview Project 2

By: Adriana Izquierdo



# Client Info...

- ◆ Laura Angel
- ◆ Hispanic ( Mexican )
- ◆ Female
- ◆ 35 years old
- ◆ Divorced
- ◆ Single-parent of 1 child (daughter)

# Hispanics living in the United States may face substantial adversity

- ◆ Stresses of immigration
- ◆ Low incomes
- ◆ Poor educational and occupational opportunities
- ◆ Inadequate access to health care
- ◆ Exposure to discrimination.

# Suicide Risk

- ◆ According to Joseph D. Hovey and Cristina G. Magaña, **“immigration increases risk for suicide.”**
- ◆ Factors:
  - ◆ Loss of family
  - ◆ Loss of friends
  - ◆ Loss of country
  - ◆ These result in feelings of loss and loneliness.
- ◆ Due to this information I explored Ms. Angel’s feelings about leaving family, friends and country as well as any suicidal ideation.
  - ◆ No suicidal ideation reported

# Gender Roles

- ◆ Cohn states that “In many communities, migration is culturally maintained a male endeavor.”
- ◆ Boehm continues and says that in some communities the male is responsible for supporting the family.

# Client's cultural perspectives

- ◆ Aware of hierarchy within home ( Men vs. Women)
  - ◆ Submissive to husband (ex-husband)
- ◆ Aware of home inequality
  - ◆ Motivated her to leave
- ◆ Importance of family
  - ◆ Family help her through process
- ◆ Importance of God/Prayer (Culture as whole)
  - ◆ Prayer got her through

# Presenting problem

- ◆ First interview client presented symptoms of hopelessness (negative expectancy about the future)
- ◆ Symptoms of helplessness
- ◆ Some symptoms of depression
  - ◆ According to Alegria and Shrout, “depression is one of the most common psychological disorders diagnosed among Latinos.”
- ◆ Lack of food
- ◆ Language barriers

# ACE Score

💧 ACE Score = 4



# Client's Strengths/Resiliency Scores

- ◆ Resilience
  - ◆ New friends, family, self-determination, relationship with God
- ◆ Healthy Coping Mechanisms
- ◆ Responsible
- ◆ Good parenting
- ◆ Motivation for a better future

# Feminism Perspective

- ◆ Client realized she could do what any man could
  - ◆ If he can so can I!
- ◆ Empowered

# Plan

- ◆ According to research, as of 2004 there were “ 9.3 million unauthorized migrants” working in the United States.
- ◆ According to Hancock, “ Unauthorized Latino immigrants face numerous challenges, including poverty, limited English language skills, and efforts in some suburbs to discourage their residency.”
- ◆ Due to this we created the following goals...

# Goals

- ◆ Better job in order to provide basic necessities such as Food
  - ◆ Resources that could provide food assistance in the meantime
- ◆ Work on legal status
- ◆ Enhance English Language skills

# Recommendations of services

- ◆ Better job in order to provide basic necessities such as Food
  - ◆ Referred to Heaven's Bounty food pantry
- ◆ Work on legal status
  - ◆ Referred to local lawyer that provide free basic legal advice
- ◆ Enhance English Language skills
  - ◆ Referred to Ooltewah Hispanic Church, which provides free English classes

# Video

- 💧 Exploring how resources have helped
- 💧 0:40-3:40
- 💧 <https://www.youtube.com/watch?v=nFbld9bQKQc&t=1s>

# References

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