

**Southern Adventist University**  
**School of Social Work**  
**Bio-psycho-social Assessment**

Client Name: Laura Angel

DOB: June 30, 1982

Date of Assessment: October 30, 2017

**Presenting Problem**

Client stated she is struggling with adapting to the new culture, language, customs, and job. Client's goals are to enhance English vocabulary, and to be able to provide food for herself and her daughter on weekends and supper. Client came to the United States undocumented and is currently working toward obtaining her VISA.

**Mental Health History**

Client stated there are no mental health issues she is aware of.

**Medical History**

First interview client presented mild symptoms of anxiety, hopelessness, helplessness, and depression due to the difficulty adapting to the new environment and culture.

**Family History**

Client is an only child and her parents are of an old age. Her mother is 70 and her father is 75, they both live in Mexico. Client has a cousin who lives near her currently and is of great moral support. Client is divorced and a single mother of one child (daughter).

**Family Mental Health History**

Client stated there are no mental health issues in her family that she is aware of.

**Abuse History**

Client was married at a young age, when she was 16. Her husband was verbally and physically abusive. "He had the power."

**Drug/Alcohol Assessment**

Client has never and does not currently use any substances.

Which substances are currently used	Method of use (oral, inhalation, intranasal, injection)	Amount of use	Frequency of use (times/month)	Time period of use	Which substances have been used in the past
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___ Alcohol					___ Alcohol
___ Caffeine					___ Caffeine
___ Nicotine					___ Nicotine
___ Heroin					___ Heroin
___ Opiates					___ Opiates
___ Marijuana					___ Marijuana
___ Cocaine/Crack					___ Cocaine/Crack
___ Methamphetamines					___ Methamphetamines
___ Inhalants					___ Inhalants
___ Stimulants					___ Stimulants
___ Hallucinogens					___ Hallucinogens
___ Other					___ Other

### **Suicidal/Homicidal Ideation**

Client states there have not been or is currently any suicidal or homicidal ideation.

### **Employment**

Client was previously working as a housekeeper, but she was not very satisfied with her job. Due to her English vocabulary she has been able to obtain a better paying job as a cashier at a clothing store and is confident she will move up to a better position with time. She is satisfied in her current employment.

### **Education**

Client was not able to complete any education past her 9<sup>th</sup> grade education. However, she has taken some English classes and was a good student and very successful.

### **Spiritual/Religious Affiliation**

Client is a Seventh-day Adventist and prayer is very important to her as well as her faith in God.

### **Social/ support systems**

Client's parents were a huge support system when she was in Mexico. She now has a cousin who lives near whom she goes to when in need to talk as well as the church members of the church she now attends. She also has become more involved in activities in her daughter's school. Client also states they go to the park with her daughter and they have a picnic in order to relax.

### **Developmental History**

Client had a healthy childhood, but traumatic teenage years. As mentioned, she was married at age 15, and her husband was very abusive. She finally left him at age 34.

### **Coping Skills**

Client mentioned prayer and faith as her coping mechanisms as well as self-confidence.

### **Interests and Abilities**

Client enjoys spending time with her daughter. They like to sing, draw, have picnics, and feed the ducks.

### **Practitioner assessment of the client**

Client's English vocabulary has significantly increased. She seems calmer than when we began sessions together, less agitated and collected. Her clothing was well taken care of and her personal hygiene was very neat. She seemed relaxed and appeared to react well to the ending of our sessions. Client is very resilient and has a strong faith and relationship with God. She is motivated and determined, and has healthy coping mechanisms. Client seems responsible and demonstrates to have good parenting skills. One of the barriers I can see with assisting this client is meeting the financial need in order to continue VISA paperwork.

### **Summary of presenting problems, symptoms, level of functioning, analysis, conclusions, and recommendations for specific services:**

Client needs assistance in providing basic necessities such as food and I referred her to Heaven's Bounty food pantry. Client needs assistance in working on legal status and she was referred to a local lawyer that provides free basic legal advice. Lastly, client wanted to enhance her English language vocabulary and she was referred to the Ooltewah Hispanic Church, which provides free English classes.

ACE score: 4

Resilience Score: 5

### **Treatment Goals**

1. Overall Goal: To provide food for herself and daughter.
  1. SMART Objective: Client will attend Heaven's bounty food pantry every Tuesday and Thursday at 1 p.m.
2. Overall Goal: To Enhance English vocabulary
  2. SMART Objective: Client will attend Ooltewah Hispanic Church's free English classes every Tuesday night at 7 p.m.
3. Overall Goal: To obtain legal status in United States.

3. SMART Objective: Client will contact lawyer tomorrow at 3 p.m. to obtain free legal advice and move forward with them.