

# Individual Program Plan

Bethel Bible Village

Name: [REDACTED]  
([REDACTED])

DOB: [REDACTED] (17 years)

Ethnicity: Hispanic or Latino

Gender: Female

Region: Tennessee

Division: Hixson

Admitted: 07/07/2017

Program: Promise First Step

Facility: Williams Cottage

Date: 01/07/2019

Next Due Date: 04/07/2019

Estimated Date of Discharge:  
07/31/2019

Primary Reason for Placement: Parental Conflict, Academic Issues, Unruly Behavior

Custody Holder: [REDACTED]

Permanency Goal: Emancipation to  
Independent Living

Concurrent Permanency Plan:  
Family Clarification

**Child/Family Strengths:** [REDACTED] is a fun, loving, young woman who is very friendly towards others. [REDACTED] is determined to be a good parent to her child. [REDACTED] is also very determined to graduate high school. [REDACTED] values her support system and has accepted the assistance of Bethel staff.

**Behaviors, Problems, Risk:** Parenting Skills- [REDACTED] is seeking support in raising her child. Due to her circumstances, [REDACTED] is low on resources and family support for herself and her child.

Education- [REDACTED] is determined to graduate on time with her friends at home. In order to achieve this, [REDACTED] will need to pass all of her classes at BCA.

Past Trauma- [REDACTED] has experienced her own traumas while also coping with the lifestyles of her biological parents.

Relationship Skills- [REDACTED] needs to gain relationship skills to help her communicate effectively with her father and to build a strong relationship with him as he is.

## Primary Reason for Placement Goals

**Goal #1:** [REDACTED] will be confident in her abilities as a parent. [REDACTED] will gain parenting skills as her child grows and develops.

**Planned Interventions:** SW Interventions, HP Guidance, PAFT, Individual Counseling, Independent Living Classes, Biblical Guidance

**Expected Response:** [REDACTED] will be able to provide a safe environment, plan and cook healthy meals, make doctor's appointments, and help the overall development for her child to the best of her ability.

**Acceptable Limits:** [REDACTED] will complete all appropriate medical visits for her and her child as needed. [REDACTED] will also make herself aware of medications and diagnosis for herself and her child.

Target Date: 06/29/2018

Goal Progress: 75%

**Progress Description:** [REDACTED] has been willing to take advice and learn from her houseparents regarding

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parenting skills. [redacted] has successfully created a bedtime routine for her child.

[redacted] has learned to be more patient with her child on frustrating days.

[redacted] has learned the importance of a bedtime routine and achieved a successful routine for her baby.

[redacted] will work on keeping shoes on her baby in public places.

[redacted] has new goals to prepare a cook meal for her child at least once a week, teach her child how to play, and to have a diaper bag prepared every time she leaves the house. [redacted] has a new focus to prepare for living on her own.

[redacted] is working with her sponsor mom, [redacted], to develop her daughter's fine motor skills. [redacted] will be using mommy and me time more constructively from now on.

**Goal #2:** [redacted] will maintain good grades and pass all of her classes.

**Planned Interventions:**

Assistance from BCA principal, Tutoring as Needed, SW Interventions, HP Guidance

**Expected Response:** [redacted] will finish her Junior year with passing grades in order to move on to her senior year at her home school.

**Acceptable Limits:** [redacted] will complete the Spring 2018 semester with all A's and B's.

**Target Date:** 12/29/2017

**Goal Progress:** 75%

**Progress Description:** [redacted] has maintained A's and B's throughout the semester. [redacted] attitude with her teachers has also improved. According to Principal, [redacted] has matured a significant amount and has shown a laser focus to graduation on time.

[redacted] would like to do her senior project at Big Ridge Elementary School because she wants to be a first grade teacher.

[redacted] is passing all of her classes as of 10/16/2018. [redacted] is now working on maintaining positive behavior at school and being more professional.

[redacted] will be taking more responsibility for her school work this semester in order to prepare for college. Houseparent will not be providing reminders as often.

**Goal #3:** [redacted] will learn coping skills to deal with her past trauma and her current situation.

**Planned Interventions:** Individual and Family Counseling, SW Interventions, HP Guidance, Biblical Guidance, Music Therapy, Group with Rita Carr

**Expected Response:** [redacted] will learn her role as a mother to her child as well as her role as a daughter in her father's home. [redacted] will learn ways to cope with her and her parent's differences.

**Acceptable Limits:** [redacted] will attend all scheduled therapy sessions (with the exception of illness or emergency).

**Target Date:** 11/08/2017

**Goal Progress:** 50%

**Progress Description:** [redacted] has been willing to participate in therapy and make plans to improve her lifestyle, such as improving her physical health.

[redacted] goal for her therapy sessions is to find coping skills to handle her abandonment from dad.



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Jasmine has completed her therapy session with Kim Falk, LCSW for now. Jasmine will re-refer herself as needed to work on her depression.

Jasmine is attending therapy sessions with Laurena at Centerstone to further her coping skills.

**Goal #4:** Jasmine will gain independent living skills in order to provide for herself and her baby.

**Planned Interventions:** SW interventions, HP guidance, Independent Living Classes, Life Groups with Rita Carr

**Expected Response:** Jasmine will be able to provide a safe living situation for herself and her baby. Jasmine will have the basic life skills to be independent.

**Acceptable Limits:** Jasmine will apply to at least 5 jobs in the Hixson area and obtain a part-time position before her next IPP.

**Target Date:** 06/29/2018

**Goal Progress:** 25%

**Goal Description:** Jasmine has applied for jobs in the Hixson area. Jasmine has not yet found a job.

Jasmine will be living in the cottage as if it is the Next Step program from Jan. 2019 until she is discharged. Houseparents will not be providing reminders and Jasmine will need to maintain her priorities. Jasmine will need to practice independent living skills such as making grocery lists and planning out her WIC.

**Goal #5:** Jasmine will learn new relationship skills in order to strengthen her current relationships and create healthier new relationships.

**Planned Interventions:** Individual and Family Counseling, SW Interventions, HP Guidance, Biblical Guidance

**Expected Response:** Jasmine will learn how to have healthy relationships with her family members and her peers, including partners. Jasmine will be able to identify healthy and unhealthy habits within her relationships w

**Acceptable Limits:** Jasmine and her dad will have positive interactions without escalation 4/5 times.

**Target Date:** 06/29/2018

**Goal Progress:** Goal Removed

**Goal Description:** Jasmine has shown the ability to say no when it is needed. This skill has improved during her time at Bethel.

Jasmine and her father had very positive interactions over Thanksgiving break that led to forgiveness and hope for a better relationship.

Jasmine and her father had a good walk around campus together. Mario and Jasmine have agreed to communicate more while Jasmine is at Bethel.

## InSPIRE

**Health/Medical:** Client will have an understanding of and will take responsibility for his/her health including nutritional choices, physical activity, dental hygiene, and personal hygiene.

**Educational/Vocational:**

Client will learn and demonstrate academic progress, function at grade level, display positive school behaviors, improvement in grades, and display independent study habits.

**Relational Skills and Social Behaviors:** Client will display respect toward others, seek positive influences, identify positive influences, establish positive relationships, demonstrate obedience, communicate respectfully, and display a willingness to serve others.

**Spirituality:**

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Client will have a growing relationship with Christ, have the opportunity to respond to the gospel, commit to spiritual growth, exemplify positive spiritual character (fruits of the spirit), and have the opportunity to make a commitment to long-term spiritual growth.

Emotional/Behavioral: Client will understand emotions and choose to express them adaptively. Client will make good decisions, respond adaptively, exhibit self-control, respond appropriately in group settings, take responsibility for choices and actions, and have a positive self-image and improved self-esteem.

## Last Annual Medical

Date of Visit	Next Due Date	Author	Clinical Professional
05/08/2018 8:15 AM		Havner, Gwen	Galen Pediatrics

**Synopsis of Diagnosis or Change in Diagnosis:** Obesity and hypertension.

## Last Annual Optical

Date of Visit	Next Due Date	Author	Clinical Professional
12/05/2018 3:00 PM		Havner, Gwen	Hixson Eye Care

**Synopsis of Diagnosis or Change in Diagnosis:** headaches  
Documentation attached.

## Last Dental

Date of Visit	Next Due Date	Author	Clinical Professional
09/20/2018 9:40 AM		Havner, Gwen	Cloudland Dental

## Current Medications

Name	Prescriber	Dosage	Dates	Type	Reason for Medication
Bupropion	Jo Grant, NP	Take 1 (100mg) by mouth every morning as directed.	12/05/2018 - 12/24/2018	Non-Psychotropic	
Fluoxetine	Grant, Jo	Take 1 (10mg) capsule by mouth once a day as directed.	10/16/2018 - 10/25/2018	Psychotropic	
Fluoxetine	Jo Grant, NP	Take 1 (20mg) and 1 (10mg) in the am.	11/25/2018 - 12/24/2018	Psychotropic	
Fluoxetine 20mg	Grant, Jo	Take 1 capsule by mouth once a day.	09/26/2018 - 10/25/2018	Psychotropic	



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Name	Prescriber	Dosage	Dates	Type	Reason for Medication
Fluoxetine 20mg	Jo Grant, NP	Take 1 capsule by mouth once a day as directed.	10/26/2018 - 11/24/2018	Psychotropic	
Hydrocodone/Acetaminophen	Bosson, Frederick (OB/GYN)	325 milligrams	08/18/2017 - Present	Non-Psychotropic	
Mirtazapine	Grant, Jo	Take 1/2 tablet at Bedtime. Discontinued taking on 11/14 per Jo Grant, NP	11/12/2018 - 11/15/2018	Non-Psychotropic	
Oxycodone	Todd Schultz, Principal	12:00 pm. 1 tablet taken at BCA. The med taken was a combination of oxycodone/Acetaminophen	12/07/2017 - Present	Non-Psychotropic	Toe hurting.
Vitamin C	Bosson, Frederick (OB/GYN)	500 milligrams	08/18/2017 - Present	Non-Psychotropic	

## Family/Custodial Responsibilities

**Family Responsibilities:** Client will be placed away from family while at Bethel. During this time, his/her family will remain actively involved in his/her life. They will attend Family Days, Parent Paths, Individual Program Plan meetings, family counseling as required, and any other required meetings and appointments. Family will maintain regular contact with client and social worker through daily phone calls, visits and meetings. Family will pick client up, spend quality time, and practice skills learned while at Bethel and allow client to do the same. Family will visit with client on visiting Sundays. Family will maintain all financial obligations to Bethel and for any other needs that arise during client's stay.

**Target Date:** On Going

## Discharge Plan

**Discharge Plan:** PLAN:

Jasmine Davis is a 17-year old teen mom who was admitted into Bethel's Promise/First Step Program on 07/07/2017. Jasmine was referred to Bethel because she needed a stable living situation with adequate supervision and assistance with being a young mother. Jasmine's father had concerns for her safety and well being due to her recent behavior. At admission, Jasmine was 8 months pregnant with a due date of 08/20/2017. Jasmine's daughter is now 16-months old.

Jasmine is residing in Williams Cottage in the Promise/First Step Program where she is expected to follow cottage rules, complete her daily routine, maintain her room, hygiene, chores, and participate in cottage group. She is expected to follow instructions, display respect for others, and maintain adaptive interactions with adults and peers. Jasmine is completing the 12th grade at Bethel Christian Academy, where she is expected to maintain positive academic performance by completing all assigned work and participating in tutoring as needed.



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Jasmine attends counseling at Centerstone in order to cope with her family situation and discuss past trauma. Jasmine has been diagnosed with Major Depressive Disorder. Jasmine is seeing [redacted] with [redacted] for medication management. Jasmine is currently taking Prozac 30mg once daily and Wellbutrin 100mg once daily. Jasmine also participates in Parents Are First Teachers, and independent living classes to help begin to prepare her for motherhood. Other services that Jasmine will participate in include music therapy, group with Rita Carr, tutoring as needed, and extracurricular activities such as basketball, volleyball, and tennis.

Jasmine is up-to-date on her yearly medical visits. While at Bethel, regular appointments will be scheduled to continue to maintain and foster good health for her. She will also participate in activities designed to promote good physical, emotional, and spiritual health.

Jasmine's discharge date is July 2019. Jasmine will be discharged into an independent living situation with her daughter. Jasmine plans to graduate with her high school diploma and obtain a job in order to save money.

Author: Tatum, MSSW, Patrisha

 Electronically Signed

01/22/2019

Robin Moss, LCSW/KaleidaCare SA

Date

## Prior Signatures

 Electronically Signed

01/08/2019

Patrisha Tatum, MSSW/Social Worker

Date

Client Signature

Date