- 6.1 Examine evidence-based practices to prepare for professional engagement across systems This student examined evidence-based practices in order to prepare for professional engagement with clients in individual therapy sessions, group sessions, and engaging with staff members at HRMC in regards to approaches to utilize with clients across systems.
- 6.1 Examine evidence-based practices to prepare for professional engagement across systems This student reviewed evidence-based practices related to each client prior to therapy sessions by researching online tools as well as utilizing workbooks.
- 6.1 Examine evidence-based practices to prepare for professional engagement across systems This student researched interventions for survivors of sexual trauma and modalities to implement into session with an individual who has PTSD. I also collaborated with another co-worker on her recommendations of how to address the childhood trauma that had happened to this specific client.
- 6.1 Examine evidence-based practices to prepare for professional engagement across systems This student researched interventions for survivors of sexual trauma and modalities to implement into session with an individual who has PTSD. I also collaborated with another co-worker on her recommendations of how to address the childhood trauma that had happened to this specific client.

## 6.1

Examine evidence-based practices to prepare for professional engagement across systems - This student examines evidence-based practices in order to prepare herself for engagement with therapy clients and groups.

- 6.1 Examine evidence-based practices to prepare for professional engagement across systems I always examine evidence-based practices to prepare me for each session with individual clients prior to their arrival. I review my DSM, look at the treatment planner, and other reading materials regarding which modality to practice with each client.
- 6.1 Examine evidence-based practices to prepare for professional engagement across systems By researching specific treatment modalities and correlating these with clientele specific diagnoses, I am examining each specific evidence-based practices that prepare me for professional engagement with individuals in therapy, IOP group sessions, and offering support to participants of the Lighthouse.