

8.1 Implement clinical evidence-based interventions with individuals, families, and/or groups - This student implements clinical evidence-based interventions with each individual client on a need basis. For example, she researches what has worked with different mental illness scenario's and based on this data and client needs, she integrates modalities of practice with each client.

8.1 Implement clinical evidence-based interventions with individuals, families, and/or groups - This student implements clinical evidence-based interventions across systems. Primarily CBT strategies, such as changing negative thoughts to positive thoughts, how a thought makes us feel some things that can make us behave in a way we don't want to happen and an alternative to the thought that lead to the feelings and actions.

8.1 Implement clinical evidence-based interventions with individuals, families, and/or groups - This student has been able to implement clinical evidence-based interventions into practice with individual clients, IOP clients, and support groups. These interventions included, cognitive behavioral therapy, grounding techniques, mindfulness exercise, person centered approaches, use of Yalom's therapeutic factors with groups, solution-focused therapy, having the clients journal, and work on therapy related worksheets with this student in session or for homework to discuss in sessions.

8.1 Implement clinical evidence-based interventions with individuals, families, and/or groups - This student researches specific treatment modalities to implement into each therapy session for individual therapy clients and implements them into sessions. This student also works with an IOP group and members in a community setting at the Light House.

8.1 Implement clinical evidence-based interventions with individuals, families, and/or groups - This student implements clinical evidence-based interventions in individual sessions with clients and groups during IOP. She researches these modalities and has discussion in supervision as well as email or text if it is something that is not able to wait until supervision. She implements these modalities into treatment for specific clients

8.1 Implement clinical evidence-based interventions with individuals, families, and/or groups - I implement strategies such as cognitive behavioral therapy, solution-focused therapy, person-centered therapy, mindfulness, and teaching coping skills into each individual therapy session.

8.1 Implement clinical evidence-based interventions with individuals, families, and/or groups - This student is able to implement clinical evidence-based interventions; such as CBT, solution-focused, and person centered interventions, with individual therapy clients, IOP groups, and with the support group at the Lighthouse on a weekly basis.

8.1 Implement clinical evidence-based interventions with individuals, families, and/or groups - This student was able to implement clinical evidence-based interventions with individuals she engaged with during therapy sessions, groups and families at the DCS meetings and the IOP group in SilverLinings, and the group session at the Lighthouse.

8.1 Implement clinical evidence-based interventions with individuals, families, and/or groups - This student engaged with clients during therapy sessions where she was able to utilize the evidenced-based practices she found by doing research and in the workbooks. The student implemented the EBP interventions with individuals she saw during session and followed-up on assignments she had asked the clients to work on.

8.1 Implement clinical evidence-based interventions with individuals, families, and/or groups - This student was able to implement clinical evidence-based interventions with individuals in therapy sessions and group sessions at practicum.