

Start Date: 03/10/2024 🔒

End Date: 03/16/2024 🔒

Hours accrued this week: 15 🔒

Competencies Addressed (a minimum of 4 required each week):

1: Demonstrate Ethical and Professional Behavior, 2: Advance Human Rights and Social, Racial, Economic, and Environmental Justice, 6: Engage with Individuals, Families, Groups, Organizations, and Communities, 9: Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities 🔒

Practice Behaviors:

1.3 Exhibit commitment to professional growth through continuing education, supervision, and ongoing consultation, 2.2 Implement culturally-informed strategies with diverse populations, 6.2 Engage with systems utilizing evidence-based practice strategies, 9.1 Select evidence-based evaluation strategies according to their efficacy with specific client systems 🔒

Describe the way each practice behavior was performed:

In addition to the description, describe how you are applying classroom theory/knowledge into field experiences to demonstrate competency.

1.3 Demonstrate commitment to professional growth through continuing education, supervision, and inter-professional consultation:

I continue to pre-triage each of my encounters with patients with members from the intake staff in order to determine whether I have received enough information to provide a recommendation to the triaging provider (and many times I have not received sufficient information and need to gain additional data points before a clearer picture and recommendation to be formulated). I also continue to request that my notes are reviewed by staff to ensure adequacy and completeness. I do, however, feel that I am gaining competence in that area and am doing fairly well for this stage in my internship. 🔒

2.2 Implement culturally-informed strategies with diverse populations:

With one 89-year old Cuban patient that I was conducting an intake with, I respected the family connections and strong ties that their culture reflects in conducting the assessment. She requested that her daughters be in the intake room with her, and in the course of our conversation, though her English was perfect, she and her daughters would speak in Spanish about certain topics in order to clarify the information in a language that felt most comfortable and in which she could best express her thoughts, and would then tell me in English what they determined so that I could understand. Speaking in their own language also provided a bit of privacy within the assessment between the mother and her daughters as I do not speak Spanish. There were no barriers placed on the family to only speak Spanish, and respecting their wishes to speak Spanish at intervals seemed to provide greater unity and connection between the family. 🔒