

## Assisted Living Assessment

Scoring:

- High Need of Assisted Living Care: Total score in the higher range, perhaps 28-42 points or above.
- Moderate Need of Assisted Living Care: Total score in a mid-range, maybe 15-27 points.
- Low Need of Assisted Living Care: Total score in a lower range, possibly 6-14 points.
- No Immediate Need of Assisted Living Care: Total score of 0-5 points.

Does the resident have issues with the following?	No problems/not applicable (0 points)	Minor issues/occasional assistance needed (1 point)	Moderate issues/frequent assistance needed (2 points)	Severe issues/constant assistance needed (3 points)
<b>Physical Functional Ability</b>				
<b>Mobility:</b> The ability to move about both inside and outside of one's home. This includes walking, going up and down stairs, getting out of bed and into a wheelchair, and standing from a seated position to use a walker.				
<b>Dressing:</b> Choosing appropriate clothing and putting it on. This includes fastening buttons and zipping zippers.				
<b>Eating:</b> Utilizing a fork and other utensils to get food to the mouth and the physical act of eating.				
<b>Personal Hygiene:</b> Safely getting in and out of the bathtub or shower and cleaning oneself. Also includes other grooming activities, such as shaving, nail care, and brushing teeth.				
<b>Toileting:</b> Making it to the toilet in time by controlling one's bladder and/or bowel, getting on and off the toilet, and cleaning oneself after use.				
<b>Medical Needs</b>				

Does the resident have medical needs that require the help of a nurse often such as needing assistance with injections, catheter care, and intravenous (put into a vein) medications?				
Have they recently had a major health event such as a stroke or a large fall?				
Does the resident have a chronic or disabling disease?				
Has their medical doctor recommended that they enter a skilled nursing facility?				
<b>Cognitive Impairment</b>				
Does the resident have any of the following symptoms of behavioral problems related to dementia: Frequent wandering from the home and becoming lost, impulsiveness, and aggressiveness (physical, sexual, verbal)?				
<b>Behavioral Problems</b>				
Does the resident have any of the following symptoms of behavioral problems related to dementia: Frequent wandering from the home and becoming lost, impulsiveness, and aggressiveness (physical, sexual, verbal)?				
<b>Other</b>				
Do they currently have someone that checks on them daily, so that if they have a fall or medical issue, they can get help right away?				
Are they having difficulty managing their medications?				
Have they not been taking care of their own health such as eating proper meals and going to their doctor appointments?				
<b>Section Totals:</b>				
<b>Total Points:</b>				

## References

*17 Signs it's Time for Senior Assisted Living* | *ConsumerAffairs*®. (2023, July 27). [Www.consumeraffairs.com](http://www.consumeraffairs.com).

[https://www.consumeraffairs.com/health/time-for-assisted-](https://www.consumeraffairs.com/health/time-for-assisted-living.html#:~:text=When%20is%20it%20time%20for%20assisted%20living%3F%201)

[living.html#:~:text=When%20is%20it%20time%20for%20assisted%20living%3F%201](https://www.consumeraffairs.com/health/time-for-assisted-living.html#:~:text=When%20is%20it%20time%20for%20assisted%20living%3F%201)

*Criteria for Nursing Home Placement | Level of Care*. (n.d.). <https://www.medicaidplanningassistance.org/nursing-home-level-of-care/>

Wynn, P. (2023, July 13). *Nursing home requirements: Who's eligible?* U.S. news - US news health.

<https://health.usnews.com/senior-care/articles/nursing-home-requirements>