

MSW Advanced Monthly Field Journal

Students, please initiate this document by recording your weekly activities to be discussed in supervision with your field instructor. At the end of the month, you will submit this document to be signed by your field instructor.

Task Supervisors (if applicable), please review this document weekly and communicate progress and opportunities for growth with the student and field instructor.

Field Instructors, please review this document each week during your mandatory weekly one hour supervision to address student concerns and questions and to discuss documentation, self care, progress and opportunities for growth. At the end of the month, your submission statement will verify the student's hours and field learning experiences. After your input, the form will be sent to the Field Director for grading.

General Information

Student Name: Abraham Navarro

Academic Level:

MSW Advanced

Agency Name: Auburn Correctional Facility

Is there a Task Supervisor?

Yes

No

Field Instructor Name: Kara Walawender

Supervision with Field Instructor:

Individual

Group

How many weeks are in this month?

4

5

Week 1

Please note that the week begins on Sunday at 12:00 am and ends on Saturday at 11:59 pm.

Start Date: 12/5/22

End Date: 12/9/22

Hours accrued this week: 16

Competencies Addressed (a minimum of 4 required each week):

1: Demonstrate Ethical and Professional Behavior

2: Advance Human Rights and Social, Racial, Economic, and Environmental Justice

3: Engage Anti-racism, Diversity, Equity and Inclusion (ADEI) in Practice

4: Engage in Practice-Informed Research and Research-Informed Practice

5: Engage in Policy Practice

6: Engage with Individuals, Families, Groups, Organizations, and Communities

7: Assess Individuals, Families, Groups, Organizations, and Communities

8: Intervene with Individuals, Families, Groups, Organizations, and Communities

9: Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities

Did Not Accrue Practicum Hours

Practice Behaviors (please list the required four numbers below to match the competencies selected):

1.1 Develop a practice framework for analysis of complex environments, that is ethical, value-grounded and evidenced-based

1.2 Implement supervisory and self-care strategies that integrate professional strengths, limitations, and challenges

1.3 Exhibit commitment to professional growth through continuing education, supervision, and ongoing consultation

1.4 Demonstrate professional oral and written communication skills

2.1 Demonstrate leadership in developing and implementing evidence based practice with relevant strategies that advance human rights at the individual, family, group, organizational, community, research, and policy levels

2.2 Implement culturally-informed strategies with diverse populations

3.1 Demonstrate leadership in advocating for human rights, social, economic and environmental justice

3.2 Design and implement social action strategies that demonstrate social, racial, economic; and environmental justice

4.1 Critically review current research on evidence based and contemporary best practices to improve practice, policy, and programs

4.2 Conduct and disseminate research that responds to social work practice needs and uses ethical, culturally informed, anti-racist, and anti-oppressive strategies to advance the purposes of social work

5.1 Advocate with and inform stakeholders to impact policy change

5.2 Develop and implement a policy and/or advocacy plan

6.1 Examine evidence-based practices to prepare for professional engagement across systems

6.2 Engage with systems utilizing evidence-based practice strategies

7.1 Formulate comprehensive assessments, using a variety of diagnostic classification systems

7.2 Design and implement organizational and/or community assessments

8.1 Implement clinical evidence-based interventions with individuals, families, and/or groups

8.2 Integrate macro level evidence-based strategies with organizations and/or communities

9.1 Select evidence-based evaluation strategies according to their efficacy with specific client systems

9.2 Evaluate the efficiency and effectiveness of practice outcomes across systems

From the list above, please list the required four numbers below:

1.4

8.1

6.1

9.1

Description of Learning Activities (2-3 sentences per competency):

1.4 - I demonstrated professional oral communication while making my rounds through the cells on the Mental Health Unit. I introduced myself to the new incarcerated individuals in the unit, answer questions in an appropriate manor, and provided information about the ICP unit and OHM programing.

8.1 - I cofacilitated a group therapy using a curriculum designed by Lisa Najavits in her book Seeking Safety. The curriculum generally focuses on rehabilitation for PTSD and substance abuse. This current discussion was focusing on non verbal passive communication. I facilitate the discussion in the group while implementing material from the book.

6.1 - I prepared questions relation to workplace obstacles for my engagement in a one-on-one therapy session with an incarcerated individual. During the engagement with the client, I introduce and prepared him for a scenario that would involved role playing during the session.

7.1 - In preparation for an incarcerated individual's release, I did a comprehensive review of the client's case file. I worked on a draft for his discharge summary that included his mental health history, family history, criminal history, treatment, and discharge recommendations. I gather information to formulate a comprehensive assessment for agencies that will continue to provide service to the client.

In addition to the description, describe how you are applying classroom theory/knowledge into field experiences to demonstrate competency.

Field Instructor Comments:

Describe areas of growth, concern or questions to address during supervision (2-3 sentences):

An area of growth was I experienced was when I successfully concluded a session with an incarcerated individual. Earlier, I struggled and I even felt I had awkward moments during the session trying to figure out a way to bring the session to an end.

Week 2

Please note that the week begins on Sunday at 12:00 am and ends on Saturday at 11:59 pm.

Start Date: 12/12/22

End Date: 12/16/22

Hours accrued this week: 16

Competencies Addressed (a minimum of 4 required each week):

- 1: Demonstrate Ethical and Professional Behavior
- 2: Advance Human Rights and Social, Racial, Economic, and Environmental Justice
- 3: Engage Anti-racism, Diversity, Equity and Inclusion (ADEI) in Practice
- 4: Engage in Practice-Informed Research and Research-Informed Practice
- 5: Engage in Policy Practice
- 6: Engage with Individuals, Families, Groups, Organizations, and Communities
- 7: Assess Individuals, Families, Groups, Organizations, and Communities
- 8: Intervene with Individuals, Families, Groups, Organizations, and Communities
- 9: Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities
- Did Not Accrue Practicum Hours

Practice Behaviors (please list the required four numbers below to match the competencies

selected):

- 1.1 Develop a practice framework for analysis of complex environments, that is ethical, value-grounded and evidenced-based
- 1.2 Implement supervisory and self-care strategies that integrate professional strengths, limitations, and challenges
- 1.3 Exhibit commitment to professional growth through continuing education, supervision, and ongoing consultation
- 1.4 Demonstrate professional oral and written communication skills
- 2.1 Demonstrate leadership in developing and implementing evidence based practice with relevant strategies that advance human rights at the individual, family, group, organizational, community, research, and policy levels
- 2.2 Implement culturally-informed strategies with diverse populations
- 3.1 Demonstrate leadership in advocating for human rights, social, economic and environmental justice
- 3.2 Design and implement social action strategies that demonstrate social, racial, economic; and environmental justice
- 4.1 Critically review current research on evidence based and contemporary best practices to improve practice, policy, and programs
- 4.2 Conduct and disseminate research that responds to social work practice needs and uses ethical, culturally informed, anti-racist, and anti-oppressive strategies to advance the purposes of social work
- 5.1 Advocate with and inform stakeholders to impact policy change
- 5.2 Develop and implement a policy and/or advocacy plan
- 6.1 Examine evidence-based practices to prepare for professional engagement across systems
- 6.2 Engage with systems utilizing evidence-based practice strategies
- 7.1 Formulate comprehensive assessments, using a variety of diagnostic classification systems
- 7.2 Design and implement organizational and/or community assessments
- 8.1 Implement clinical evidence-based interventions with individuals, families, and/or groups
- 8.2 Integrate macro level evidence-based strategies with organizations and/or communities
- 9.1 Select evidence-based evaluation strategies according to their efficacy with specific client systems
- 9.2 Evaluate the efficiency and effectiveness of practice outcomes across systems

From the list above, please list the required four numbers below:

- 1.2
- 2.1
- 7.1
- 8.1

Description of Learning Activities (2-3 sentences per competency):

2.1 - The Department Of Corrections and Community Services did not provide Correction Officers from Tuesday and on to escort the incarcerated individual from the mental health unit from their cells to their programming. I took the initial to put together packets for the incarcerated individuals that contained material to keep them entertained in their cells since they will be there all day. During rounds, I passed out the packets to the individuals that requested it.

8.1 - I implemented an intervention for Split Personality that was designed by Lisa Najavits in her book Seeking Safety. The curriculum generally focuses on rehabilitation for PTSD and substance abuse. I cofacilitated the discussion in the group while implementing material from the book.

7.1 - I continued my work in completing the discharge summary for an incarcerated individual that is

to be released soon. I used the DSM 5 to look up the diagnostic code and to accurately describe psychotic symptoms the client has been experiencing that match his diagnosis.

1.2 - I implemented a self-care strategy by engaging in a conversation with the psychiatrist. Our discussion varied from personal topics to areas relating to the field and my current experience. The discussion with the psychiatrist was beneficial in my professional growth in the she had provided me with recommendations for working in mental health and in a prison setting.

In addition to the description, describe how you are applying classroom theory/knowledge into field experiences to demonstrate competency.

Field Instructor Comments:

Describe areas of growth, concern or questions to address during supervision (2-3 sentences):

A concern I have is in my ability to complete the discharge summary for the incarcerated individual that is to be release. I am only nervous since I have not written one before, however, I feel there is plenty of support from the discharge coordinator and colleagues.

Week 3

Please note that the week begins on Sunday at 12:00 am and ends on Saturday at 11:59 pm.

Start Date: 12/19/22

End Date: 12/23/22

Hours accrued this week: 0

Competencies Addressed (a minimum of 4 required each week):

- 1: Demonstrate Ethical and Professional Behavior
- 2: Advance Human Rights and Social, Racial, Economic, and Environmental Justice
- 3: Engage Anti-racism, Diversity, Equity and Inclusion (ADEI) in Practice
- 4: Engage in Practice-Informed Research and Research-Informed Practice
- 5: Engage in Policy Practice
- 6: Engage with Individuals, Families, Groups, Organizations, and Communities
- 7: Assess Individuals, Families, Groups, Organizations, and Communities
- 8: Intervene with Individuals, Families, Groups, Organizations, and Communities
- 9: Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities

✓ Did Not Accrue Practicum Hours

Practice Behaviors (please list the required four numbers below to match the competencies selected):

1.1 Develop a practice framework for analysis of complex environments, that is ethical, value-grounded and evidenced-based

1.2 Implement supervisory and self-care strategies that integrate professional strengths, limitations, and challenges

1.3 Exhibit commitment to professional growth through continuing education, supervision, and ongoing consultation

- 1.4 Demonstrate professional oral and written communication skills
- 2.1 Demonstrate leadership in developing and implementing evidence based practice with relevant strategies that advance human rights at the individual, family, group, organizational, community, research, and policy levels
- 2.2 Implement culturally-informed strategies with diverse populations
- 3.1 Demonstrate leadership in advocating for human rights, social, economic and environmental justice
- 3.2 Design and implement social action strategies that demonstrate social, racial, economic; and environmental justice
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- 4.2 Conduct and disseminate research that responds to social work practice needs and uses ethical, culturally informed, anti-racist, and anti-oppressive strategies to advance the purposes of social work
- 5.1 Advocate with and inform stakeholders to impact policy change
- 5.2 Develop and implement a policy and/or advocacy plan
- 6.1 Examine evidence-based practices to prepare for professional engagement across systems
- 6.2 Engage with systems utilizing evidence-based practice strategies
- 7.1 Formulate comprehensive assessments, using a variety of diagnostic classification systems
- 7.2 Design and implement organizational and/or community assessments
- 8.1 Implement clinical evidence-based interventions with individuals, families, and/or groups
- 8.2 Integrate macro level evidence-based strategies with organizations and/or communities
- 9.1 Select evidence-based evaluation strategies according to their efficacy with specific client systems
- 9.2 Evaluate the efficiency and effectiveness of practice outcomes across systems

From the list above, please list the required four numbers below:

n/a

Description of Learning Activities (2-3 sentences per competency):

n/a

In addition to the description, describe how you are applying classroom theory/knowledge into field experiences to demonstrate competency.

Field Instructor Comments:

Describe areas of growth, concern or questions to address during supervision (2-3 sentences):

n/a

Week 4

Please note that the week begins on Sunday at 12:00 am and ends on Saturday at 11:59 pm.

Start Date: 12/26/22

End Date: 12/30/22

Hours accrued this week: n/a

Competencies Addressed (a minimum of 4 required each week):

- 1: Demonstrate Ethical and Professional Behavior
- 2: Advance Human Rights and Social, Racial, Economic, and Environmental Justice
- 3: Engage Anti-racism, Diversity, Equity and Inclusion (ADEI) in Practice

- 4: Engage in Practice-Informed Research and Research-Informed Practice
- 5: Engage in Policy Practice
- 6: Engage with Individuals, Families, Groups, Organizations, and Communities
- 7: Assess Individuals, Families, Groups, Organizations, and Communities
- 8: Intervene with Individuals, Families, Groups, Organizations, and Communities
- 9: Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities
- Did Not Accrue Practicum Hours

Practice Behaviors (please list the required four numbers below to match the competencies selected):

- 1.1 Develop a practice framework for analysis of complex environments, that is ethical, value-grounded and evidenced-based
- 1.2 Implement supervisory and self-care strategies that integrate professional strengths, limitations, and challenges
- 1.3 Exhibit commitment to professional growth through continuing education, supervision, and ongoing consultation
- 1.4 Demonstrate professional oral and written communication skills
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- 8.2 Integrate macro level evidence-based strategies with organizations and/or communities
- 9.1 Select evidence-based evaluation strategies according to their efficacy with specific client systems
- 9.2 Evaluate the efficiency and effectiveness of practice outcomes across systems

From the list above, please list the required four numbers below:

n/a

Description of Learning Activities (2-3 sentences per competency):

n/a

In addition to the description, describe how you are applying classroom theory/knowledge

into field experiences to demonstrate competency.

Field Instructor Comments:

Describe areas of growth, concern or questions to address during supervision (2-3 sentences):

n/a

Week 5

Please note that the week begins on Sunday at 12:00 am and ends on Saturday at 11:59 pm.

Start Date: 12/1/22

End Date: 12/2/22

Hours accrued this week: 0

Competencies Addressed (a minimum of 4 required each week):

- 1: Demonstrate Ethical and Professional Behavior
 - 2: Advance Human Rights and Social, Racial, Economic, and Environmental Justice
 - 3: Engage Anti-racism, Diversity, Equity and Inclusion (ADEI) in Practice
 - 4: Engage in Practice-Informed Research and Research-Informed Practice
 - 5: Engage in Policy Practice
 - 6: Engage with Individuals, Families, Groups, Organizations, and Communities
 - 7: Assess Individuals, Families, Groups, Organizations, and Communities
 - 8: Intervene with Individuals, Families, Groups, Organizations, and Communities
 - 9: Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities
- ✓ Did Not Accrue Practicum Hours

Practice Behaviors (please list the required four numbers below to match the competencies selected):

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4.1 Critically review current research on evidence based and contemporary best practices to improve practice, policy, and programs

4.2 Conduct and disseminate research that responds to social work practice needs and uses ethical,

culturally informed, anti-racist, and anti-oppressive strategies to advance the purposes of social work

5.1 Advocate with and inform stakeholders to impact policy change

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8.2 Integrate macro level evidence-based strategies with organizations and/or communities

9.1 Select evidence-based evaluation strategies according to their efficacy with specific client systems

9.2 Evaluate the efficiency and effectiveness of practice outcomes across systems

From the list above, please list the required four numbers below:

n/a

Description of Learning Activities (2-3 sentences per competency):

n/a

In addition to the description, describe how you are applying classroom theory/knowledge into field experiences to demonstrate competency.

Field Instructor Comments:

Describe areas of growth, concern or questions to address during supervision (2-3 sentences):

n/a

Grades and Signatures



02/14/2023

Student Signature:

Date

Task Supervisor Signature: Date

Journal Grade (20 points possible):

Field Instructor Comments:

Field Instructor Signature: Date