

Disaster Preparedness for People Who Have Limited Speech: Taking Responsibility for Your Safety

YES	NO	Check List for People with Limited Speech and Those Who Care About Them
		 1. Do you have a support team? Does everyone know what to do?
		 2. Do you have an evacuation plan in case you need to leave home or work in an emergency situation? Do you know:
		 a. Where you will go?
		 b. How you will get there?
		 c. Who will transport you/come with you?
		 d. What you will take with you?
		 e. What your rights are in a shelter?
		 3. Is your “Go Bag” packed? (See “Go Bag” on page 3.)
		 4. Do you have paper (laminated) communication display(s) with you <u>at all times</u>? Do your displays include vocabulary for emergencies? Do you have written instructions about how to communicate with you <u>at all times</u>?

YES	NO	
		 5. Do you always carry a copy of your health information in case of an emergency?
		 Insurance card?
		 Prescriptions?
		 Other critical medical information, in a water proof bag?
		 6. Are you prepared to remain at home or work during an emergency? Do you have:
		 enough water and food stored for 7 days?
		 a radio with extra batteries?
		 flashlights with extra batteries?
		 medical supplies?
		 enough of your own medicines for 7 days?
		 a way to communicate?
		 a way to call for help?
		 7. Have you ever thought, “Never mind... this won’t happen to me?” THINK AGAIN. IT CAN HAPPEN TO ANYONE! BE PREPARED NOT SORRY!

Go Bags

