

<p><u>Major Depressive Disorder</u> -Mild, Recurrent (F33.0) Single (F32.3) -Moderate, Recurrent (F33.1) Single (F32.1) -Severe, Recurrent (F33.2) Single (F32.2) -With psychotic features, Recurrent (F33.3) Single(F32.3). -Must have 5+ for min of 2 wk for most of day.</p> <ul style="list-style-type: none"> • <u>Depressed mood</u> • <u>Decrease pleasure in activities</u> • Weight gain/loss • Feelings of worthlessness • Difficulty concentrating/ indecisiveness • SI/SA • Insomnia/hypersomnia • Psychomotor agitation/retardation • Fatigue/loss of energy <p>* depressed mood in children/ adolescents= irritability/agitation, argumentative bx</p>	<p><u>Disruptive mood Dysregulation (F34.8)</u> -Must be 6 and bx started no later than 10. -severe, recurrent temper outbursts -outbursts are inconsistent with developmental level -Outburst occur 3+ times a wk. -mood is persistently irritable/angry -occurs in two or more setting (school/home/daycare)</p> <ul style="list-style-type: none"> • when disturbance is severe enough to meet DMDD and ODD give DMDD dx even if full criteria for ODD is met • Can't be with Conduct Disorder 	<p><u>PTSD (F43.10)</u> Exposure to death, serious injury or sexual violence.</p> <ul style="list-style-type: none"> • Recurrent and intrusive: Dreams, thoughts, memories • Flashbacks • Psychological/Physiological reactions to cues • Avoidance of objects, places, situations, activities, conversations regarding the trauma • Detached emotions • Exaggerated negative beliefs • Less interest in activities • Persistent negative emotional state • Poor recall of events • Hypervigilant • Irritability/anger • Poor sleep • Poor concentration • Reckless bx • Exaggerated startle response.
<p><u>Adjustment Disorder</u> -Marked distress out of proportion to stressor. -Significant functional impairment (Social, academic, occupational, ect)</p> <p>-Depressed mood (F43.21) -Anxiety (F43.22) -Mood and Anxiety (F43.23) -Mood and Conduct (F43.24) -Unspecified (F43.20)</p> <p>Starts w/in 3 months of stressor and when stressor is removed the symptoms stop within 6 months</p>	<p><u>Intermittent Explosive Disorder (F63.81)</u></p> <ul style="list-style-type: none"> • Verbal/physical aggression towards property/individuals 2+ times a week • <u>Or</u> 3+ episodes of damage w/in year • Explosions are impulsive & disproportionate to stressor • Outburst are not premeditated • Explosions last 30min or less • Typically triggered by psychosocial stressor • Core feature= can't control explosions <p>*Can't be with DMDD</p>	<p><u>ADHD</u> <u>Inattentive (F90.0)</u></p> <ul style="list-style-type: none"> • Careless mistakes, difficulty with attention, doesn't seem to listen when spoken to, trouble following instructions, difficulty organizing tasks, Avoids tasks that sustain mental effort, loses things, easily distracted, forgetful <p><u>Hyperactive/Impulsive (F90.1)</u></p> <ul style="list-style-type: none"> • Fidgets/taps, leaves seat often, frequently on the go, runs/climbs, talks excessively, interrupts, blurts out, trouble waiting turn <p><u>Combined presentation (F90.2)</u></p>
<p><u>ODD-at least 4 for 6+ months</u></p> <ul style="list-style-type: none"> • Often loses temper • Easily annoyed • Angry/resentful • Argues w/others • Defies rules • Deliberately annoys others • Blames others • Been vindictive or spiteful x2 in the last 6 months <p>*Can't be w/ Conduct Disorder or DMDD</p>	<p><u>Conduct Disorder</u> -Family context (F91.0) -Childhood onset (F91.1) -Adolescent onset (F91.2)</p>	<p><u>Generalized Anxiety Disorder (F41.1)</u></p> <ul style="list-style-type: none"> • Restlessness/on edge • Easily Fatigued • Difficulty concentrating/ mind goes blank • Muscle tension • Sleep disturbance • Irritability