

trauma, there should not be a trauma diagnosis. I also continued researching my special project focus, which mainly included TFC, TFTC, and the therapeutic visitation model. 5.1 - I spent time learning and studying current Omni policies concerning therapeutic visitation. Therapeutic visitations are often court-ordered or mandated by DCS. Since Omni is a therapeutic agency, the responsibility of therapeutic visitation falls on the Omni RC. Often the Omni RC is not a master's level clinician, which is one stipulation of the therapeutic visitation model. After spending more time learning the current policy details, I may advocate for change in policy or additional required training for therapeutic visitation to ensure that the youth and family receive proper resources as needed. 6.1 - I started therapy with a new client this week. The client is a 16-year-old youth that has suffered from depression and anxiety in the past, as well as historical suicide attempts. I studied his diagnostic assessment to prepare for our initial sessions. I have started looking into Attachment-Based Family Therapy since it appears the root of the client's current problems stems from past family

issues and instability. I will continue to focus on building rapport with the client during these early stages before providing therapeutic interventions.

**I completed one hour of self care for the week referenced above. (1 hour maximum may be counted each week in total accrued field hours.)**  
Yes

**Comments/Outcome**  
(Describe in 1-2 sentences what you did for self care and how it was beneficial for you.)  
I participated in a virtual holiday workout session. Most of the other participants were friends and we kept our cameras on so that we could see each other during the workout. We all spent time afterward just talking about our holidays and trying to encourage each other since 2020 has been a challenging year for most.

**I completed my weekly journal entry prior to weekly supervision. (1 bonus hour maximum may be counted each week in total accrued field hours if journal entry is done prior to weekly supervision.)**

Yes

**Describe areas of growth, concern or questions to address during supervision (2-3 sentences).**

I have felt a little less confident the past week in diagnosing clients correctly after the 1-2 hour intake diagnostic interview. I would like to continue staffing and supervision with the clinical director when possible to learn key symptoms for certain diagnoses. I need to focus more on physical symptoms, onset, and duration.

Hours accrued this week:  
7.00

Task Supervisor (If Applicable) Comments  
(Hours, Progress, Concerns, etc.)

Field Instructor Comments

**Field Instructor Approval of Weekly Hours**

I approve the accrued hours for this week.

☒ Yes ☐ No

Actioned by Beckler, Jaclyn (488267) on 12/28/2020 1:59:24 PM

### Hours Accrued

Total Monthly Hours Accrued	Total Cumulative Field Hours Approved to Date
58	255