

specialized services that may assist him with cognitive, behavioral, and social issues in the foster home, school environment, and community. 5.1 - I have learned about the Professional Quality of Life (ProQOL) scale while researching vicarious trauma and burnout. This scale measures compassion satisfaction, vicarious trauma, and burnout. I included the ProQOL in my presentation and recommended that the Omni agency start utilizing this scale to measure employee's risk of vicarious trauma and burnout quarterly or more as needed throughout the year. This practice could allow management to recognize the warning signs of vicarious trauma better and help create a plan for the worker to avoid burnout or termination (since workers typically leave jobs due to burnout). I proposed this scale could help prioritize self-care and promote employee satisfaction and retention. Suffering from vicarious trauma and lack of self-care in the past motivates me to advocate for the agency to highlight awareness, warning signs, and prevention of vicarious trauma and burnout. 6.1- I spent a substantial amount of time researching various

			evidence-based models that should be utilized during supervised and therapeutic visitation with biological families. I created my PowerPoint presentation and handouts for my upcoming special project presentation. I found the most helpful research and evidence-based practices were motivational interviewing, Interpersonal Therapy, Parent Child Interaction Therapy, Bowen Family Systems Therapy, Play Therapy Dimension Model, Acceptance and Commitment Therapy, and Cognitive Behavioral Therapy.
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