

adverse effects for each child. This was a refresher from some of my classes in foundation year. I will incorporate this material into my approach with the foster youth and families I serve.

7.1 - I learned how to assess for ACE and resiliency scores during the conference. I also participated in a CFTM that assessed the current issues of a trial home with a biological parent. The team assessed parenting skills, child's current risk behaviors in the home and school, and the family dynamic to decide if trial home would continue. The team decided that trial home should continue but would be closely monitored throughout the next few weeks.

8.1 - I worked with a foster youth and family that was in crisis this week. The foster youth was exhibiting dangerous risk behaviors and the bio parent was also escalated during the incident. I called mobile crisis, but they quickly screened out the call. I worked one-on-one with the family using de-escalation techniques to stabilize the situation. After the situation was stabilized, we all worked together to discuss the preceding events to understand how things escalated so quickly. As a team, we reviewed a safety and de-escalation plan that

they can closely follow for the future.

<p>I completed one hour of self care for the week referenced above. (1 hour maximum may be counted each week in total accrued field hours.)</p> <p>Yes</p>	<p>Comments/Outcome (Describe in 1-2 sentences what you did for self care and how it was beneficial for you.)</p> <p>I went on a hike with my boyfriend and had a picnic. It was rejuvenating to spend time in nature far away from my computer, phone, and work. It was nice to give each other our full attention and time.</p>	<p>I completed my weekly journal entry prior to weekly supervision. (1 bonus hour maximum may be counted each week in total accrued field hours if journal entry is done prior to weekly supervision.)</p> <p>Yes</p>	<p>Describe areas of growth, concern or questions to address during supervision (2-3 sentences).</p> <p>I am eager to learn more about policy and types of research I can focus on regarding kids that age out of the system and frameworks for successful foster parenting. These are two areas of foster care that I am passionate about but also need more knowledge on past research and evidence-based approaches.</p>
<p>Hours accrued this week:</p> <p>18.00</p>	<p>Task Supervisor (If Applicable) Comments (Hours, Progress, Concerns, etc.)</p>	<p>Field Instructor Comments</p> <p>The student has been doing excellent with communicating with the field instructor and staying active in the field!</p>	<p>Field Instructor Approval of Weekly Hours</p> <p>I approve the accrued hours for this week.</p> <p>Yes</p>

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Week 3