

Assessing for Emotional Safety Before and During Visit

- Do you feel safe right now?
- What makes you feel safe?
- What do you keep with you that makes you feel safe? (Teddy Bear, Photos)
- What kinds of games or toys do you like to play with?
- What would be fun for you to do while you are here?
- Did you bring something with you today that would make you feel safe?
- What makes you feel upset, nervous, or sad?
- How can I help you feel safe during the visit?
- Does anything scare you about doing visits?
- Does anyone here scare you?
- Is there anything you don't want him or her to say or do during the visit?
- Can we decide on a signal (raising hand, certain word) that you can use to let me know if you feel unsafe or scared at any time during the visit?