

Family Developmental Stages and Tasks

A sample list compiled by the *TOT Family Solutions Study Group*

Family with Infant / Preschool Children

Potty training	Doctor visits	Managing illness	Child discipline
Sleep schedule	Close supervision	Colic	Building parenting team
Daycare/babysitter	Financial support	Household tasks	Couple Intimacy

School Age Children

School attendance	Managing mornings	Homework	Family chores
Bedtime	After school hours	School behaviors	Drugs, bad language, etc.
Riding the bus	After school supervision	Rules about free time	Exposure to Internet/ media
Peer relationships	Transportation to activities	Rules re: sexual behavior	Choice of friends

Teenage Children

Sexual behavior	Orientation, experimentation	Curfew, Dating	Peer relationships
School attendance	Language	Chores and money	Alcohol and drugs
School performance	Where-a-bouts	Cars (transportation)	Part-time job
Clothing	Morning routine	Managing free time	Activities (extra-curricular)

Launching

Providing money or support	College or work	New relationships and dating	Break up of relationships
Laundry /chores	Household rules	Parenting children and grandchildren	Daily schedules

Blended Families

Agreement on authority	Legal & financial issues	Negotiate family rules	Maintain couple relationship
Working as a team	Visitation arrangements	New blended family rituals	Managing Conflict

Post Parental /Elder

Health issues	Financial Stability	Managing Isolation	Assisting in some parenting
Nutrition	Home Safety Issues	Couple Issues	Physical conditioning