

### **Solution Based Casework**

- Based on three theoretical foundations: family life cycle theory, relapse prevention/cbt theory, and solution-focused family therapy.
- SBC utilized the family life cycle to frame and locate the “problem” in the difficult developmental challenges that create safety threats to the family in their everyday life
- Through assessment, case planning, and casework management
- Child welfare clients need significant encouragement to combat discouragement and possess unnoticed and unrecognized skills that can be used in the anticipation and prevention of child maltreatment
- 30% reduction in removal of children
- over a 100% increase in goal attainment
- 64% increase in identified client strengths

How was this method developed?

When did the agency start using it?

How well has it worked so far?

### **Systems theory**

- about the nature of complex systems in nature, society, and science, and is a framework by which one can investigate and or describe any group of objects that work together to produce some result
- behavior is influenced by a variety of factors that work together as a system
- person’s parents, friends, school, economic class, home environment and other factors can influence how a person thinks and acts

**<https://www.socialworkhelper.com/2017/01/27/5-social-work-theories-that-inform-practice/>**