Mind Body and Soul Healing 101 Healing Ln Chattanooga, TN 37363

The HCA Foundation One Park Plaza, Building I-4th Floor East Nashville, TN 37203

March 10, 2021

Dear Sir or Madam,

It is an honor to present to you Mind Body and Soul Healing. This organization is one that has the mission of empowering, equipping, and rehabilitating individuals who have experienced homlessness in Hamilton County. As a non-profit organization of professionals and dedicated volunteers, we are devoted to providing transitional housing, holistic medicine, and vocational training to bridge the gap of services in the community.

The objective of this letter is to show and present to you what our biggest challenge has been with helping homeless individuals sustain their lives. We see the need for more organizations like this and it is also a gap in our community. M.B.S. Healing needs funding to make an addition to our organization. This will allow us to house and sustain 30 homeless individuals which then gives them the ability to go out in the real world and improve their own lifes. It is our objective to build this organization with the projected cost of \$200,000 beginning to finish.

An individual spiraled into deep depression when his wife passed away. He was unable to do his own basic needs, lost his job, car, and home. He ended in this cycle of trauma and suffered a breakdown. He ended up in the streets. He ended up having to go to the Homeless shelter in Chattanooga, TN. M.B.S. Healing will be able to get him out of the shelter and into stable housing, connected with resources, vocational training, and teach him lifelong skills. Mind, Body, and Soul Healing is committed to make sure that individuals are equipped with

lifelong skills and create opportunities that will help reduce the likelihood of going back into the cycle of unstable living. You can also help an individual in need of a stable life. You can help save and change a life.

Although there are other organizations that help the homeless, it is our mission to empower, equip, and rehabilitate not just in the process, but also teach these individuals life-long skills that will sustain them in the long run. As of January 2019, Tennessee had an estimated **7,467** experiencing homelessness on any given day, as reported by Continuums of Care to the U.S. Department of Housing and Urban Development (HUD). Of that total, **558** were family households, **679** were Veterans, **366** were unaccompanied young adults (aged 18-24), and **1,133** were individuals experiencing chronic homelessness. (Homeless Estimation by State | US Interagency Council on Homelessness, 2021) Therefore, the more we are able to empower, equip and rehabilitate these homeless individuals, the more we are also able to make other individuals aware of the problem at hand and help more homeless individuals in the long run.

Thank you for your consideration of making a donation for our cause; your donation is tax-deductible and it makes a real impact in our community.

Sincerely,

Fundraising Committee Chair