



## Instructions for Completion

**Students**, please initiate this document by recording your week's activities to be discussed in *mandatory weekly one-hour supervision* with your field instructor. Click the **Save Draft** button each week. At the end of the month, you will submit this document by clicking the **Journal Student Entry** button listed after week 5. This will send a message to your field instructor to sign. If there are not 5 weeks in the month, leave the section blank, but you must always click the week 5 journal entry to finalize your monthly submission.

**Task Supervisors** (if applicable), please review this document weekly and communicate progress and opportunities for growth with the student and field instructor.

**Field Instructors**, please review this document each week during *mandatory weekly one-hour supervision* to address student concerns and questions and to discuss documentation, self care, progress and opportunities for growth. At the end of the month, your submission statement will verify the student's hours and field learning experiences. After your input, the form will be sent to the Field Director for grading.

## Week 1

<b>Date</b> (Start Sun. - Sat. 11:59 p.m.) 05/02/21	<b>Competencies Addressed:</b> (A minimum of 4 required each week) <input checked="" type="checkbox"/> 1. Demonstrate Ethical and Professional Behavior <input checked="" type="checkbox"/> 2. Engage Diversity and Difference in Practice <input checked="" type="checkbox"/> 3. Advance Human Rights and Social, Economic and Environmental Justice <input checked="" type="checkbox"/> 4. Engage in Practice-Informed Research and Research-Informed Practice <input type="checkbox"/> 5. Engage in Policy Practice <input type="checkbox"/> 6. Engage with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 7. Assess Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 8. Intervene with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 9. Evaluate Practice with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> Did Not Accrue Practicum Hours	<b>Practice Behaviors</b> (Please list the required 4 numbers to match the competencies selected) (i.e. 1.2=competency #1 and practice behavior #2) <ul style="list-style-type: none"><li>1.4</li><li>2.2</li><li>3.2</li><li>4.1</li></ul>	<b>Description of Learning Activities (2-3 sentences per competency)</b> In addition to the description, how are you are applying classroom theory/knowledge into field experiences to demonstrate competency.  1.4: This week I was able to demonstrate professional oral and written communication skills by acquiring and evaluating patient information before my interaction with a patient that we would do a bio-psycho-social assessment on at Parkridge Valley. I was able to read their diagnosis and presenting issues at hand. I was able to also read their name and history before interacting with them. This helped me understand who they were better.  2.2: This week I was able to apply self-awareness by researching different types of self-awareness exercises and sharing some with my peers. I was able to apply this by acquiring patient data before my interaction and I was able to assess and look at values and beliefs that might be important to know and be aware of before I interact with the patient. It is important to do this so that you are making sure that each individual you talk to is comfortable when you speak with them.  3.2: This week I was able to continue to design and implement social action strategies at Parkridge Valley. I have continued to collect information on patients that are in the inpatient program at Parkridge Valley. I have recognized that the need for consistency and organization is key in the group program. I have been able to talk to a few other colleagues about what they would do to change the program and what would assist them in helping assist the patients and the population that we work for.  4.1: This week I was able to participate in treatment team. this helped me engage in a review of contemporary best practices. I was able to see how the doctors were to get updates on the patients and how the social workers were involved. The nurses would mostly give an update on how the day went, but the doctors and social workers would talk the most. The doctor would voice when a patient may be ready to leave and the social worker would confirm if they have a placement or do not have a place to go and their own opinion on the matter.
<b>I completed one hour of self care for the week referenced above.</b> (1 hour maximum may be counted each week in total accrued field hours.) <input checked="" type="radio"/> Yes <input type="radio"/> No	<b>Comments/Outcome</b> (Describe in 1-2 sentences what you did for self care and how it was beneficial for you.) <div>This week I was able to journal for self-care. I journaled about self-awareness and how I have been keeping up with my life. I recognized a few things of myself which were important. I recognized that I have become overwhelmed with everything that is on my plate and I need to figure out how to take things one day at a time.</div>	<b>I completed my weekly journal entry prior to weekly supervision.</b> (1 bonus hour maximum may be counted each week in total accrued field hours if journal entry is done prior to weekly supervision.) <input type="radio"/> Yes <input type="radio"/> No	<b>Describe areas of growth, concern or questions to address during supervision (2-3 sentences).</b> <div>The area of growth this week was recognizing that I was spreading myself to thin and wanting to do everything. The area of concern is in continuing my hours.</div>
Hours accrued this week: 22	<b>Task Supervisor (If Applicable)</b> Comments (Hours, Progress, Concerns, etc.) <div></div>	<b>Field Instructor Comments</b> hours started on hold as of 5/4/2021, no supervision occurred during this time. <div></div>	<b>Field Instructor Approval of Weekly Hours</b> I approve the accrued hours for this week. <input type="radio"/> Yes <input type="radio"/> No

Actioned by Benko, Anna (462354) on 6/11/2021 2:33:50 PM

## Week 2

<b>Date</b> (Start Sun. - Sat. 11:59 p.m.) 05/09/21	<b>Competencies Addressed:</b> (A minimum of 4 required each week) <input type="checkbox"/> 1. Demonstrate Ethical and Professional Behavior <input type="checkbox"/> 2. Engage Diversity and Difference in Practice <input type="checkbox"/> 3. Advance Human Rights and Social, Economic and Environmental Justice <input type="checkbox"/> 4. Engage in Practice-Informed Research and Research-Informed Practice <input type="checkbox"/> 5. Engage in Policy Practice <input type="checkbox"/> 6. Engage with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 7. Assess Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 8. Intervene with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 9. Evaluate Practice with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> Did Not Accrue Practicum Hours	<b>Practice Behaviors</b> (Please list the required 4 numbers to match the competencies selected) (i.e. 1.2=competency #1 and practice behavior #2)	<b>Description of Learning Activities (2-3 sentences per competency)</b> In addition to the description, how are you are applying classroom theory/knowledge into field experiences to demonstrate competency.  N/A
<b>I completed one hour of self care for the week referenced above.</b> (1 hour maximum may be counted each week in total accrued field hours.) <input type="radio"/> Yes <input type="radio"/> No	<b>Comments/Outcome</b> (Describe in 1-2 sentences what you did for self care and how it was beneficial for you.) <div>na</div>	<b>I completed my weekly journal entry prior to weekly supervision.</b> (1 bonus hour maximum may be counted each week in total accrued field hours if journal entry is done prior to weekly supervision.) <input type="radio"/> Yes <input checked="" type="radio"/> No	<b>Describe areas of growth, concern or questions to address during supervision (2-3 sentences).</b> <div>na</div>
Hours accrued this week: 0.0	<b>Task Supervisor (If Applicable)</b> Comments (Hours, Progress, Concerns, etc.) <div></div>	<b>Field Instructor Comments</b> NA <div></div>	<b>Field Instructor Approval of Weekly Hours</b> I approve the accrued hours for this week. <input type="radio"/> Yes <input type="radio"/> No

Actioned by Benko, Anna (462354) on 6/11/2021 2:33:59 PM

## Week 3

<b>Date</b> (Start Sun. - Sat. 11:59 p.m.) 05/16/21	<b>Competencies Addressed:</b> (A minimum of 4 required each week) <input type="checkbox"/> 1. Demonstrate Ethical and Professional Behavior <input type="checkbox"/> 2. Engage Diversity and Difference in Practice <input type="checkbox"/> 3. Advance Human Rights and Social, Economic and Environmental Justice <input type="checkbox"/> 4. Engage in Practice-Informed Research and Research-Informed Practice <input type="checkbox"/> 5. Engage in Policy Practice <input type="checkbox"/> 6. Engage with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 7. Assess Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 8. Intervene with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 9. Evaluate Practice with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> Did Not Accrue Practicum Hours	<b>Practice Behaviors</b> (Please list the required 4 numbers to match the competencies selected) (i.e. 1.2=competency #1 and practice behavior #2)	<b>Description of Learning Activities (2-3 sentences per competency)</b> In addition to the description, how are you are applying classroom theory/knowledge into field experiences to demonstrate competency.  N/A
<b>I completed one hour of self care for the week referenced above.</b> (1 hour maximum may be counted each week in total accrued field hours.) <input type="radio"/> Yes <input type="radio"/> No	<b>Comments/Outcome</b> (Describe in 1-2 sentences what you did for self care and how it was beneficial for you.) <div>NA</div>	<b>I completed my weekly journal entry prior to weekly supervision.</b> (1 bonus hour maximum may be counted each week in total accrued field hours if journal entry is done prior to weekly supervision.) <input type="radio"/> Yes <input checked="" type="radio"/> No	<b>Describe areas of growth, concern or questions to address during supervision (2-3 sentences).</b> <div>NA</div>
Hours accrued this week: 0.0	<b>Task Supervisor (If Applicable)</b> Comments (Hours, Progress, Concerns, etc.) <div></div>	<b>Field Instructor Comments</b> NA <div></div>	<b>Field Instructor Approval of Weekly Hours</b> I approve the accrued hours for this week. <input type="radio"/> Yes <input type="radio"/> No

Actioned by Benko, Anna (462354) on 6/11/2021 2:34:17 PM

## Week 4

<b>Date</b> (Start Sun. - Sat. 11:59 p.m.) 05/23/21	<b>Competencies Addressed:</b> (A minimum of 4 required each week) <input type="checkbox"/> 1. Demonstrate Ethical and Professional Behavior <input type="checkbox"/> 2. Engage Diversity and Difference in Practice <input type="checkbox"/> 3. Advance Human Rights and Social, Economic and Environmental Justice <input type="checkbox"/> 4. Engage in Practice-Informed Research and Research-Informed Practice <input type="checkbox"/> 5. Engage in Policy Practice <input type="checkbox"/> 6. Engage with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 7. Assess Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 8. Intervene with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 9. Evaluate Practice with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> Did Not Accrue Practicum Hours	<b>Practice Behaviors</b> (Please list the required 4 numbers to match the competencies selected) (i.e. 1.2=competency #1 and practice behavior #2)	<b>Description of Learning Activities (2-3 sentences per competency)</b> In addition to the description, how are you are applying classroom theory/knowledge into field experiences to demonstrate competency.  N/A
<b>I completed one hour of self care for the week referenced above.</b> (1 hour maximum may be counted each week in total accrued field hours.) <input type="radio"/> Yes <input type="radio"/> No	<b>Comments/Outcome</b> (Describe in 1-2 sentences what you did for self care and how it was beneficial for you.) <div>NA</div>	<b>I completed my weekly journal entry prior to weekly supervision.</b> (1 bonus hour maximum may be counted each week in total accrued field hours if journal entry is done prior to weekly supervision.) <input type="radio"/> Yes <input checked="" type="radio"/> No	<b>Describe areas of growth, concern or questions to address during supervision (2-3 sentences).</b> <div>NA</div>
Hours accrued this week: 0.0	<b>Task Supervisor (If Applicable)</b> Comments (Hours, Progress, Concerns, etc.) <div></div>	<b>Field Instructor Comments</b> NA <div></div>	<b>Field Instructor Approval of Weekly Hours</b> I approve the accrued hours for this week. <input type="radio"/> Yes <input type="radio"/> No

Actioned by Benko, Anna (462354) on 6/11/2021 2:34:29 PM

## Week 5 (If there are not 5 weeks in the month, leave this section blank, but you must always click week 5 to finalize your monthly submission)

<b>Date</b> (Start Sun. - Sat. 11:59 p.m.) 05/30/21	<b>Competencies Addressed:</b> (A minimum of 4 required each week) <input checked="" type="checkbox"/> 1. Demonstrate Ethical and Professional Behavior <input type="checkbox"/> 2. Engage Diversity and Difference in Practice <input type="checkbox"/> 3. Advance Human Rights and Social, Economic and Environmental Justice <input type="checkbox"/> 4. Engage in Practice-Informed Research and Research-Informed Practice <input type="checkbox"/> 5. Engage in Policy Practice <input checked="" type="checkbox"/> 6. Engage with Individuals, Families, Groups, Organizations and Communities <input checked="" type="checkbox"/> 7. Assess Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> 8. Intervene with Individuals, Families, Groups, Organizations and Communities <input checked="" type="checkbox"/> 9. Evaluate Practice with Individuals, Families, Groups, Organizations and Communities <input type="checkbox"/> Did Not Accrue Practicum Hours	<b>Practice Behaviors</b> (Please list the required 4 numbers to match the competencies selected) (i.e. 1.2=competency #1 and practice behavior #2) <ul style="list-style-type: none"><li>1.4</li></ul>	<b>Description of Learning Activities (2-3 sentences per competency)</b> In addition to the description, how are you are applying classroom theory/knowledge into field experiences to demonstrate competency.  1.4: This week I was able to demonstrate professional oral and written communication skills by once again retrieving information on patients before each interaction. It was quite interesting to see the perspective of what was written down compared to the reason the patient thought they had come into Parkridge valley for. The patient had a whole other reason for coming in but was aware of the certain situation that happened to cause the patient to come into the hospital.  6.1: This week I was able to examine evidence-based practice to prepare for a professional engagement with my patient. As previously mentioned, I was able to assess the information given which included an assessment and intake. It prepared me to engage with my patient and know what to expect and prepare for. Once the interaction happened I already knew that his attention/concentration was not the best so utilizing more simple questions became the most helpful.  7.1: This week I was able to formulate a comprehensive assessment by doing a bio-psycho-social assessment with the social worker at Parkridge Valley. The areas explored in the assessment included culture/spirituality/ mental history/substance abuse and so on. The client was not able to talk much or keep on track so it was important to get as much information. During the whole situation I remember having to put things together because the patient was all over the place. The patient was hyper religious and I thought it was interesting how the patient was aware where he was but did not know the reason for that.  9.1: This week I was able to follow a patient care plan. I was at treatment team this week as well and we evaluated each patient on what was going on. We were able to process how the plan was working with medicine, groups, and bio-psycho-social assessment. We evaluated how they were doing and if they were ready to discharge. We discussed the patient being having no placement. This is a problem that occurs sometimes. There have been times where there are no group homes that there are no other place to go. This is an issue I have seen there just by working as a mental health technician as well.
<b>I completed one hour of self care for the week referenced above.</b> (1 hour maximum may be counted each week in total accrued field hours.) <input type="radio"/> Yes <input type="radio"/> No	<b>Comments/Outcome</b> (Describe in 1-2 sentences what you did for self care and how it was beneficial for you.) <div>This week I was able to do weight lifting again. My back has not been the best over the last few weeks. I have woke up with not being able to walk some days and okay enough to get up other days. It has brought me down and I have seen a decrease in my mental health. However, this week I was able to slowly do some weight lifting and that helped me immensely.</div>	<b>I completed my weekly journal entry prior to weekly supervision.</b> (1 bonus hour maximum may be counted each week in total accrued field hours if journal entry is done prior to weekly supervision.) <input type="radio"/> Yes <input type="radio"/> No	<b>Describe areas of growth, concern or questions to address during supervision (2-3 sentences).</b> <div>The area of growth this week is that I am able to do hours again and I finally feel like I am back on track. The area of concern is in my own personal life with my family at home, grandpa in the ICU, and physically hurting. I have been trying to handle to many things on my own and it has taken a toll on my life.</div>
Hours accrued this week: 16	<b>Task Supervisor (If Applicable)</b> Comments (Hours, Progress, Concerns, etc.) Conducted supervision with Ana for this week. Discussed her new group topics for her special project, how she can work with a population that is most uncomfortable and what her goals are for the future. 1 Hour supervision completed for this week and 1 hour for the week prior.	<b>Field Instructor Comments</b> I did not participate in Anna's supervision requirements this week. She was supposed to meet with Sarah.	<b>Field Instructor Approval of Weekly Hours</b> I approve the accrued hours for this week. <input type="radio"/> Yes <input type="radio"/> No

Actioned by Benko, Anna (462354) on 6/11/2021 2:49:20 PM

## Hours Accrued

Total Monthly Hours Accrued	Total Cumulative Field Hours Approved to Date
38.00	388.00

**Task Supervisor Instructions:** All you will need to do is leave your comments above and then click **SAVE DRAFT** button next to "Field Instructor Submit" button down below.

## Field Instructor Monthly Journal Submission

Actioned by Brooks, Sarah on 6/25/2021 4:38:47 PM

## Journal Grade (20 points possible)

This journal meets the rubric requirements and earned 20 points

## Field Director Comments

Well written journal, Anna!

Hours from Week 1 (22.) are not approved until confirmation from Sarah comes in.

Actioned by Gray, Jennifer on 7/12/2021 8:11:42 PM