PRE SURVEY: PATIENT QUESTIONNAIRE

Unit # _____

1. Do you think there is consistency with group and activities each day in the inpatient program at Parkridge Valley? (Circle one)
    - ❏ Yes
    - ❏ No
2. Is having groups, activities, and/or learning new skills, while in the inpatient program important for your recovery? (Circle one)
    - ❏ Yes
    - ❏ No
3. Do you think consistency in groups and activities would be beneficial to you?(Circle one)
    - ❏ Yes
    - ❏ No
4. What kind of groups/ activities would be most helpful to you while at Parkridge Valley? (Circle all that apply)
    - ❏ Coping Skills
    - ❏ Learning about healthy boundaries
    - ❏ Learning how to deal with anger
    - ❏ Mindfulness groups
    - ❏ Music
    - ❏ Relaxation activities
    - ❏ Interactive games/activities
    - ❏ Other: _____

5. What kind of groups have been the most helpful to you? (Or attend

6. Which is the most helpful to you, group or individual therapy?

7. How else could the program better assist you?

8. Other comments:

POST SURVEY: PATIENT QUESTIONNAIRE

Unit # _____

9. Do you think there is consistency with group and activities each day in the inpatient program at Parkridge Valley? (Circle one)
   - ❏ Yes
   - ❏ No

10. Is having groups, activities, and/or learning new skills, while in the inpatient program important for your recovery? (Circle one)
    - ❏ Yes
    - ❏ No

11. Do you think consistency in groups and activities was beneficial to you?(Circle one)
    - ❏ Yes
    - ❏ No

12. What kind of groups/ activities were the most helpful to you while at Parkridge Valley? (Circle all that apply)
    - ❏ Coping Skills
    - ❏ Learning about healthy boundaries/healthrelations
    - ❏ Learning about self-care
    - ❏ Learning how to deal with anger/thoughts
    - ❏ Mindfulness groups
    - ❏ Music
    - ❏ Relaxation activities
    - ❏ Interactive games/activities
    - ❏ Other: _____

13. What kind of groups have been the most helpful to you? (Or attend

14. Which is the most helpful to you, group or individual therapy?

15. How else could the program better assist you?

16. Other comments: