



CASE MANAGEMENT PRESENTATION

BY: BREE ADAMS

VIDEO CLIP

- [HTTPS://WWW.YOUTUBE.COM/WATCH?V=SEJPX403RSM&FEATURE=YOUTU.BE](https://www.youtube.com/watch?v=SEJPX403RSM&feature=youtu.be)
- FROM MINUTE 9:37 – 12:37

CLIENT INFORMATION

- CLIENT IS SINGLE MOTHER WITH 3 CHILDREN AGES 12, 8, & 4
- COMES FROM DIVORCED HOME
- LIVED IN NORTH CAROLINA, HOUSE AND PROPERTY WAS DESTROYED BY HURRICANE
- LIVES PAYCHECK TO PAYCHECK
- STRESSED AND OVERWHELMED
- HAS COPEd IN THE PAST BY RUNNING
- HAS A DEGREE IN ACCOUNTING BUT HAS BEEN A WAITER FOR THE MAJORITY OF WORK EXPERIENCE
- STRENGTHS ARE: DETERMINATION, GOOD WORK ETHIC, LOOKING FOR THE POSITIVE IN HARD SITUATIONS, HELPING OTHERS, FOCUSED ON THE NEEDS OF OTHERS.

ASSESSMENT AND THEORIES

- CLIENT IS DOES NOT KNOW THIS AREA AND IS OVERWHELMED
- CLIENT IS STARTING TO PROCESS AND LOOK FOR OPTIONS TO HELP HER MOVE FORWARD
- CARES FOR THE NEEDS OF HER CHILDREN AND DOESN'T MAKE TIME FOR HERSELF
- SHOWED 2 ACE'S AND 4 RESILIENCIES
- FEELS THE NEED TO BE INDEPENDENT AND SUPPORT HER FAMILY ON HER OWN
- MAIN PRIORITY IS FINDING A JOB AND SECURING A HOUSE AS WELL AS GETTING HER KIDS BACK IN SCHOOL
- CHOICE THEORY (ZASTROW 505)
- STAGE 7 OF ERIKSON'S EIGHT STAGES OF DEVELOPMENT – GENERATIVITY VS. STAGNATION (ZASTROW 323)

RESEARCH

- 5 STEP CRISIS INTERVENTION MODEL: ENGAGEMENT, ASSESSMENT, PLANNING, IMPLEMENTATION, AND PLANNING FOR FUTURE CRISES (KIRST-ASHMAN 270-274).
- IT IS IMPORTANT TO MAKE SURE CLIENT HAS A PLACE TO STAY, ADEQUATE FOOD AND SUPPLIES AND HAS ACCESS TO RESOURCES (STEINMETZ, ZAKOUR).
- IT IS ALSO IMPORTANT TO ASSESS HOW THE CLIENT HAS BEEN COPING WITH THE TRAGEDY AND OBTAIN A SENSE OF MOTIVATION AND CONFIDENCE FROM THE CLIENT. THIS WILL HELP THE PRACTITIONER BETTER KNOW HOW TO HELP THE CLIENT (STEINMETZ, ZAKOUR).

CRITICAL THINKING APPLICATION

- NASW CODE OF ETHICS USED:
- SELF DETERMINATION
- INFORMED CONSENT, CONFIDENTIALITY/PRIVACY
- IMPORTANCE OF HUMAN RELATIONSHIPS
- PROFESSIONAL RELATIONSHIP
- DIGNITY AND WORTH OF A PERSON

NEXT STEPS

- MADE A GOAL TO FILL OUT 4 JOB APPLICATIONS BEFORE OUR NEXT MEETING
- PRINTED OUT LIST OF JOB OPPORTUNITIES SINCE CLIENT DOES NOT HAVE ACCESS TO INTERNET
- REFER HER TO A SAMARITAN CENTER LIFE COACH – HELPS CLIENT MOVE FORWARD WITH GOALS
- GIVE RESOURCES TO THE SAMARITAN CENTER – HELP WITH CLOTHES, FOOD, UTILITIES, SCHOOL SUPPLIES, CLEANING SUPPLIES
- GIVE RESOURCES TO LOW INCOME HOUSING – SPRING GREEN APARTMENTS, COLLEGE PARK APARTMENTS

REFERENCES

- [HTTPS://WWW.PUBLICHOUSING.COM/CITY/TN-OOLTEWAH](https://www.publichousing.com/city/tn-ooltewah)
- [HTTPS://THESAMARITANCENTER.NET/ASSISTANCE/SERVICES/](https://thesamaritancenter.net/assistance/services/)
- ZASTROW, CHARLES. H., KIRST-ASHMAN, KAREN. K., HESSENAUER, SARAH. L. (2017). *UNDERSTANDING HUMAN BEHAVIOR AND THE SOCIAL ENVIRONMENT*. EMPOWERMENT SERIES
- STEINMETZ, SARAH. E., BENIGHT, CHARLES. C., BISHOP, SHERYL. L., JAMES, LORI. E., (SEPTEMBER 2012) BRIEF REPORT MY DISASTER RECOVERY: A PILOT RANDOMIZED CONTROLLED TRIAL OF AN INTERNET INTERVENTION. *ANXIETY, STRESS, & COPING*, 25(5), 593-600. [HTTP://DX.DOI.ORG/10.1080/10615806.2011.604869](http://dx.doi.org/10.1080/10615806.2011.604869)
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