

Competency 1.3 was demonstrated by signing up for and attending an online training outside of the agency. The training was "Responding to a Mental Health Emergency". I found this training very interesting and informative. While I had heard most of it before, it was good to be able to refresh my memory and I was able to get additional resources to add to my resource collection. One thing I learned was that if law enforcement is called, you can request someone who has training in mental health but not every department has someone. Once law enforcement arrives, you no longer have control, or any say in what happens. They take over and use whatever means they feel is necessary. Additionally, they are not required to take the person to the ER...they have the power to choose if they take them to the ER or to jail. I found this shocking that there are no rules and protocols in place to handle this situation. I have signed up for and plan to attend more training presented by this organization to increase my knowledge and understanding which will better equip me to help clients.