

Adverse Childhood Experiences (ACE) Teens

To be completed by the Teen

Today's Date: _____

Your Name: _____ Date of Birth: _____

Stressful life events that you experience can have a significant impact on their emotional, mental, and physical well-being. The questions below will allow the staff at Mending Arrow Ranch assess these stressors to provide you with the best care possible. **Please check yes / no for each question that applies to you at any time in your life:**

	Yes	No
1. Your parents or guardians were separated or divorced		
2. You lived with someone who served time in jail or prison		
3. You lived with someone who is / was depressed or mentally ill		
4. You lived with someone who attempted and / or committed suicide		
5. You saw or heard household members hurt or threaten to hurt each other		
6. You lived with someone who swore at, insulted, humiliated, or put you in a way that scared you		
7. You lived with someone who acted in a way that made you feel that you may be physically harmed		
8. Someone touched your private parts or asked them to touch that person's private parts in a sexual way that was unwanted, against your will, or made you feel uncomfortable		
9. You more than once went without food, clothing, a place to live, or had no one to protect or care for you		
10. You had someone push, grab, slap, or throw something at you OR had physical injury from being hit		
11. You lived with someone who had a problem with drinking and/or using drugs		
12. You often felt unsupported, unloved, and / or unprotected		
13. You have been in foster care		
14. You have experienced harrassment / bullying at school		
15. You have lived with a parent or guardian who died		
16. You have been separated from your primary caregiver through deportation or immigration		
17. You have had a serious medical procedure or life-threatening illness		
18. You have often seen or heard violence in your neighborhood or in your school neighborhood		
19. You have been detained, arrested, or incarcerated		
20. You have often been treated badly because of race, sexual orientation, place of birth, disability, or religion		
21. You have experienced verbal or physical abuse or threats from a romantic partner		
22. You have lived with someone who had a learning disability and/or mental disorder		

