Level 1 Mounted Session Notes

Program: ***BRAVE*** ***4D*** ***DREAM***

Student:	**Instructor:**
Assistant:	**Location(s):**
Date/ Time:	**Horse:**
Feeling Before Session:	**Feeling After Session:**
Goal for this Session:	**Accomplished:**

Tack	English	Western	BareBack	Surcingle	Other
Mounting/Dismounting		Ramp	Steps	Ground	
Gaits Achieved	Walk	Trot			
Gaits Working on (Walk /Trot):		Independant	Lung-line	In Hand	

Sensory Materials Used:
Neruo Cards Practiced:

Level 1 Skills	*Independant*	*Vocal Guidance*	*Assistance*	*Not There Yet*	*Not Willing*
Safety					
Haltering					
Tying					
Leading					
Grooming					
Saddling					
Bridling					
Mount/Dismount					
Stop					
Walk					
Seat Position					
Turns					
Reverse					
Circle					
Leg Aids					
4 Natural Aids					
Sitting Trot					
Trot to Walk					
Trotting Turns/Reverse					
Trotting Circles					
2 Point/ Half Seat					
Emergancy Dismount					

Mounted Riding Notes:

Trail Obstacles	*Independant*	*Vocal Guidance*	*Assisted*	*Not There Yet*	*Not Willing*
Pole Bending					
MailBox					
Tree/Ring Toss					
Sensory BellyRub					
Noodle Curtain					
Walkovers Poles					
Cross Rails					
Bridge					
Ball Toss/ Magnets					

Exercises:

Games Played:

Ranch Chore:

Chore Reaction: Enjoyed Compliant Complained Refused

Mindfulness Activity:

Mindfulness Reaction: Enjoyed Compliant Complained Refused

Conduct of Student	Excellent	Good	Needs Work	Uncontrollable
Self Control				
Positive Attitude				
Good Manners				
Stayed on Task				
Worked well w/ others				
Followed Directions				
Respectful				
Participated				

Strengths

Weakness

Areas to Improve

Notes: