

Wellness Assessment Results

After distributing an organizational assessment to the Social Service Representatives at Parkridge Valley Child & Adolescent, I got the following results. Within the organizational assessment, participants self-reported on a Likert scale, one being “Strongly Disagree” and 5 being “Strongly Agree,” in response to statements that would indicate a strong sense of wellbeing (i.e. “I get the exercise my body needs”). The average results were the following in order from the highest to the lowest scores: Occupational (4.45), Social (4.389), Spiritual (4.389), Intellectual (4.23), Emotional (4.056), and Physical (3.12).

Based on these results, it appears that aiming interventions at improving physical wellbeing would be the most relevant. After implementing organizational interventions that are focused on improving physical wellbeing, another assessment could be administered in order to evaluate effectiveness of the efforts that were made. By improving the wellbeing of Social Service Representatives, they will be better positioned to provide services to patients.

