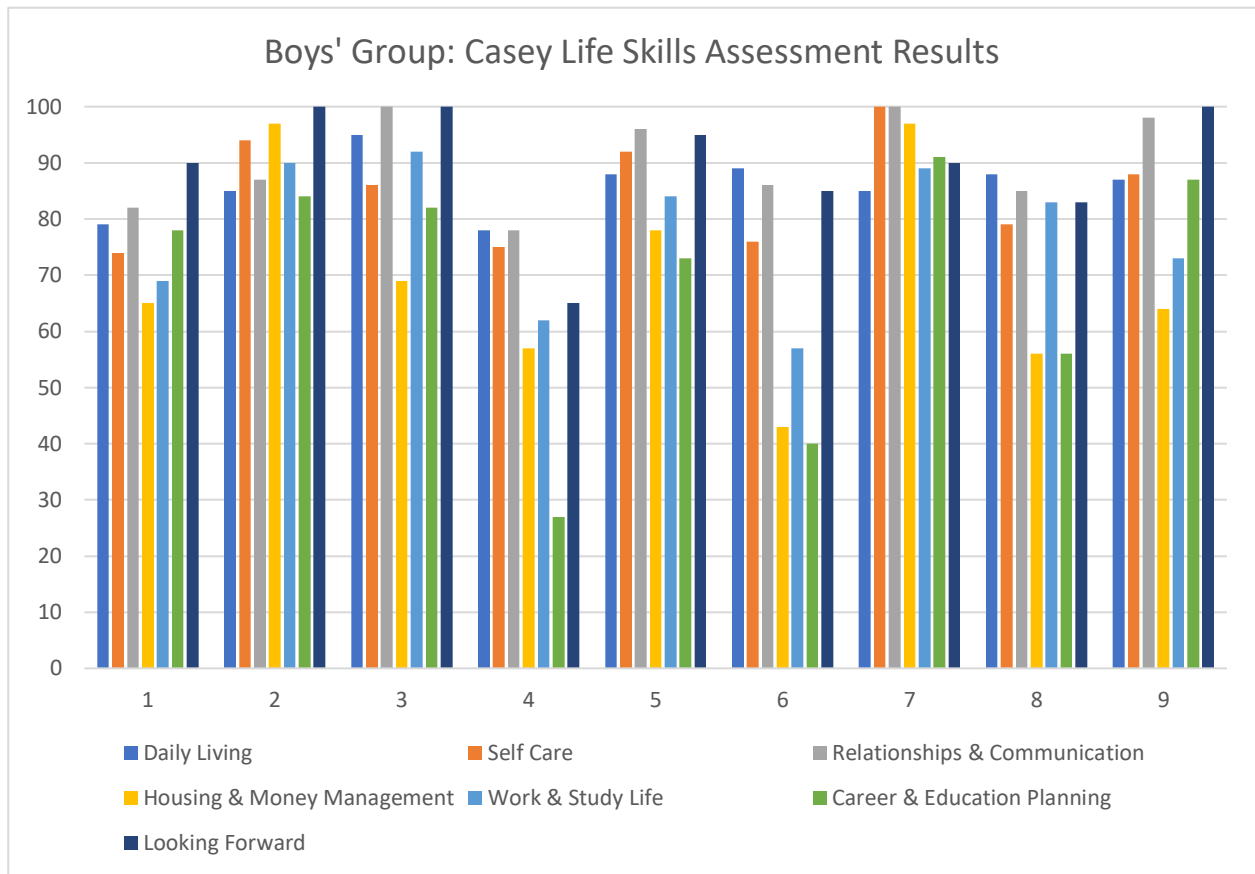
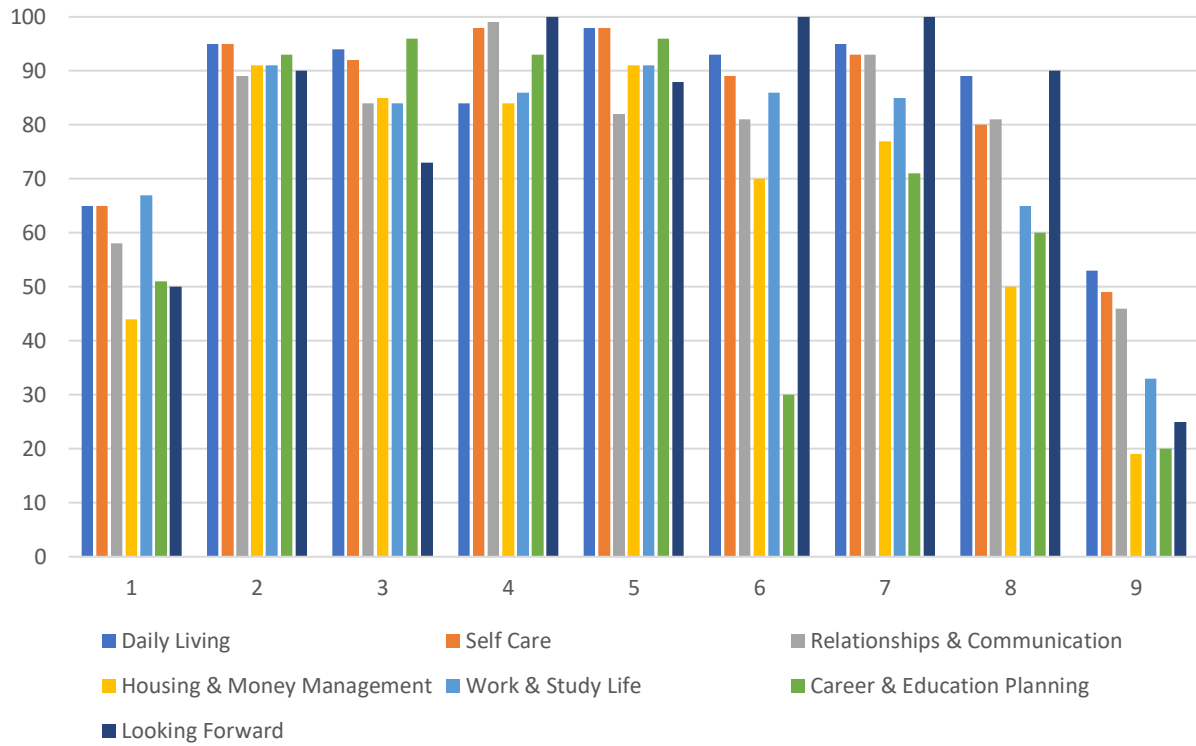


Independent Living Group Evaluation

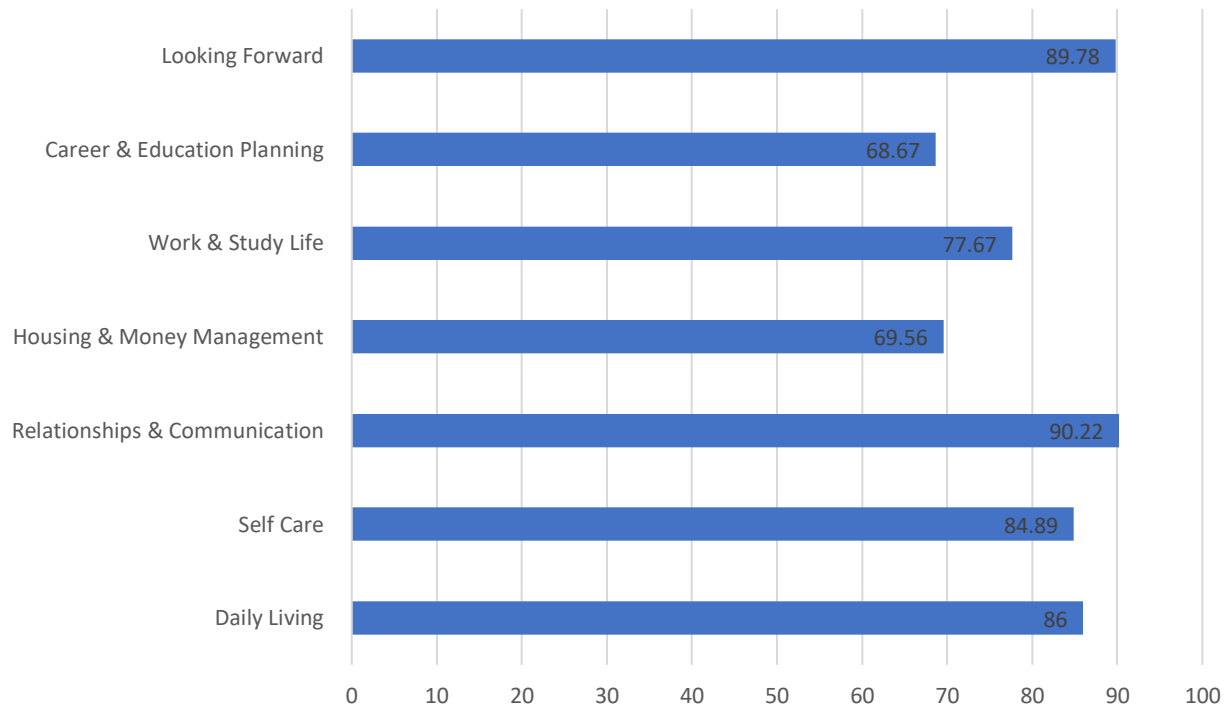
In order to evaluate the Independent Living Group that I facilitated, I had planned to administer a pretest and posttest. The plan was originally to administer the pretest at the first group and the posttest at the last group in order to establish a baseline and evaluate progress. I administered the pretest on October, 2, 2020. However, I unexpectedly was unable to attend practicum in person due to the precautions taken with Covid-19 during the middle of March. While I was away, the pretest that was filed was accidentally shredded, and the majority of the group was discharged before I was able to attend in person again in July. Therefore, I had the Girls' and Boys' Independent Living Groups take the Casey Life Skills Assessments as a pretest again. Since I will only be attending practicum for the next couple of weeks, there will not be adequate time and content covered in order to administer the posttest.

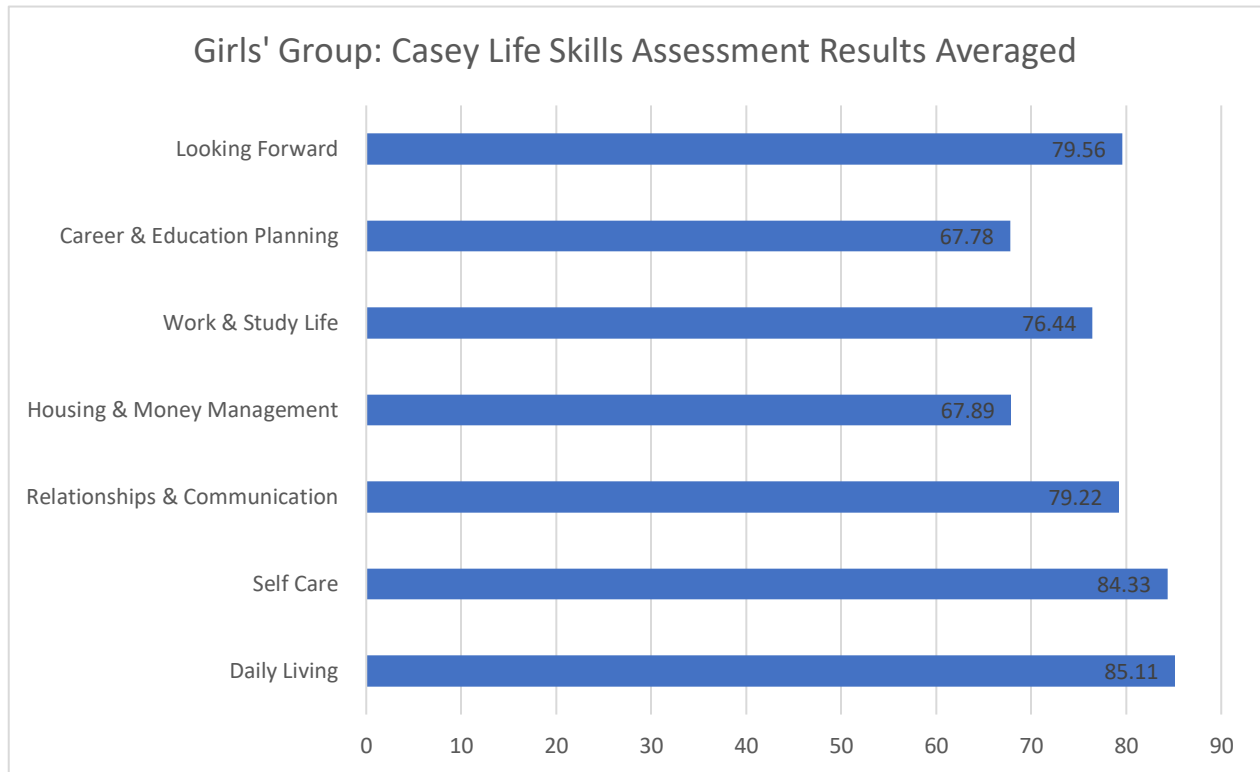


Girls' Group: Casey Life Skills Assessment Results



Boys' Group: Casey Life Skills Assessment Results Averaged





The results of the Casey Life Skills Assessments show the areas where the patients see themselves as more confident and knowledgeable versus the areas where they are in need of growth. On average, the boys rated themselves higher than the girls. The boys' average scores were in the following order from highest to lowest: Relationships & Communication, Looking Forward, Daily Living, Self Care, Work & Study Life, Housing & Money Management, and Career & Education Planning. The girls' average scores were in the following order from highest to lowest: Daily Living, Self Care, Looking Forward, Relationships & Communication, Work & Study Life, Housing & Money Management, and Career & Education Planning.

The results are helpful in that they show which areas are in need of more focus in the future. Both groups scored lowest in Career & Education planning; thus, this may be an appropriate area to begin focusing on during group. I can utilize an understanding of their strengths in preparation as well. By comparing the pretest with the posttest, I would have been able to see if the patients felt they improved in the different focus areas from the time when the group began. By doing this, I am better able to determine what is effective and hold myself to improving in the future.

Due to Covid-19, I am unable to compare the result of the pretest to the posttest. However, I would imagine that it would have shown some improvement overall. Although a one-hour group per week is not sufficient to provide patients with a comprehensive knowledge of the evaluated areas, I believe that it would at least give the patients more confidence when they saw the different areas that had been reviewed in the group on the assessment the second time.