

Reflection

Independent Living Group: Education & Budgeting 10/16/19

- Objectives:** Instill the importance of education. Practice making decisions about money. Encourage thought about future education and career decisions.
- Review Homework:** I was surprised and pleased that two patients brought back the homework filled out. I verbally affirmed them and publically rewarded them with candy.
- Activity:** It appeared that this activity got the patients thinking. However, keeping the money organized slowed down the activity too much.
- Discussion:** Throughout the activity, discussion was effective. From this, the importance of having a plan and saving was emphasized.
- Handouts:** The handouts were distributed.
- Homework:** The group seemed more interested in completing the homework after this group than the last one.