

Agenda

Independent Living Group:

Resumes: 11/20/19

Objective: The objective is to educate the group on creating a resume.

Activity: The group will be given cards that they have to trade with each other in order to get all of the same cards in their hands. The first person to get seven of the same card will sit down. Once one person sits down, all patients can sit down.

Discussion: What lessons can be learned from this activity that could be applied to creating a resume?

Activity: The group will be given five resumes to choose from and asked to pick which one they believe is the best. They will then be asked to move into groups based on which resume they believe is best.

Discussion: Which resume did you select? What about it told you it was the best?

Handout: Resume Tips.

Activity: In groups, the patients will discuss how each resume could be improved.

Homework: Attempt to create a resume.