

# Reflection

## Independent Living Group:

Resumes: 11/20/19

**Objective:** The group was educated about creating a resume.

**Activity:** The group understood and engaged in the activity well. Every group participant played.

**Discussion:** The group discussed how in the same way each participant had to work together with each other to reach their individual objectives. In a similar way, people creating a resume have to present themselves in a way that reaches their objective and appeals to the objective of those hiring. It was also pointed out that sometimes one does not perfectly know what a potential employer is looking for and has to take a risk.

**Activity:** The group viewed and chose the resume they thought best.

**Discussion:** Most groups selected the resumes because they were simple and straightforward. One looked at the content.

**Handout:** Resume Tips.

**Activity:** The groups pointed out at least two specific ways that the resumes could be improved, based on the handout.

**Homework:** The group was asked to attempt to create a resume. The program manager offered to help anyone who requested help. He also suggested doing fake interviews next time.