

Reflection

Independent Living Group:

Renting vs. Buying: 2/5/20

Objective: I believe that the objective was met in the demonstration of the group to critically think about which option would be best for individuals with different situations.

Video: The group engaged in watching “No Arms No Legs No Worries” by Nick Vujicic.

Discussion: The group discussed how they could overcome obstacles and challenges, including the challenges that come with making significant decisions about housing.

Discussion: The group created a list of the advantages of renting and the advantages of buying based on what they already knew.

Handout: Handout on buying verses renting a house was distributed.

Discussion: The group reviewed the handout and discussed the most important advantages of each and what type of people each option would be best for.

Homework: The group was given the homework to write down what they think will be better for them in the long run between renting and buying a house, along with three reasons why they chose what they chose.