

Pre-K through 3rd Grade Script

Hi friends! How are we today? My name is _____ and I am visiting you today from the Children's Advocacy Center to teach you about something very important. Every day I get to share with boys and girls just like you a lesson about being safe. **Tell me with a show of hands, who likes to be safe?**

That's awesome, friends. I also like to be safe. When we're safe, we feel really good things. **Can I have 5 volunteers help me name what some of those 'good feelings'?** (TIP: help students out with words like happy, glad, excited, comfortable, warm, or peaceful). Wow, you guys sure know a lot! Those are all really good examples of how we feel when we're safe.

So, let's talk about when we are *not* safe or UNSAFE. **What emotions or feelings do we have whenever we are unsafe?** (TIP: help students out with words like scared, unhappy, mad, upset, and worried). No one likes to feel like that.

What helps us stay safe and happy is something called personal space. **Does anyone know what personal space is?** (TIP: encourage kids to stand up or stay seated and show you what this looks like)

Great job! Personal space is the area that is around us that is between us and other people. (Demonstrate the 'bubble'). This is *OUR* space and no one should come into this space that makes you feel uncomfortable or scared or icky. It's important to remember that our personal space goes with us everywhere we go, and it is always there no matter who we are with.

Can anyone take a guess why our personal space is so important? It has something very special inside that we want to keep safe. That's right, it's *YOU*. You are inside of your personal space, or that bubble that surrounds you wherever you are going. You are very special and no one should make you feel uncomfortable or scared.

I have something very serious that I want to share with you, and I need your attention friends. I want to see everyone's eyes on me so I know you're listening. There are some special places on our bodies that should never be made feel uncomfortable, and those are your private parts. Your private parts are the parts of your body that are covered by your bathing suit. No one should ever touch, look at, talk about, or photograph your private parts. There are two times when someone should touch or look at your private parts, and that is when you are sick at the doctors or if your mommy or daddy have to help you if you're sick or have an accident.

How we figure out if something is safe or unsafe is important, right? Can everyone put their fingers on their head like this (put index finger on both temples). **What's between our fingers right now?** That's right! Your brain! Your brain is so powerful, it helps us remember important days like our birthday or our favorite food, but it also helps us sing and dance. Most importantly, it helps us figure out if something is safe or unsafe.

I've written on the board 3 letters which stand for Think, Feel, Act. We have to *THINK* through every situation we are in. Then we determine how we *FEEL* in each situation— do I feel good or bad feelings like we talked about earlier. Finally, we *ACT* based on our thoughts and feelings.

My friend Lauren and her puppy Buddy are going to show us how they use T.F.A. to stay safe.

Show Kindergarten lesson

Would someone like to share what they learned from watching Lauren and Buddy? (TIP: suggested talking points include— personal space, telling a trusted adult when feeling unsafe, etc). We learned that if we are feeling uncomfortable that it is not okay. We have personal space for a reason and if anyone comes into that space that makes us feel unsafe, we tell a trusted adult to help us get out of that situation.

Like Lauren said, we can also use our “I Mean Business Voice” and “Safety Stop Sign” to tell people whenever we are not comfortable with what’s happening! Let’s practice it. (Have students stand up and practice using their IMBV to say ‘Stop That’s Not Safe’ together).

Great work, everyone! I have a worksheet for you to do that helps us remember who we trust and who we can tell whenever we are unsafe. (If class exceeds 15 students, go one by one through and have everyone state who their safe person is: Mom/Dad/Grandma/Grandpa/Teacher/Coach).

If you want to speak with me about a time where you didn’t feel safe, or how you helped a friend feel safe, you can talk to me afterward. See you next time!

Finish