

10/29/2019: 6.1: The presenting concerns of one of our clients we interviewed on Monday was urgent, as this particular young girl was allegedly suicidal. This was our first time meeting with her. During our interview process, we learned of her environmental concerns pertaining to her home. She gave us a detailed description of how her home life affected her, allowing us to effectively evaluate the environmental impact on this particular client. Although she insisted she wasn't suicidal, she did share that she suffered from severe depression that her medication wasn't helping, as well as dealing with trauma from a disturbing incident that occurred when she was younger. Unfortunately, she wasn't currently receiving counseling related to this, which was negatively impacting her mental state as well as her school performance. Because of our genuine approach during our interview, she was very open with us, which greatly assisted in selecting appropriate intervention strategies.