Rate	1-10 if y	our outlo	ook on Roc	k Bottor	n Momei	nts chang	ged in res	ult of con	ning to th	ese sessions
0	1	2	3	4	5	6	7	8	9	10
		_	s changed ew unders	tanding (on what I	Rock Boti	tom is an	d how I ca	an apply i	t to my life.
Wha	t stood (out to you	u througho	out these	e group n	neetings?	•			
Rate	1-10 if y	our outlo	ook on Roc	k Bottor	n Momei	nts chang	ged in res	ult of com	ning to th	ese sessions
0	1	2	3	4	5	6	7	8	9	10
Wha	10= I	have a ne	s changed ew unders u througho					d how I ca	an apply i	t to my life.
Rate	1-10 if y	our outlo	ook on Roc	ck Bottor	n Momei	nts chang	ged in res	ult of con	ning to th	ese sessions
0	1	2	3	4	5	6	7	8	9	10
		•	s changed ew unders	tanding (on what I	Rock Bot	tom is an	d how I ca	an apply i	t to my life.
Wha	t stood (out to you	u througho	out these	group n	neetings?				
Rate	1-10 if y	our outlo	ook on Roc	k Bottor	n Momei	nts chang	ged in res	ult of con	ning to th	ese sessions
0	1	2	3	4	5	6	7	8	9	10
	0= No	othing has	s changed							

What stood out to you throughout these group meetings?

10= I have a new understanding on what Rock Bottom is and how I can apply it to my life.

Rate 1	10 if you	r outlook	on Rock I	Bottom N	Moments	changed	d in result	of comin	g to the	se sessions.
0	1	2	3	4	5	6	7	8	9	10
		ing has ch	_	nding on	what Roo	ck Bottor	n is and h	ow I can	apply it	to my life.
What	stood out	to you th	roughout	t these g	roup mee	etings?				
Rate 1	10 if you	r outlook	on Rock I	Bottom N	Moments	changed	d in result	of comin	g to the	se sessions.
0	1	2	3	4	5	6	7	8	9	10
What			understar				m is and h	ow I can	apply it	to my life.
Rate 1	10 if you	r outlook	on Rock I	Bottom N	Moments	changed	d in result	of comin	g to the	se sessions.
0	1	2	3	4	5	6	7	8	9	10
		ing has ch	_	nding on	what Ro	ck Bottor	m is and h	ow I can	apply it	to my life.
What	stood out	to you th	roughout	these g	roup mee	etings?				
Rate 1	10 if you	r outlook	on Rock I	Bottom N	Moments	changed	d in result	of comin	g to the	se sessions.
0	1	2	3	4	5	6	7	8	9	10
	0= Nothi	ing has ch	anged							

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