



October 28, 2021

To Whom It May Concern:

With great pleasure and honor, I recommend Kilah Runnels. In the 2020-2021 school year, Kilah served as a student mentor on the Southern Adventist University campus. During this time, I was the Associate Student Mentor Supervisor and noticed that she was a trustworthy mentor who dedicated her time, attention, and wisdom to over 20 first-year students. Kilah's commitment to serving others is exemplified by her decision to return as a student mentor during the 2021-2022 school year.

Kilah is a kind-hearted individual who manages to maintain a positive attitude. She is self-motivated and well-versed in communicating with people from various backgrounds. Kilah's excellent communication skills, both verbally and in writing, enable her to convey information about her mentees in a clear and precise manner. Kilah's ability to gather, assess, and manage data, as well as her willingness to take on challenges, are admirable.

I offered to write this recommendation letter because I am truly grateful for Kilah's contribution to Southern's Student Mentor Program. I am confident that Kilah has the work ethic, leadership, and interpersonal skills to contribute to the success of any organization to which she chooses to devote her time and service.

If you would like additional information about Kilah, please feel free to contact me. I can be reached at [soneyabean@southern.edu](mailto:soneyabean@southern.edu) or (828) 582-2958.

Sincerely,

**Soneya Bean, BSW**  
Student Mentor Supervisor  
First Year Experience  
Student Support Services  
Southern Adventist University