

Grant Proposal

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Grant Information

1. **Grant Name:** Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Programs Financed by the Prevention and Public Health Fund

Website: <https://www.acl.gov/grants/2018-empowering-older-adults-and-adults-disabilities-through-chronic-disease-self-management>

Requirements: Nonprofits having a 501(c)(3) status with the IRS, other than institutions of higher education Private institutions of higher education

To help ensure a wider geographic reach, it is unlikely that more than one applicant per state under each funding option (Capacity-Building and Sustainable Systems) will be funded. Applicants under the Capacity-Building option may request a total budget from \$50,000 to \$150,000 for the three-year project period. Applicants under the Sustainable Systems option may request a total budget from \$500,000 to a maximum of \$900,000 for the three-year project period. Foreign entities are not eligible to compete for, or receive, awards made under this announcement.

2. **Grant Name:** Basic and Translation Research on Decision Making in Aging and Alzheimer's Disease

Website: <https://grants.nih.gov/grants/guide/pa-files/PA-18-538.html>

Requirements: Nonprofits with 501(c)(3) IRS Status (Other than Institutions of Higher Education)

APPLICATION MADE TO: Administration for Community Living

DATE: 4/10/18

AGENCY NAME: Partnership: Elder Services

ADDRESS: 5600 Brainerd Road, Suite B24

Chattanooga, TN 37411-5347

AGENCY PHONE NUMBER: 423-755-2877

FAX NUMBER: 423-755-2755

AGENCY WEBSITE (if applicable): <https://www.partnershipfca.com/www>

Is your organization an IRS 501(c)(3) not-for-profit? Yes it does.

CHIEF EXECUTIVE'S NAME & TITLE: Pam Ladd

CONTACT'S NAME & TITLE (if different): N/A

CONTACT'S TELEPHONE NUMBER: 423-755-2870

ORGANIZATIONAL DEMOGRAPHICS:

Number of full time staff: 11 **Number of part time staff:** 4

Number of volunteers: 25

GEOGRAPHIC AREA: -

OPERATING BUDGET TOTAL FOR CURRENT FISCAL YEAR: 80,000

Fiscal Year: June - July

SOURCES OF INCOME:

Government Federal: 51%

State County: 0%

Fees/Earned Income: 26%

Individual Contributions: 10.27%

United Way: 12.02%

City: 0%

Workplace Campaigns 0%

Corporate and/or Foundation Grant: 0%

Special Events 0%

Memberships 0%

AMOUNT OF THIS REQUEST: 100,000

\$ FUNDS NEEDED BY: June 2018

TIME FRAME IN WHICH FUNDS WILL BE USED: June 2018- June 2023

Check one of the following: PROGRAM SUPPORT

If for project support, complete the following:

PROJECT NAME: HOMEMAKER PROGRAM

TOTAL PROJECT COST: 178,000

PERCENT THIS REQUEST OF PROJECT TOTAL: 56%

PURPOSE OF PROJECT: To enable older adults to live a healthily and safely in their homes for as long as possible.

WHO WILL PROJECT SERVE: Vulnerable older adults in the Chattanooga Community

Organizational Background

Partnership is a non-profit agency that has been serving the Chattanooga community for over 140 years. It was first established in the year 1877 and was originally titled Ladies Aid Society. After its establishment, Partnership went through many changes and began to grow, changing names a couple of times and working closely with United Way. In 1973 Partnership merged with a family service agency and a traveler's aid society. It was not until 2003 when the agency changed their name officially to Partnership.

Partnership is now a large agency with several different locations in the Chattanooga area that each has their own specialties and serves a variety of populations. Some of these include a rape crisis center, a family violence center, youth services, deaf services, counseling services, a thrift store, and elder's services. Through the elder services program, Partnership provides a homemaker's program, which assists elders with their daily living at home. They also provide case management and services for those struggling with issues such as long term care, family conflicts, and many more. Partnership as well has a federal program called Ombudsman that is a resident advocacy program for individuals in assisted living or nursing home facilities. Partnerships mission statement is "Empowering people. Building communities" and their vision is "helping build a stronger, smarter, safer community."

As Partnership has grown, and expanded themselves, they have strived to bring quality resources to the community. Currently Partnership Elder Services branch employs 11 full-time staff, 4 part-time staff and 25 volunteers. In 2006 Partnership was awarded by the Chattanooga Area Chamber of Commerce as the Non-Profit Organization of the Year. Partnership Elder Services, as one of their specialties, was recognized individually for their accomplishment of empowering 869 disabled and elderly to remain safely and independently in their own homes in

the year 2017. It was also reported that 86% of elderly clients stated that their sense of safety and security had increased through the support of Partnership Elder Services.

The agency that Partnership Elder services partners with daily is Adult Protective services. With the assistance of this partner, they aid in the investigation of abuse allegations and can substantiate abuse so that Partnership can take necessary action. Partnership also works with food pantries to give food to older adults. There is also a Retired and Senior Volunteers Program that helps elders gain supplemental insurance and help bring them closer to the community. These other agencies help Partnership Elder services continue their advocacy for their clients. They are essential in bringing legal action to the case, while Partnership aids the client in prioritizing their safety and making sure they are both physically and emotionally well.

Needs Statement

Partnership is continuing to work on expanding their individual branches, to assure they are meeting the needs of their community. While the current services of the Partnership Elderly services branch are making a positive impact to their specific population, there is still a need to continue to help bring more awareness and support, specific to Elders with disabilities and chronic dementia who still want to live independently. While there are agencies in the community that assist individuals with disabilities, in the Chattanooga area, Partnership is unique with their homemaker's program that addresses the Elder population specifically to empower them to live independently and safely if possible. They do this by providing support such as cooking, cleaning, and paying bills.

Proposal Summary

Partnership plans on expanding their Homemakers program to provide more services specifically by providing more resources and support to elderly with disabilities and chronic

diseases. With the assistance of a grant, Partnership would like to them expand their homemakers program to train volunteers to be better equipped to educate as well as give clients resources to medical education programs so that clients and family members can better understand how to better care for individuals with disabilities. This will empower them to have the option to live independently for a longer period. Partnership would like to hire Medical Personal to train volunteers and families on how to best help this vulnerable population as well as have a full-time nurse on staff always to ensure that the Homemakers program is offering the most accurate medical resources. Along with this addition to the homemaker's program would be a support group for individuals and family members who are being served by the Homemakers program.

Proposal

Our proposal will address the needs of the elderly population in Chattanooga who do not yet qualify to live in an assisted living or nursing home, but are still struggling to live safely in their homes. This is often due to a chronic illness or dementia. Many of their needs can be easily met by having the Homemakers program. This would involve a volunteer going to the home of one of these vulnerable older adults to ensure their basic human needs are being taken care of. Services currently provided for the program are cleaning, cooking, budgeting, and finding resources unique to that client and family. With this grant, we would add a medical element to this. Volunteers will receive medical knowledge through a nightly seminar that would meet twice a week for 2 months. They would learn about healthy living habits, medication, and common chronic diseases. A full-time nurse would be hired to head this element of the program. She would be in charge volunteer education as well as making educated referrals to local medical professionals. A support/education group for these chronically ill individuals would also be started to promote community and emotional well-being wellbeing as well as knowledge on how

to better manage their health to continue to live independently. We hope to have a nurse hired within the first month of receiving the grant money. After this, continuous groups with 10 sessions each will be held by Social Workers. In these groups a social worker will provide a safe space for this population to share struggles, build community, and learn tips to managing their illnesses. This past year the homemakers program empowered 869 elderly to live independently, but there are 14,240 people over 65 living in Chattanooga. While not all of these needs the support of the Homemakers program, we would like to help 1000 individuals in the next year. After each year, we will perform a SWOT analysis and calculate if we have increased the number of individuals to live independently. We hope to not only receive funds from this grant, but in the future, gain the support of major stakeholders in the community who are interested in furthering this cause.

Appropriateness to funder's mission

The Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Programs Grant has the purpose of empowering older adults and adults with disabilities to better manage their chronic conditions. The intentions of Partnership are to create a program that allows elderly people with disabilities and chronic illnesses to live a fulfilling life independently as long as possible. Ultimately with the aid of volunteers and professionals these individuals will learn the skills they need to manage their lives appropriately as well as find connection with their community.