



Weekly Field Placement Journal

Name: Kaitlyn Goffin **Hours worked this week:** 16
Week of: October 29- Nov 2 **Total hours this semester:** 147.75 **Grade:** 9

Please include the following when journaling:

1. Using the journal rubric on eclass, describe *learning activities/experiences* for this past week. Specify the date and time of your required supervision as well as what you did for self care. (Please start at the beginning of the week and describe events chronologically covering each day. Quantity of the description should match total hours accrued. See journal example on eclass.)

Journal 10/29/18

I arrived at the office at 8:30 am. I met up with Ashley and we had supervision in which we talked all about my trip to D.C. I told her about everything we did and what I learned. We talked about the policy brief and my presentation. She also asked me about the African American History museum and I was able to discuss with her how this experience made me a lot more culturally aware. She read through my journal and was able to give me feedback about how she thought this trip was a really great experience for my skill development. We spent a lot of time discussing the NASW and how there are certain things about it that do not sit right with me. I talked about my concerns of this entity being so political. While it is great that they push for policy that will help clients, I feel as though sponsoring a politician is not very ethical. Ashley listened and provided me with more of her insight on the organization. We then visited 3 different facilities for quarterly visits. The first was a nursing home. We were there originally to follow up with a resident who reported missing money. WE went to her room and spoke with her for a while. She was very competent and seemed to have mixed reactions to us being there. I got this impression because the resident said that she never wanted to make a big fuss out of the situation as she blamed herself for loosing the money. She seemed embarrassed. On the other hand she was very friendly and ended up asking our assistance to help her figure out a way to vote while in the facility. We spoke with staff members about this who said that they would arrange for her to go. After this case we spoke to many residents. I got to speak to a male resident on my own who was paralyzed. He told be that a lot of the time his button slides off from its position and he cannot reach it so he has to whistle. I reported this to the who said she would figure out what to do about it. Next we visited an assisted/independent living facility. This facility was large and there were no complaints. While I was there I spoke to a group f four residents sitting in the lobby. I was surprised at how much dementia each of them had. None of these residents were able to have a conversation. I had one woman keep asking me if my "daddy was going to come and visit". I told her that he was not. I should have been better at talking to her within her reality. The last facility we visited was very unique. It was a facility that specializes in Alzheimer's and memory care. The building was beautiful and covered in artwork done by the residents. There were several locked wings, each with their own staff and feel. In one of the wings they were serving apple fritters and the residents seemed to really enjoy it. While talking with a variety of residents there were no complaints.

Journal 10/30/18

When I got to the office Ashley was not there so she told me that I could use her laptop to work on a learning plan project. The one that I choose was finding two articles that deal with the discrimination of the elderly. The first article that I found was peer reviewed and focused on the effects serotypes have on an ageism and the health of older individuals. It talked about how when we believe things like "all old people are frail and need lots of help" then that is the way that we will treat the elderly. We may discriminate against them because we think they are too frail. The elderly will then believe that of themselves and will show the effects in lower levels of health. I thought this article was very interesting and me think about how stereotypes effect how I may treat an elderly person. The other major part of the day was spent working on office Halloween costumes. Every year Partnership does a chili and costume competition for Halloween. I was so happy to be included and it was a great way to get to know that staff of the office a bit better.

10/31/18

I got to the office at 8:30 am. Ashley was not there again so I go to use her laptop to find my second article about elder discrimination. The second one that I was really interested talked about sexuality of the elderly and how often in facilities these individuals are discouraged from their right to be romantically and sexually involved with other consenting adults. It talked about the challenges faced such as a lack of privacy, nurses being unwilling or uncomfortable to help, individuals personal biases towards flirtatious men, and family members being disturbed and the idea of their elder relative being sexually active. I found this issue to be very interesting. It makes me sad that elders in facilities are not able to fully express their sexuality. But at the same time I see the other side where individuals are concerned of consent. I also got to sit in the office and answer the phone. Unfortunately no one called, but I was so excited I got the chance to try it out. I also got to attend my first staff meeting. It was very informative. It covered all topics form services provided to elder adults to changes is payroll. I learned that we will be moving offices in January and I an concerned about how this will effect my practicum next semester. We headed to the party and I had a great time. There was even a "haunted office" and our office won for best costume and best chili. After the party we went back to the office. I got to help Ashley record VOR hours and then I left.

11/4/18

This Sunday I was given the opportunity by Professor Evie Baker to be an evaluator for a counseling simulation for her Master's level class. I was put in a room with one student and two pseudo clients where we worked together for a 35 minute session. Thought the session I took notes so that by the end I could provide good feedback. I found it to be very fun and helped me exercise both my clinical and evaluation skills.

2. For each learning activity/experience, describe how you implemented learning from the coursework.
Reference each competency and practice behavior that applies to the learning activities/experiences described (i.e. 1:2 = competency #1 and practice behavior #2). You must cover a minimum of four competencies each week to earn full credit. Please see the rubric and sample on eclass.

COMPETENCY	PRACTICE BEHAVIOR #	DESCRIPTION OF LEARNING (1-2 SENTENCES)
Competency 1:		
Competency 2:		
Competency 3:		
Competency 4:	4:c	Through my research this week I was able to assess some studies/peer

		reviewed articles and learn a lot about the challenges that elders face with sexuality and stereotypes.
Competency 5:		
Competency 6:		
Competency 7:		
Competency 8:	8:D	When conducting a quarterly visit this week I was able to advocate on the behalf of a paralyzed residents who was having difficulties with the call button system the facility currently has in place. I did this by bringing his concerns to the head nurse.
Competency 9:	9:b	I was able to use my knowledge of human behavior as well as the strengths perspective theatrical framework to evaluate the outcomes off a mock counseling session for the MSW program.

3. Describe areas of growth or concern to address during supervision (2-3 sentences):

I would like to grow in my ability to answer the phone and speak with staff members of facilities.

Task Supervisor's Comments:

Field Instructor's Comments:

Kaitlyn is continuing to do a wonderful job and is growing in her independence. I plan to start having Kaitlyn answer phone calls when she is in the office. I am confident in her ability to take thorough notes and professionally convey information as needed.

2nd (If Applicable) Task Supervisor's Comments:

Director of Field Education's Comments:

I am glad that you were able to work independently this week and had the opportunity to try answering phones, even though no one called. If I had known, I would have called! I took off a point this week, because you only referenced 3 of the 4 required competencies. Let me know if you have any questions!

Student's Signature: (Goffin, Kaitlyn): Kaitlyn Goffin Nov 4, 2018 7:29 PM

Task Supervisor's Signature: ():

Field Instructor's Signature: (Pelham, Ashley): Ashley Pelham, LMSW Nov 13, 2018 9:40 AM

Field Director's Signature: (Savannah Grignon): Savannah Grignon Dec 12, 2018 12:04 PM

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