

VISIT NARRATIVE:

ROUTINE VISIT COMPLETED 6/1/23 AT PTS HOME. AT TIME OF VIST, PT LAYING IN BED WITH TV ON. PTS HUSBAND ALSO PRESENT. PER PTS HUSBAND, IT HAS BEEN DIFFICULT WITH PT CONSISTANTLY HAVING HALLUCINATIONS. PT AGREED THAT SHE HAS BEEN HAVING REQUENT HALLUCNATIONS THAT ARE FRUSTRATING AS THEY WILL LEAVE HER DISORIENTED. PT CURRENTLY DOES NOT UTILIZE GROUNDING TECHNIQUES TO HELP KEEP HER IN THE PRESENT DURING THOSE TIMES. PTS HUSBAND AGREED TO TRY USING PTS ARTWORK, AS A WAY TO HELP GROUND HER IN THOSE TIMES. PT ASSESSED FOR FEELINGS OF DEPRESSION AND ANXIETY. PT STATED THAT SHE HAS BEEN FEELING DEPRESSED. PTS STATED THAT SHE HAD BEEN FEELING OKAY FOR THE LAST FEW MONTHS, HOWEVER SHE SAW HER DESEASED DAUGHTERS BABY CLOTHES (UNCLEAR IF THIS WAS A DREAM) AND THIS TRIGGERED THE GRIEF BACK AGAIN. PT PROMPTED TO PROCESS THESE FEELINGS AND SHARE STORIES ABOUT HER DAUGHTER AS A CHILD. ADDITIONALLY, GREIF EDUCATION WAS PROVIDED. PT SPOKE ABOUT PREVIOUS GREIF SUPPORT GROUP SHE ATTENDED SEVERAL YEARS AGO FOR ANOTHER DEATH AND TALKED ABOUT HOW THE LETTER WRITING WAS HELPFUL. PT DENIED FEELING ANXIETY, PTS HUSBAND STATED THAT HE NOTICES DISTRESS WHEN PT HALLUCINATES. PT DENIED FEELING ANXIOUS ABOUT THIS, BUT JEALOUS AND ANGRY. PT HAD A HALLUCINATION DURING THE VISIT WHERE SHE SAW HER HUSBAND SITTING ON HIS GRANDMOTHER AND THEN A TEENAGE BOY. PT EASILY REDIRECTED. PT WOULD LIKE TO DO MORE WRITING TO BE ABLE TO EXPRESS DIFFICULT FEELINGS. LMSW TO BRING PAPER AND COLORED PENCILS TO FUTURE VISIT TO ASSIST. LMSW FOLLOWED UP WITH PTS HUSBAND ON A MEDICATION CONCERN THAT HE HAD MENTIONED LAST VISIT. LMSW EXPLAINED THAT THERE MAY BE A GENERIC OPTION TO ELLIQUIST, AND THIS WOULD BE DISCUSSED WITH DR. KANABAR AT IDG MEETING TOMORROW. NO FURTHER NEEDS IDENTIFIED AT THIS TIME. PLAN OF CARE FOR 1X WEEKLY VISITS FOR COPING AND ANTICIPATORY GRIEF REVIEWED WITH NO CHANGFS MADE. I MSW RFAMAINS AVAIL ABLE SHOULD NEEDS ARISE BEFORE NEXT VISIT.