

Description of Learning Activities (2-3 sentences per competency):

2.1- On Thursday, I was able to assist a family with filling out an application for SNAP benefits. This patient and his family are on a low fixed income. A need identified is to increase food security. Assisting this family in filling out and submitting a SNAPS application is a way I have learned to advance human rights as a hospice social worker. The family was very grateful for the assistance.

8.1- On Thursday I met with a patient that was actively passing away. It was a patient that I have known from the beginning of my practicum experience. In this visit, my field instructor and I were able to provide comfort to the patient through comforting words and therapeutic touch. Additionally, we were able to speak with the patients brother and provided emotional support in addition to giving him ideas on how to make contact with some of the patients children.

1.2- For supervision this week, I was able to talk with my field instructor about boundaries. Boundaries are an important part of self care. I was able to discuss boundaries that I have put in place in order to have balance between my career and personal life. An example of a boundary I have put in place is to not work on practicum projects or homework on Saturdays so that I have time to rest.

6.1- On Friday, I was able to spend a few hours going through all of my learning plan projects and making tweaks on them to make sure that they are complete for when I finish my hours. Something that I worked on was a poster about LIHEAP and then research for my special project. 🗝️