

Mini-Grant Proposal Template – Step Three

Template adapted from <https://philanthropynewyork.org/sites/default/files/resources/Common%20Grant%20Form.PDF> and
<https://philanthropynw.org/resources/common-grant-application>

COVER PAGE

APPLICATION MADE TO: Substance Abuse and Mental Health Services Admins **DATE:** 4/17/18
(NAME OF FUNDING SOURCE)

----- **APPLICANT ORGANIZATION** -----

AGENCY NAME: Southern Adventist University's Student Success Center

ADDRESS: 4881 Taylor Circle, Collegedale, TN 37315

AGENCY PHONE NUMBER: 423.236.2576 **FAX NUMBER:** 423.236.1782

AGENCY WEBSITE (if applicable): http://www.southern.edu/administration/student-success/index.html

Is your organization an IRS 501(c)(3) not-for-profit? (yes or no): __No__ **If not, explain:** The university is a for-profit organization

CHIEF EXECUTIVE'S NAME & TITLE: Renita Moore – First Year Experience Coordinator

CONTACT'S NAME & TITLE (if different): _____

CONTACT'S TELEPHONE NUMBER: 423.236.2575 _____

----- **ORGANIZATIONAL DEMOGRAPHICS:**

Number of full time staff: 1

Number of part time staff: 6

Number of volunteers: 3

GEOGRAPHIC AREA: Southern Area

----- **OPERATING BUDGET TOTAL FOR CURRENT FISCAL YEAR:**

Fiscal Year: 2017 2018
From To

SOURCES OF INCOME: Tuition

Government	Federal	<u>10%</u>	Fees/Earned Income	<u>10</u>	%
	State	<u>10%</u>	Individual Contributions	<u>10</u>	%
	County	<u>10%</u>	United Way	<u>10%</u>	

City 10%

Workplace Campaigns 10 %

Corporate and/or Foundation Grant 10 %

Special Events 10 %

Memberships 10 %

----- PROPOSAL -----

AMOUNT OF THIS REQUEST: \$ 5,000,000 FUNDS NEEDED BY: August 6, 2018

TIME FRAME IN WHICH FUNDS WILL BE USED: August 6, 2018 August 17, 2018
From To

PURPOSE OF GRANT (ONE SENTENCE): To train professors of Southern and other personal to recognize symptoms of mental illnesses among students of Southern Adventist University.

Check one of the following: GENERAL OPERATING SUPPORT XX ☒ PROJECT SUPPORT ☐

If for project support, complete the following:

PROJECT NAME: _____

TOTAL PROJECT COST: \$ _____

PERCENT THIS REQUEST OF PROJECT TOTAL: _____ %

PURPOSE OF PROJECT: _____

WHO WILL PROJECT SERVE: _____

Proposal Summary

Southern Adventist University's Student Success Center strives for just that: student success. Our primary goal is to ensure that all of the students who are a part of our Southern family have a successful education and are given the tools they need to excel in their future careers and within their lives. A part of ensuring this success for our students is recognizing that the stress that college adds onto a person's life can be quite detrimental. Mental illnesses within college students is on the rise and we at Southern want to make sure that we are doing everything possible for our student's total wellbeing. We believe that a step in the right direction is to train and prepare our professors and other personnel to be able to recognize, understand, and respond when a student is facing a mental illness. From doing this, we hope to achieve the goal of reaching the point where we can be successful in helping our students obtain the appropriate resources needed to assist them in their college careers. These funds will go to hiring professionals in the mental health community to train our faculty at Southern on recognizing symptoms of mental health illnesses and how to best assist the students who struggle with them.

Organizational Background

The background of the company goes along with the success of the students who choose Southern as their college of choice. College is a step up from high-school and it is not to be treated the same way, which is why the Student Success Center was put in place; to focus on the students. They have now expanded to having career counseling, disability services, counselors, mentors in the classroom, and a Southern Connections course that help the freshman learn helpful tools into becoming successful students. In the summer the school provides a JumpStart course for students that did not do well on their SAT scores; the course is a week-long. After that course finishes, then Smart Start begins for incoming freshman only so that they can take a course on campus for free over the next four weeks. There the students have access to all of the services that the Student Success Center offers.

Mentors are upperclassmen who have gone through the freshman year experience at Southern Adventist University and are assigned to freshman that school year. They are in-charge of overseeing how the student is doing academically, but also how they are excelling out of the classroom. Success of the student is the mentor's job throughout the school year. However, not only is it the Student Success Centers job to oversee the students, but the professors are the other faculty that interact with the students on a daily basis. By better preparing our faculty to recognize signs of mental illnesses, we hope that Southern as an organization can grow in the aspect of the help that we provide to our students.

Needs Statement

This project will address the needs of training faculty and raising awareness on campus about mental illnesses. Within the Student Success Center on campus there is a department that focuses on students with disabilities. This department offers free counseling services and helps students work with their professors regarding homework assignments, tests, and other various school projects. One trick to this system is that students must take the initiative and go to the Student Support Center. We are requesting this grant for the purpose of having the student's professors be trained in recognizing the symptoms that lead to mental illnesses. Our hope is that if professors can help in catching the symptoms, we can help our students faster rather than waiting for a mental breakdown to occur. We are hoping to develop a program where professors can contact the Student Success Center with any concerns that they have about any particular student so that we can make the appropriate resources available for them. By training our faculty on these mental illnesses, we can hopefully help create a safer spot for students to open up to individuals who have an understanding of what they are experiencing.

Proposal

This proposal will address the needs of the students on Southern Adventist University's campus who are struggling with a mental disorder. By gaining these funds and implementing this program, we will be offering better help to our students who truly need it. Since school officially starts in the third week of August, we will hire professionals in the mental health field to come and do training seminars the first two weeks of August. All staff and faculty will be required to attend a certain number of seminars within those two weeks. Our goal is to start catching mental

breakdowns before they happen so that students can feel the support they deserve from their school. If individuals volunteer, they can also attend these trainings that the school will provide and can also help raise awareness about this huge need.

While it is almost impossible to know the exact number of students who are facing mental illnesses on our campus, we believe that this program will help all students who pass on Southern Adventist University's campus. Southern has always advocated for physical health of all students, and now is the time to start ensuring that all of our students are mentally healthy as well. Our success of this will be measured by conducting anonymous surveys within our student body and collaborating with local psychiatric hospitals to see how we can better help our students who are admitted there. We are hoping to have the support of local psychiatric hospitals to implement this program so that less of our students are needing inpatient psychiatric care. Once this program is up and running we are hoping that the school and community see how big of a need this is and we can get funds by donation.

Appropriateness to Funder's Mission

We believe that we would be a great candidate to receive this Mental Health Awareness Training (MHAT) grant for the following reasons. The Substance Abuse and Mental Health Services Administration's (SAMHSA) purpose aligns closely to what we would be using the funds for. The SAMHSA seeks to train individuals to recognize the signs and symptoms of mental disorders. With the funds from this grant, Southern Adventist University will be training the faculty to recognize symptoms of mental disorders. Southern will also be helping students who are struggling with a mental illness connect with the available resources in their community.

This mission coincides with that of the SAMHSA. The SAMHSA also seeks to educate individuals about resources available to individuals with mental disorders. With the funds from this grant, Southern will be raising awareness not just about mental disorders, but about the resources that are available to those individuals.

Step Two: Grant One

Name:

Mental Health Awareness Training Grants

Department of Health and Human Services

Substance Abuse and Mental Health Services Admins

Website/Contact Information:

Website: <https://www.samhsa.gov/grants/grant-announcements/sm-18-009>

Contact: Gwendolyn Simpson - Office of Financial Resources Division of Grants Management.

Phone: 240.276.1408

Email: FOACMHS@samhsa.hhs.gov

Requirements:

- Eligible applicants are domestic public and private not-for-profit entities.
- Governmental units within political subdivisions of a state, such as a county, city or town (e.g., local education agencies, law enforcement agencies, fire department agencies, emergency medical units).
- Federally recognized American Indian/Alaska Native (AI/AN) tribes, tribal organizations, Urban Indian Organizations, and consortia of tribes or tribal organizations.
- Community- and faith-based organizations, including those that serve veterans, armed services personnel, and their families.
- Public or private universities and colleges.
- Tribal organization means the recognized body of any AI/AN tribe; any legally established organization of AI/ANs which is controlled, sanctioned, or chartered by such governing body, or which is democratically elected by the adult members of the Indian

community to be served by such organization, and which includes the maximum participation of AI/ANs in all phases of its activities. Consortia of tribes or tribal organizations are eligible to apply, but each participating entity must indicate its approval. A single tribe in the consortium must be the legal applicant, the recipient of the award, and the entity legally responsible for satisfying the grant requirements. Urban Indian Organization (UIO) (as identified by the Office of Indian Health Service Urban Indian Health Programs through active Title V grants/contracts) means a non-profit corporate body situated in an urban center governed by an urban Indian-controlled board of directors, and providing for the maximum participation of all interested Individuals and groups, which body is capable of legally cooperating with other public and private entities for the purpose of performing the activities described in 503(a) of 25 U.S.C. § 1603. UIOs are not tribes or tribal governments and do not have the same consultation rights or trust relationship with the federal government.

Grant Two

Name:

Empowered Communities for a Healthier Nation

Department of Health and Human Services

Office of the Assistant Secretary for Health

Website/Contact Information:

Website: <https://www.grants.gov/web/grants/searchgrants.html?keywords=mental%20illness>

Contact: Sonsiere Cobb-Souza

Phone: 240.453.2882

Requirements:

- State Governments
- County Governments
- City or township governments
- Special district governments
- Independent school districts
- Public and State controlled institutions of higher education
- Native American tribal governments (Federally or State recognized)
- Public Housing authorities/Indian housing authorities
- Native American tribal organizations (other than Federally or State recognized tribal governments)
- Nonprofits having 501(c)(3) status with the IRS, other than institutions of higher education
- Nonprofits without 501(c)(3) status with the IRS, other than institutions of higher education
- Private institutions of higher education
- For profit Organizations other than small business
- Small Businesses