

I reviewed clients chart before completing assessment.



Case Notes – Biopsychosocial

Resident: [REDACTED]

Date: 2/11/19

PPS: 90%

Age: 56 years old. **Birthday:** [REDACTED]

Sex: Female

Marital Status: Single, never been married


Children: Has one son, [REDACTED], who lives in Chattanooga. Has 4 biological grandkids and 2 “adoptive” grandkids.

Medical:

Client stated that she did not know what her exact diagnosis was or why she was sick. She discussed how being homeless had made her “very cold and sick” which led her to being hospitalized. Client stated that her “heart was acting up” and is aware of heart issue. Clients chart lists that she has Congestive Heart Failure. Chart also lists that client had a heart attack in August 2018.

Family:

Client was born and raised in Chattanooga and grew up with her family. She has aunts and uncles in Chattanooga and many cousins who are spread out in different states. Client was raised by her mother, [REDACTED] who passed in 1994. Client stated having a bad relationship with her father, [REDACTED], and that he did not raise her, and they do not really speak. Client has one younger brother, [REDACTED]

Reviewed: 3/27/19 

Social:

Client reminisced about how she used to have a vibrant and very busy social life when she was younger and that she misses it. She discussed how all her friends are getting old and everyone is starting to retire. Friends are worried about picking up extra shifts to make more money and pay off their debt. She stated, "The Lord is my best friend".

Spiritual:

Client talked about how she can only depend on the Lord in everything. She is Baptist and attended West Side Baptist church growing up. Client wants to focus on herself and getting better before she starts attending church again.

Recreational:

Client listed activities that she loves to do: playing with grandkids, going out to eat (O' Charley's is her favorite), shopping, watching movies with popcorn, and playing the games sorry and twister.

Sexual/Relationships:

Client stated her last sexual relationship was 3.5 years ago. She does not want to get married. Client discussed how she would be interested in companionship or a lifelong partner, but not marriage. She also discussed how she loves the company of the opposite sex but does not go looking for anything.

Military:

None.

Education:

Client completed three years of college. She earned her AS degree from McKenzie college in Chattanooga TN. She then attended Chattanooga State for a year where she was

interested in computer science and wanted to become an ASL interpreter. Client discussed how life got in the way and she was not able to finish.

Employment:

Client stated that she has had many jobs throughout her life. She mentioned that she was a clerk in a hospital for a year, worked at Walmart for two and a half years, and that her most recent job was in 2017 as a cashier at food city. Client discussed how she was fired from this previous job for no reason and was upset about this.

Substance Use:

Client smokes about 5-6 cigarettes on an average day and has a couple drinks throughout the year. Client stated that she has not used any other substances.

Mental Health:

Client discussed how she fell into a deep depression earlier in her life when she was looking for a job and could not find one. She ended up being taken and admitted to Moccasin Bend where they diagnosed her with schizophrenia. She does not believe that has schizophrenia and believes it was just her depression because she never heard voices or was paranoid. She admitted to still having some down days but stated that everyone has good and bad days.

Strengths:

Client stated that she believes some of her strengths are consoling others, her helpful attitude, being a kind and loving person, and that she is overall well rounded.

Fears:

When asked about her fears, client stated that her only fear is living on her own. She is scared that something might happen and there would be no one there to help her.

What is important to client:

Client would like to go down to the community kitchen to fill out paperwork for her lost ID. She says this is the next step she has to take.

What is worrying client:

Client stated that nothing is currently worrying her.

Goals:

- Her main goal is to get better. Once she gets better, then she would like to start looking for alternative housing.
- Get back her driver's license and buy a tiny car so she can take her grandkids on a picnic at the riverfront.
- Quit smoking

Case worker comments/notes:

Client was very willing to sit down and do this assessment. She seemed to enjoy talking and discussing her past. We also completed her "5 Wishes" and the form to where her belongings will go. She was very patient, and we made it through the process together. She has never thought about funeral arrangements/planning since her goal is to get better.

Case Notes By:

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