# SEXUAL HEALTH EDUCATION



## INTRODUCTION

Tennessee legislature on sexual health education currently states that until a county reaches a teenage birth rate of over 19% per 1,000 females, no sexual education is required to be taught in public high schools.



### WHY IS THIS A PROBLEM?

- Having no sexual education or abstinence only education is shown to have little to no effect on reducing pregnancy rates in teenagers versus programs that provide both abstinence and comprehensive sexual education.
- Sexual assertiveness is a part of these programs that are not being taught, this leads to higher rates of sexual assault later in life.
- If children are not learning about sex at home or at school, where are our kids learning about sex?
- Tennessee ranked number 10 out of 50 states for the highest pregnancy rates as of 2016.
- Children are entering adulthood with an unclear picture of what safe sex is and what a healthy sexual relationship looks like.



### WHAT CAN YOU DO?

- Write to your local state legislatures demanding holistic education for our children.
- Attend your school's board meetings and raise awareness about this.
- Join a local coalition or organization that promotes healthy sexual education.
- Begin to educate kids on healthy relationships in the home.
- Start a small group with local youth to educate on safe sex and what healthy relationships look like.
- Advocate for state and federal funding for schools to recieve these educational programs.



# HOLISTIC-COMPREHENSIVE EDUCATION

