

## **Social and Developmental History**

School Social Work  
April 1, 2020  
Kirsten Meneses

### **Social and Developmental History**

**Date of Interview:** April 4, 2020  
**Person Interviewed:** Jane Smith  
**Client Name:** Emma Smith  
**Date of Birth:** 2/12/09  
**Address:** 300 Chestnut Ave Bloomfield, NJ 07003  
**Phone:** 973-431-1234  
**Mother's Name:** Jane Smith  
**Date of Birth:** 10/21/66  
**Father's Name:** John Smith  
**Date of Birth:** March 17, 1967  
**Sibling(s):** Eric Smith  
**Date of Birth:** 12/22/97

### **Presenting Situation/History**

Emma is a 10 year old Hispanic female in 5th grade and attends Maria L. Varisco-Rogers Charter School. She lives with her mother, Jane, father, John, and brother Eric. Jane and John have been married for 28 years and have two biological children, Emma and Eric.

### **Reason for Referral**

Emma was referred to me today because of recently displaying emotional behaviors. Teacher reported that Emma has been refusing to participate in class and seems to be sad. The teacher stated she is more quiet and not talking much with her friends. The teacher has noticed the change since three weeks ago. The teacher stated she is normally engaging, talking, and happy overall in class. Today in class, a friend had asked what was wrong, and Emma lashed out saying, "I'm fine and began crying, heading towards her desk.

## **Mental Health**

Emma has not been diagnosed with any mental health issues. Mother reported she is not taking any prescribed medications. Mother stated Emma only takes a vitamin D supplement. Mother reported she has noticed Emma a bit more clingy than usual. Mother stated Emma has requested more hugs and affection from her. Mother reported Emma has not disclosed any mental concerns or displayed abnormal behaviors. Mother reported Emma has not had counseling before.

## **Family Background**

Jane and John had met each other in a job company. Both have high school diplomas. They had their first child, Eric when they were 31 years old. Then at age 40 they had Emma. Mother reported when she was pregnant with Emma, she had complications and the doctor had suggested to have an abortion. Mother stated she had a natural birth delivery with no complications. The family does not have any history with Child Protective Services. Mother reported Emma and Eric have a close bond as siblings. Eric is very protective of his little sister.

Within the past year, John had an open heart surgery and mother had lost her job working in the hospital. The family was struggling financially and overwhelmed with John's health. Eric has been working overtime to help the family and make ends meet and has been taking care of his sister while mother was visiting John at the hospital.

## **Education**

Jane and John are highly invested in Emma's education. Mother reported Emma is a smart girl and learns very quickly. Mother stated Emma does not have any special services for her academics. Mother reported Emma has always been getting good grades in school and has not repeated any grades.

## **Strengths**

Mother reported Emma is very caring, helpful, artistic, and creative. Mother stated Emma is left-handed. Mother reported Emma is a great writer and mature for her age. Mother stated Emma likes to help her around the house. There is a great bond with each family member.

## **Needs**

Mother reported Emma does not have any high concerning needs or issues. Mother stated Emma gets distracted easily in class and at home.

## **Educational Needs**

Mother reported Emma struggles with Math and takes a while for her to understand and complete homework assignments. Currently, Emma's grades in school are average.

## **Family Activities**

Mother reported the family has family game nights. Mother stated every two years the family travels for vacation. Mother reported the family is highly engaged in church activities, such as Pathfinders. Mother reported she likes to have at least two dinners with all the family eats together.

## **Health**

Mother reported Emma is an overall healthy child. She has no medical issues or diagnosis. Mother reported Emma only has seasonal allergies, which is managed with over the counter medications when needed.

## **Current Perceptions**

Emma is not sure why she acts out like she does. She is reserved in opening up as to how she really feels. Emma reports she feels fine and nothing is bothering her. When asked why did she cry out in class, she denies she yelled.

## **Conclusions**

Emma is a 10 year old female. Emma has no academic or behavior concerns at school or at home. Emma has displayed a change in her mood and emotions. There has been a financial concern for the family as the mother lost her job. In addition, the father's health has been at risk and he needed open heart surgery.

## **Recommendations**

- Emma will receive counseling at the school.
- Emma will receive tutoring for Math.
- Emma will join the peer support group at school.

Respectfully Submitted,

Kirsten Meneses