Instructions for Completion

Students, please initiate this document by recording your week's activities to be discussed in _mandatory weekly one- hour supervision_ with your field instructor. Click the **Save Draft** button each week. At the end of the month, you will submit this document by clicking the **Journal Student Entry** button listed after week 5. This will send a message to your field instructor to sign. If there are not 5 weeks in the month, leave the section blank, but you must always click the week 5 journal entry to finalize your monthly submission.

Task Supervisors (if applicable), please review this document weekly and communicate progress and opportunities for growth with the student and field instructor.

Field Instructors, please review this document each week during your _mandatory weekly one hour supervision_ to address student concerns and questions and to discuss documentation, self care, progress and opportunities for growth. At the end of the month, your submission statement will verify the student's hours and field learning experiences. After your input, the form will be sent to the Field Director for grading.

Week 1

Date (Start Sun. - Sat. 11:59 p.m.) 4/5/2020	Competencies Addressed: (A minimum of 4 required each week)	Practice Behaviors (Please list the required 4 numbers to match the competencies selected) (i.e. 1.2=competency #1 and practice behavior #2)	Description of Learning Activities (2-3 sentences per competency) Describe how you are applying classroom theory/knowledge into field experiences to demonstrate competency.
	☑ 1. Demonstrate Ethical and Professional Behavior ☐ 2. Engage Diversity and Difference in Practice ☐ 3. Advance Human Rights and Social, Economic and Environmental Justice ☑ 4. Engage in Practice-Informed Research and Research-Informed Practice ☑ 5. Engage in Policy Practice ☐ 6. Engage with Individuals, Families, Groups, Organizations and Communities ☐ 7. Assess Individuals, Families, Groups, Organizations and Communities ☐ 8. Intervene with Individuals, Families, Groups, Organizations and Communities ☑ 9. Evaluate Practice with Individuals, Families, Groups, Organizations and Communities ☐ Did Not Accrue Practicum Hours	☐ 0.0 - No Hours Accrued ☐ 1.1 ☐ 1.2 ☑ 1.3 ☐ 1.4 ☐ 1.5 ☐ 2.1 ☐ 2.2 ☐ 2.3 ☐ 3.1 ☐ 3.2 ☑ 4.1 ☐ 4.2 ☐ 4.3 ☐ 5.1 ☑ 5.2 ☐ 5.3 ☐ 6.1 ☐ 6.2 ☐ 7.1 ☐ 7.2 ☐ 7.3 ☐ 7.4 ☐ 8.1 ☐ 8.2 ☐ 8.3 ☐ 8.4 ☐ 8.5 ☐ 9.1 ☑ 9.2 ☐ 9.3 ☐ 9.4	Competency: Demonstrate ethical and professional behavior: 1.3 Exhibit commitment to professional growth through continuing education, supervision, and ongoing consultation. During supervision this week, we were able to discuss and evaluate my clinical skills by working with a client. I expressed my concerns on the obstacles on Telehealth therapy. I received feedback on how I can facilitate a session and overcome obstacles when conducting therapy over the phone. During the pandemic, the informational classes helped me better understand how Telehealth functions. Competency 4: Engage in practice-informed research and research-informed practice: 4.1 Engage in a review of contemporary best practices. In order to prepare for the last session with a client, I researched on best practices for termination. We reviewed his evaluation on his experience of

therapy. I provided the client with resources on coping with self-esteem, anxiety, and depression. Research is vital from the micro to macro level activities in the field of social work. Competency 5: Engage in Policy Practice: 5.2 Develop and implement a policy and/ or advocacy plan. I updated the Counseling Center's voicemail box for the office. As a transition from the pandemic and receiving only Telehealth services, I provided another method for potential clients to be informed on the online therapy services through the voice message. As a social worker, one must use critical thinking skills and be creative on providing updates and information to clients and the public, especially during a global crisis. Competency 9: Evaluate Practice with Individuals, Families, Groups, Organizations and Communities: 9.2 During the termination session with a client, they provided feedback on from therapy. The client reported applying the CBT model and says there has been progress in managing anxiety, depression, and self-esteem. Receiving client satisfaction surveys or evaluations is