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| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **Lauretta**  **Rogers**  **LMSW**     |  |  | | --- | --- | |  | lrmsw@outlook.com | |  | +1 423 584 7007 | |  | Chattanooga, TN 37421 | | | **Skills**   * Detail oriented * Organizational skills * Ambitious * Motivated to learn * Team player * Time management * Problem-solving * Multitasking * Reliability * Excellent communication * Critical thinker * Evidence-based practice * Various treatment modalities * Rapport building * Empathy * Respect * Empowering clients * Relias trainings * CPR and BLS certified * NASW Code of Ethics * Microsoft Word * Excel * Power Point * Individual Counseling * Group Counseling * Addiction counseling * Case Management * Crisis Prevention Intervention * Restraint and De-escalation * Relapse prevention * Client confidentiality * Dual diagnosis treatment * Multicultural competence * Medication-assisted treatment * Boundary setting * Self-care promotion * Co-occurring disorders * Patient advocacy * Trauma-informed care   **Education**  Southern Adventist University  Chattanooga, TN  •  11/2023  *MSW* : Social Work  Tennessee Wesleyan University  Athens, TN  •  05/2022  *Bachelor of Science* : Social Work  **Certifications**   * CPR Certification, 02/01/23, 02/29/24, Crisis Intervention Training helps you identify warning signs, symptoms of a person in Crisis and gives you tools on how to respond. * BLS Certification | | |  | | --- | | **Professional Summary**  Knowledgeable social worker experienced in crisis assessment/intervention, group therapy and individual counseling. Proactive and resourceful professional that follows policies and procedures and makes appropriate decisions for high-quality care. Effective communicator with a passion for helping empower others to become their best selves and live their best lives. Dedicated to serve those in need and meet them where they are.  Qualified social worker with robust background in counseling and addiction recovery. Successfully facilitated numerous recovery programs and provided critical support that has positively impacted countless individuals. Demonstrated professionalism and active listening skills, coupled with strong empathic capabilities. | | **Portfolio**   * https://swpro.org/laurettar/   **Work History**  Bridge Health - Therapist  Fort Oglethorpe, GA \* 3/25-5/25   * Developed individual treatment plans based on history, their and diagnosis * Provided individual counseling and conducted comprehensive assessments * Maintained accurate documentation of client progress, facilitating informed decision-making within the treatment team * Provided crisis intervention services when necessary, deescalating situations and connecting clients with appropriate resources * Performed C-SSRS and ASQ screenings   Iris Wellness Center – Primary Therapist  Chattanooga, Tn \* 12/24 -2/25   * Facilitated substance abuse and mental health groups using evidence-based practices * Provided individual counseling for adolescents and adults * Maintained accurate documentation of client progress and facilitating informed decision-making within the treatment team * Developed relapse prevention strategies for clients transitioning out of treatment programs, empowering them to maintain long-term sobriety * Supported aftercare planning for continued recovery after treatment * Developed individual treatment goals based on history, clients’ personal desires for recovery and diagnosis * Performed C-SSRS, PHQ-9 and ASQ screenings   Restoration Recovery - Substance Abuse Counselor  Cleveland, Tn  •  02/2024 – Current   * Maintained accurate documentation of client progress, facilitating informed decision-making within the treatment team * Developed relapse prevention strategies for clients transitioning out of treatment programs, empowering them to maintain long-term sobriety. * Supported aftercare planning for continued recovery after treatment * Developed individual treatment goals based on history, their personal recovery goals and diagnosis * Reduced substance abuse relapse rates by implementing evidence-based counseling strategies and treatment plans * Provided crisis intervention services when necessary, deescalated situations and connected clients with appropriate resources   Volunteer Behavioral Health Care System - IOP Facilitator  Cleveland, TN  •  12/2023 - 02/2024   * Provided clinical services to a population of outpatient adults who have substance use and co-occurring mental health disorders * Provided intervention, assessment/intake, treatment planning, triage, individual therapy, group therapy, case management as necessary * Made necessary referrals to internal/external services and support systems * Consulted with other service providers and referral services * Prepared reports for agencies, courts, other service providers, etc.   Volunteer Behavioral Health Care System - Crisis Intervention Specialist  Chattanooga, TN  •  12/2022 - 12/2023   * Worked face-to-face with consumers in assisting them in the resolution of their crisis and providing intervention and referrals in the least restrictive environment * Responded when dispatched to a call or to clients presenting to a Walk in Center * Completed evaluations and data entry in an efficient manner to meet standards when possible * Completed all data entry according to quality management standards and procedures * Provided follow up phone calls within 24 hours to make sure follow-up instructions are understood or referrals were accepted * Participated in staff meetings, training and supervisory sessions as required   Volunteer Behavioral Health - Case Manager  Athens, TN  •  06/2022 - 12/2022   * Coordination of care with necessary professionals * Made referrals for services and connected clients with resources * Empowered clients to advocate for themselves and be more independent * Provided support and empathic listening * Assisted clients in scheduling and keeping appointments * Created treatment plans and reviewed goals and objectives with clients regularly * Performed DLA-20 and PHQ-9 assessments   Tricounty - Direct Support Professional  Athens, Tn •  03/2020 - 10/2021   * Cared for individuals with intellectual and developmental disabilities within their homes * Ensured all the client's basic needs are met and assisted them with their hygiene, cleaning their home and preparing their meals * Facilitated outings for the clients in the community to maintain quality of life   Helen Ross McNabb Center - Intern  Athens, TN  •  08/2020 - 04/2021   * Observed staff conducting intakes * Audited charts * Observed staff conducting 1 on 1 counseling and group therapy * Observed staff lead a substance abuse recovery group * Demonstrated empathy and respect * Worked individually with clients on setting goals while respecting their self-determination * Helped connect clients with resources, fill out forms, and meet needs * Assisted office staff in answering phones and scheduling appointments * Familiarized myself with electronic record program, read therapy notes, case files and completed chart audits * Designed and implemented learning activities for the group * Attended monthly staff meetings * Attended weekly supervision meetings * Attended trainings * Implemented trauma informed research-based psychoeducation * Successfully co-lead group for clients who were in recovery for substance abuse * Provided support, empathy and education regarding trauma, stigma, and coping skills * Attended court for the court mandated clients in the substance abuse recovery group   Cleveland City Schools Teen Learning Center - Teacher Assistant  Cleveland, TN  •  08/2014 - 05/2017   * The Teen Learning Center was an alternative school for middle school and high school students who were no longer allowed to attend public schools * Supervised students * Assisted the teacher with class instruction and various duties * Documented student behavior * Handled disciplinary action * Assisted students with their assignments * Filled purchase orders * Attended staff meetings, convocations and professional development activities   **Willing to relocate**   * Ringgold, GA * Cleveland, Tn * Fort Oglethorpe, GA * Chattanooga, Tn * Athens, Tn   **References**  Jessie Bryant, former coworker from Restoration Recovery  502-919-3706 jess.leigh49@gmail.com  Phyllicia McCastle, former coworker from Restoration Recovery position 423-284-7610 letilmcc1@gmail.com  Kathy Stockner, former intern supervisor 423-215-8714 | |  | |

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