

The results of the CNA were categorized into themes which identify health needs and issues throughout the community. The key themes are:

- **Communication and Awareness:** Survey respondents and focus group participants highlighted that generally they were unaware of the programs and services offered by the Health Unit. They had difficulty determining the role of the Health Unit over other services offered in the community and identified the need to make public health services more visible in WEC.
- **Mental Health:** The need for an enhanced community focus on mental health emerged as a strong theme. Results from the community survey and focus groups identified the perception that the Health Unit and local organizations should prioritize mental health. The results highlighted a need to improve mental health in WEC by developing strategies that better address the needs related to overall mental health.
- **Barriers to Accessing Health Services:** Several barriers related to accessing health services in WEC were consistently brought up in the focus groups and community survey. Over 2 in 5 survey respondents indicated they have faced barriers that prevented them from accessing health care services (i.e., wait times and hours of operation). By working with community partners to reduce barriers, it is possible to minimize health inequities in the community, both at an individual and population level.
- **Healthy Living:** Survey respondents and focus group participants saw health promotion and disease prevention programs and services as the Health Unit's key role. Residents of WEC expressed an interest in seeing more health promotion and education initiatives related to healthy eating, physical activity, and overall healthy lifestyle strategies.
- **Partnerships and Collaboration:** Responses from the priority population focus groups identified the need for the Health Unit and community partners to come together to address the health needs of the community more effectively. It was often suggested that creating opportunities for partnerships is one way to move the Health Unit toward enhanced program effectiveness and organizational efficiency.