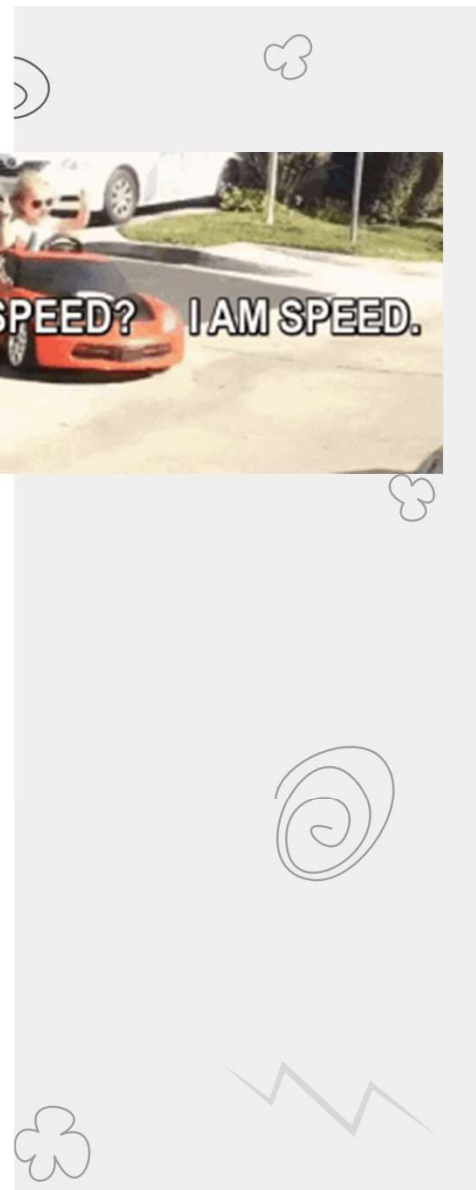
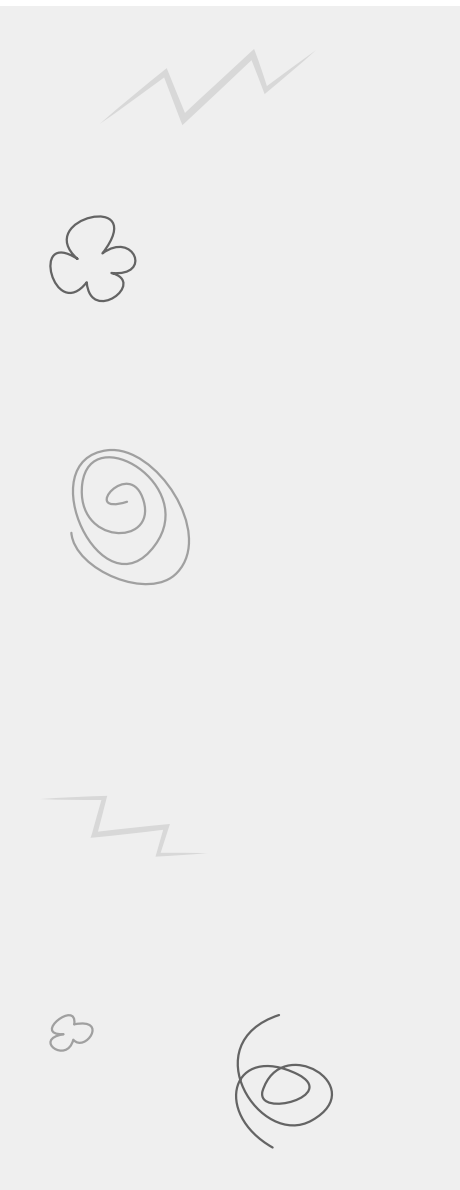




# Trauma-Informed Attitudes

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Laura Gibbs 4-23-24



# Agenda

**01**

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**Pre-Survey**

**02**

---

**Problem Behaviors**

**03**

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**Trauma**

**04**

---

**Brain  
Development**

**05**

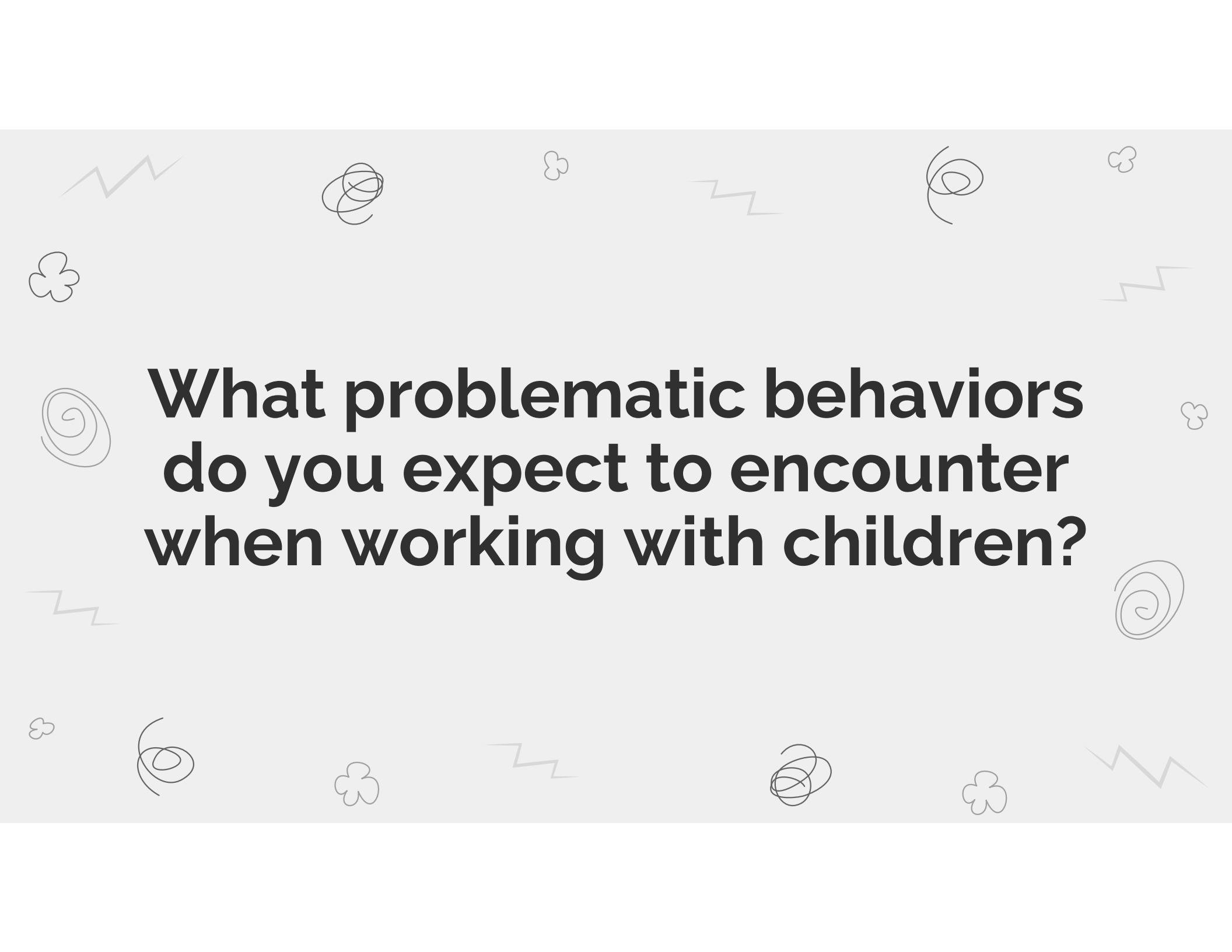
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**Skill vs Will**

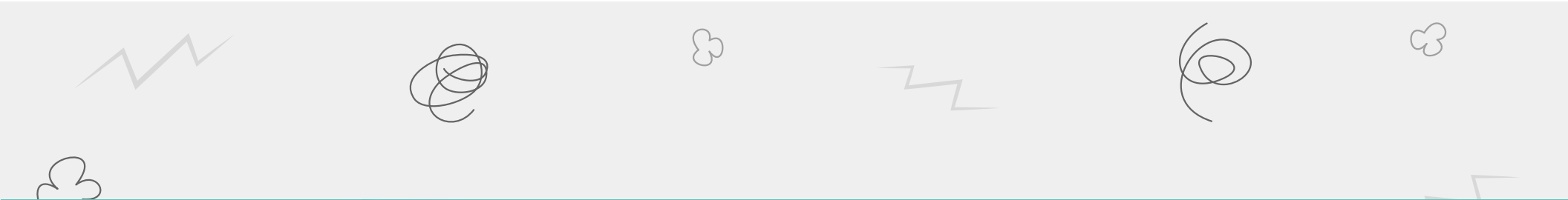
**06**

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**Post-Survey**



**What problematic behaviors do you expect to encounter when working with children?**



**What We See**

running away   anger   hurting

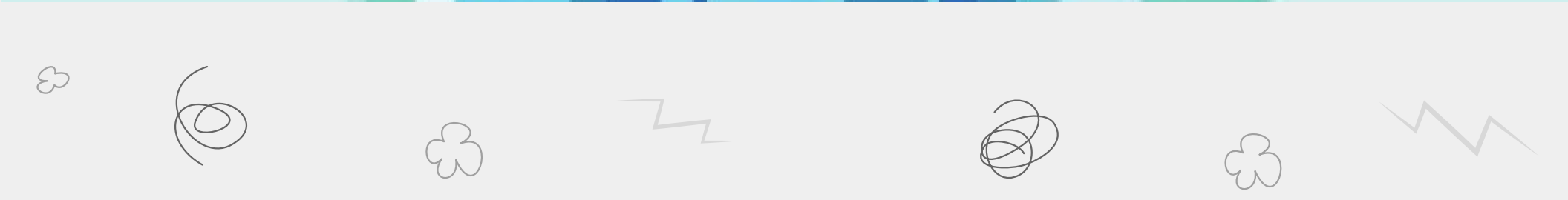
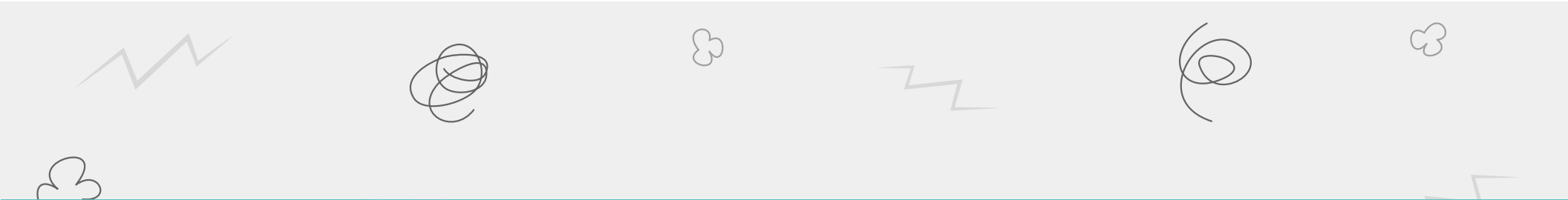
sexual behaviors   sabotaging

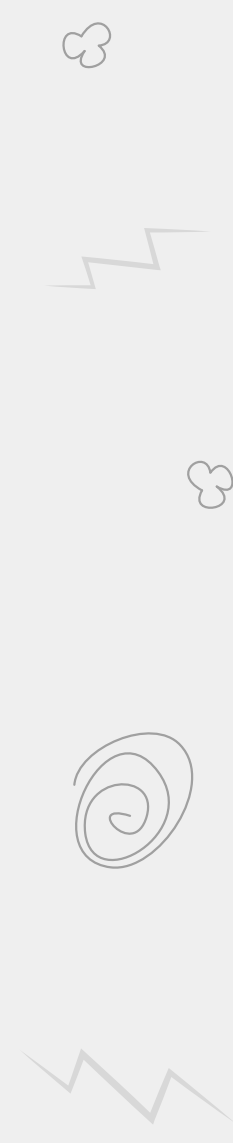
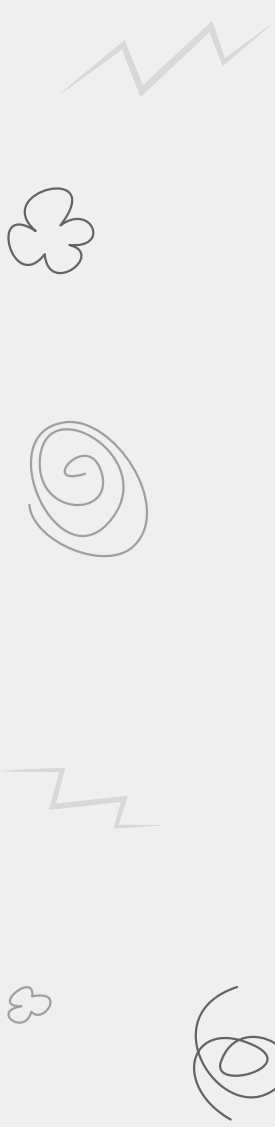
hitting   superficial charm

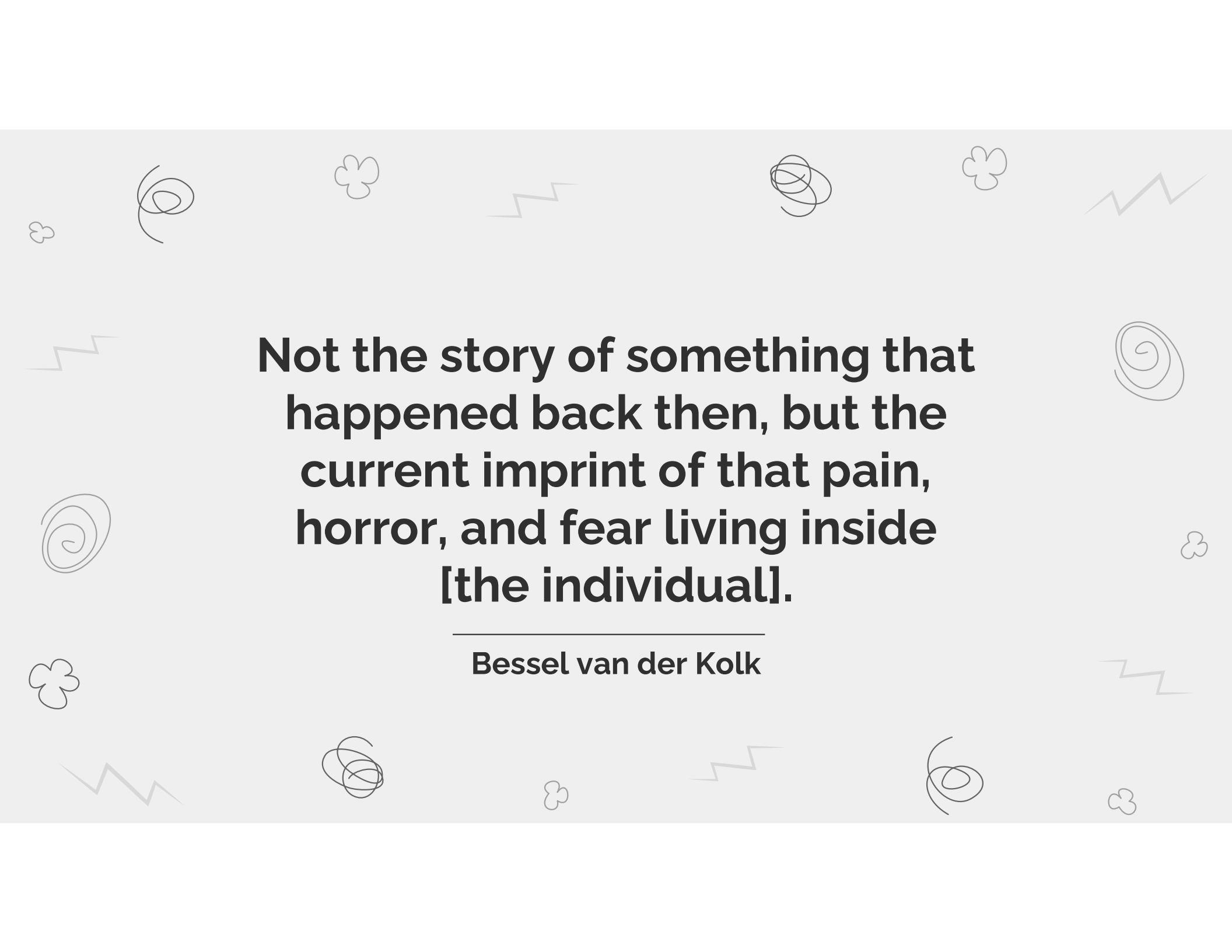
self-harm   noncompliance

stealing   running away   lying









**Not the story of something that happened back then, but the current imprint of that pain, horror, and fear living inside [the individual].**

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**Bessel van der Kolk**



## ABUSE



Physical



Emotional



Sexual

## NEGLECT



Physical

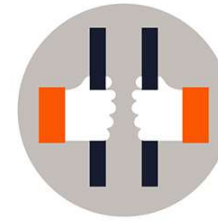


Emotional

## HOUSEHOLD DYSFUNCTION



Mental Illness



Incarcerated Relative



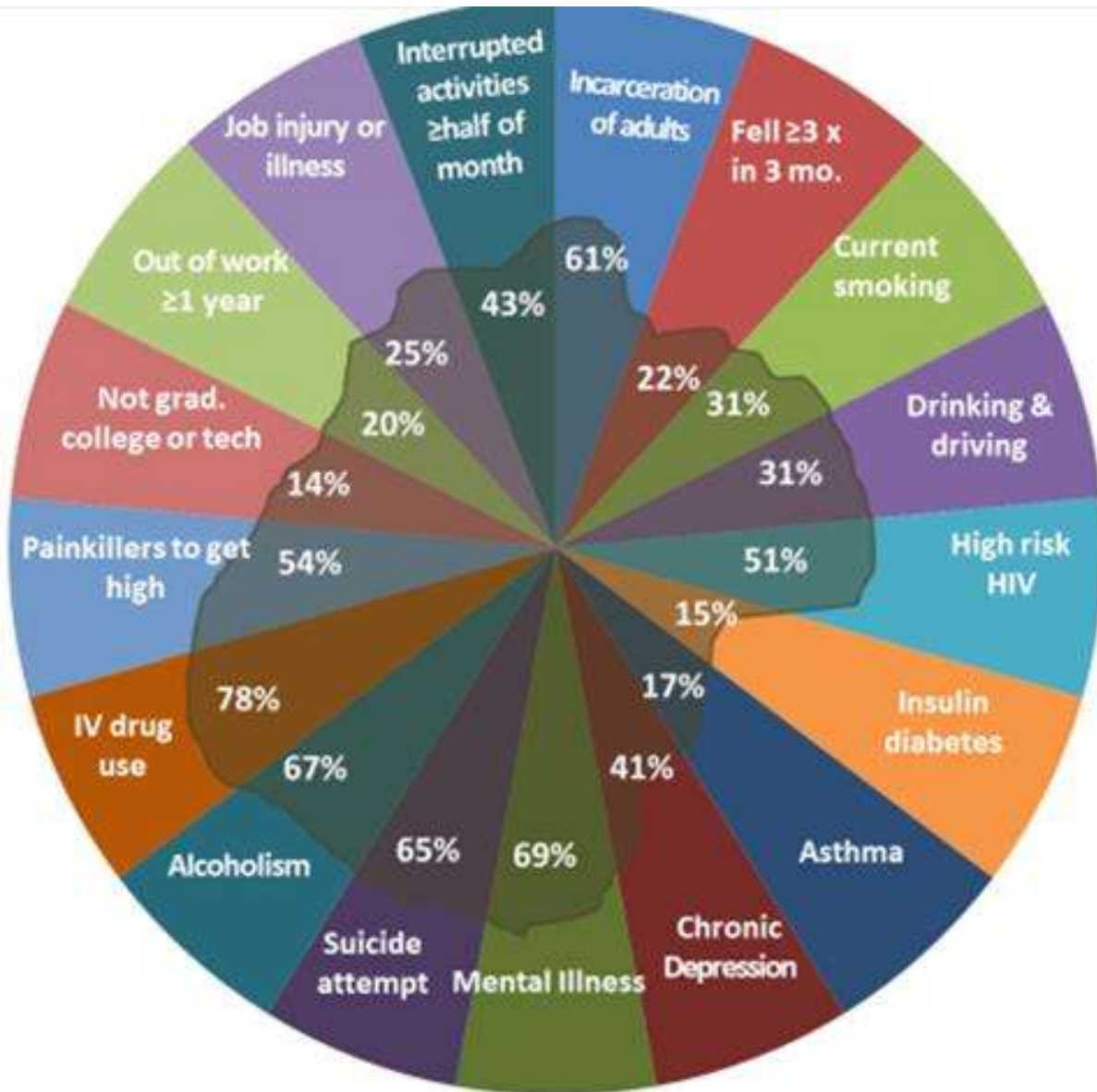
Mother treated violently



Substance Abuse

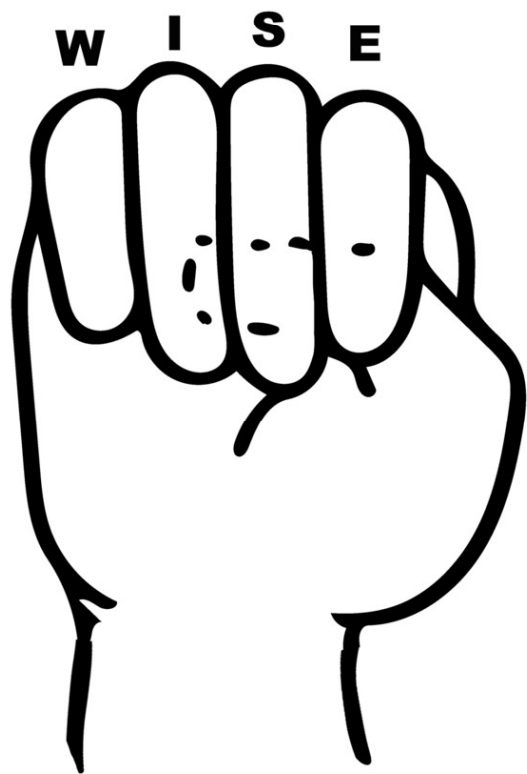


Divorce

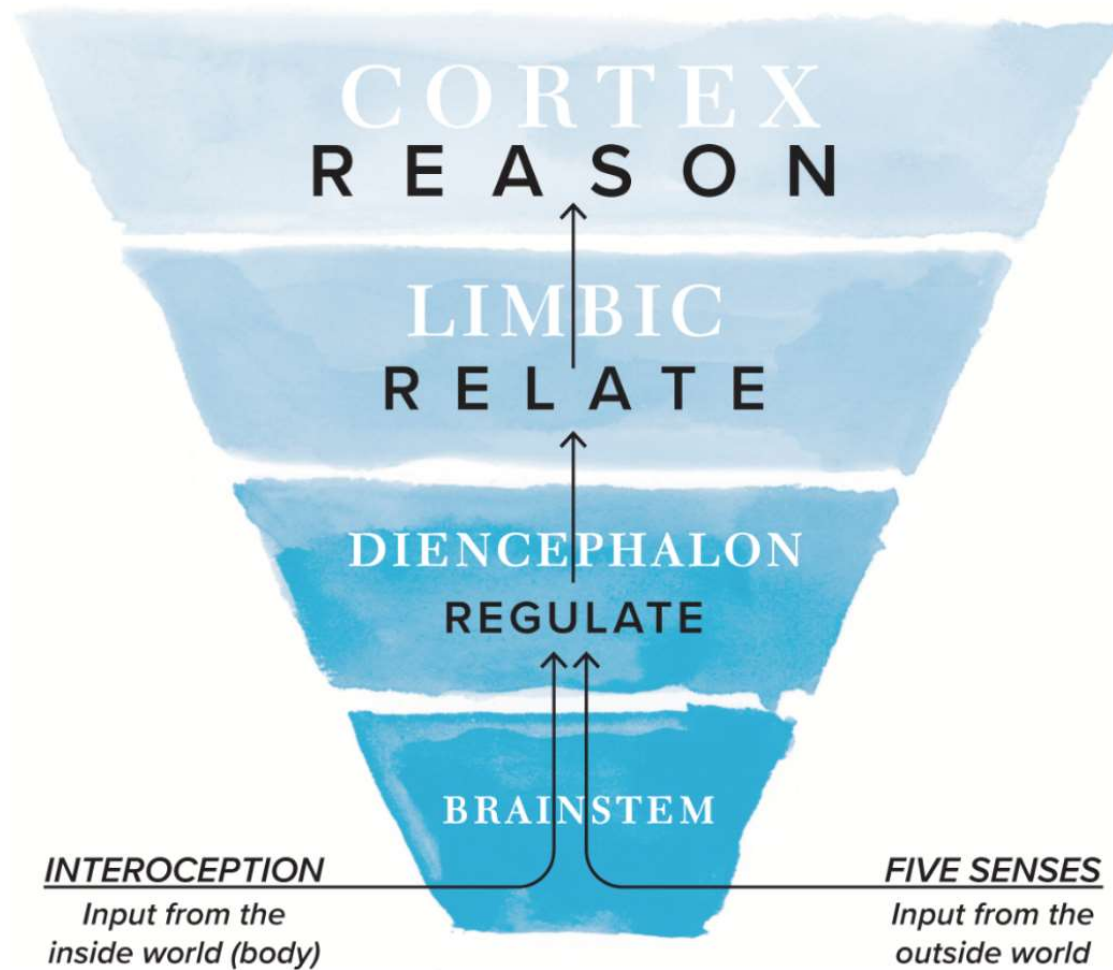


The “Population Attributable Risk” of ACEs is very high, indicating that many health challenges are directly impacted by ACEs.

*The ACE study.* (2021, March 17). Pinetree Institute.  
<https://pinetreeinstitute.org/aces/>



## SEQUENCE OF ENGAGEMENT





# Stay Calm

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No matter what

# See the need

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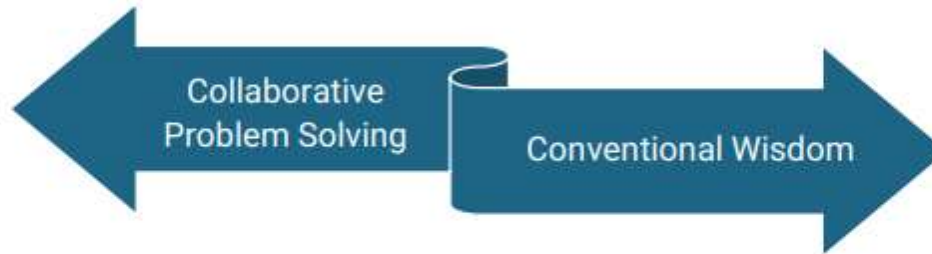
Behind the Behavior

# Meet the Need

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Find a Way

## Rethinking Our Approach to People with Challenging Behavior



PHILOSOPHY	
People do well if they can	People do well if they want to
OUR MINDSET	
Curious, open, empathic	Judgmental, suspicious
HOW WE SEE THE PERSON	
Dysregulated, lagging thinking skills, encountering barriers	Willful, attention-seeking, defiant, lazy, manipulative
HOW WE RESPOND	
Regulate, build thinking skills, find and remove barriers	Rewards, consequences, ignoring
HOW THIS MAKES THE PERSON FEEL	
Understood, supported, calm	Misunderstood, unsupported, frustrated



# **Skill vs Will**

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## **Can't vs Won't**





