

Patient Name [Redacted] **Date of Birth** [Redacted] **Gender** [Redacted] **ID No.** 00366860 **Intake Date** [Redacted]

Actual Date
4/3/2024 9:35 AM

Status Date
4/5/2024

If Unique Driver/Goal please describe

Objective and Intervention

Problem Category	Prioritized Driver:	Intervention	Status
PAG - Physical Aggression: Homicidal Behavior, Destruction of Property	Impulsivity - N/A (Date Identified: ***, End Date: ****)	Accurate and Helpful Thoughts	Achieved

Status Date
4/5/2024

If Unique Intervention please describe

Objective and Intervention Steps

TO: Youth will be introduced to accurate and helpful thoughts to increase self-regulation skills to promote safe and prosocial behavior.

- Youth will be able to define inaccurate and accurate as well as unhelpful and helpful thoughts
- Youth will be able to teach the distinction between inaccurate and accurate thoughts
- Youth will be able to teach how to generate accurate and helpful thoughts

Objective and Intervention

Problem Category	Prioritized Driver:	Intervention	Status
PAG - Physical Aggression: Homicidal Behavior, Destruction of Property	Impulsivity - N/A (Date Identified: ***, End Date: ****)	Cognitive Triangle	Achieved

Status Date
4/5/2024

Patient Name [Redacted] **Date of Birth** [Redacted] **Gender** [Redacted] **ID No.** [Redacted] **Intake Date** [Redacted]

Actual Date
4/3/2024 9:35 AM

If Unique Intervention please describe

Objective and Intervention Steps

TO: Youth will be introduced to the cognitive triangle to increase self-regulation to promote safe and pro social behavior.

- Youth will understand how their thoughts influence the way they feel and behave
- Youth will understand the distinction between thoughts, feelings, and behaviors

Objective and Intervention

Problem Category	Prioritized Driver:	Intervention	Status
PAG - Physical Aggression: Homicidal Behavior, Destruction of Property	Impulsivity - N/A (Date Identified: ***, End Date: *****)	Stages of Change	Achieved

Status Date
4/5/2024

If Unique Intervention please describe

Objective and Intervention Steps

TO: Youth and family will be introduced to stages of change to increase self-regulation skills to promote safe and prosocial behaviors.

- Youth and family will evaluate youth's current motivation to change
- Youth will be prepared, engaged for treatment
- Youth will increase participation and involvement

Referral Issue and Desired Outcome

Referral Issue	Desired Outcome	Status	Status Date
VA - Verbal Aggression: Hostile Language, Threats, Homicidal Ideation	CEC - Calm and Effective Communication	Established	4/5/2024

Patient Name
[Redacted]

Date of Birth
[Redacted]

Gender
[Redacted]

ID No.
[Redacted]

Intake Date
[Redacted]

Actual Date
4/3/2024 9:35 AM

Prioritized Driver and Treatment Goal

Referral Issue

VA - Verbal Aggression: Hostile Language, Threats, Homicidal Ideation

Prioritized Driver:

Impulsivity - N/A (Date Identified: ***, End Date: ****)

Treatment Goal

Self-Regulation Skills

Status

Established

Status Date

4/5/2024

If Unique Driver/Goal please describe

[Empty text box for unique driver/goal description]

Objective and Intervention

Problem Category

VA - Verbal Aggression: Hostile Language, Threats, Homicidal Ideation

Prioritized Driver:

Impulsivity - N/A (Date Identified: ***, End Date: ****)

Intervention

Motivational Interviewing

Status

Established

Status Date

4/5/2024

If Unique Intervention please describe

[Empty text box for unique intervention description]

Objective and Intervention Steps

TO: Youth will be introduced to motivational interviewing to increase self-regulation skills to promote calm and effective communication.

- Youth will recognize barriers to motivation
- Youth will recognize factors that enhance their motivation

Objective and Intervention

Problem Category

VA - Verbal Aggression: Hostile Language, Threats, Homicidal Ideation

Prioritized Driver:

Impulsivity - N/A (Date Identified: ***, End Date: ****)

Intervention

Building Skills through Play

Status

Established

Patient Name [Redacted] **Date of Birth** [Redacted] **Gender** [Redacted] **ID No.** [Redacted] **Intake Date** [Redacted]

Actual Date
4/3/2024 9:35 AM

Status Date

4/5/2024

If Unique Intervention please describe

[Empty text box for unique intervention description]

Objective and Intervention Steps

TO: Youth will be introduced to building skills through play to increase self-regulation skills to promote calm and effective communication.

- Caregiver and youth will understand what play is and different types of play.
- Caregiver will understand a rationale for using play to build skills.
- Caregiver will understand how young people learn through play.
- Youth will implement specific activities of play to build specific skills.

Objective and Intervention

Problem Category

VA - Verbal Aggression: Hostile Language, Threats, Homicidal Ideation

Prioritized Driver:

Impulsivity - N/A (Date Identified: ***, End Date: ****)

Intervention

Psychoeducation on the Mental Health Benefits of Physical Activity

Status

Established

Status Date

4/5/2024

If Unique Intervention please describe

[Empty text box for unique intervention description]

Objective and Intervention Steps

TO: Youth and caregiver will be introduced to psychoeducation on the mental health benefits of physical activity to increase self-regulation skills to promote calm and effective communication.

- Youth and caregiver will understand the importance of a holistic approach to wellbeing
- Youth and caregiver will understand an overview of the benefits of physical activity on mental health
- Youth and caregiver will understand the biological and psycho-social factors that create these benefits

Status