

Youth Villages YV Plan 3.0

Patient Name

Date of Birth Gender

M

ID No.

Intake Date

Actual Date 4/22/2024 1:55 PM

Problem History

Problem History (Prev Identified)

Problem Behavior	Description of the behavior	Status	Start Date	Last Known Incident
Attention Deficit Hyperactivity Disorder (ADHD)	Youth was diagnosed with ADHD 3 years ago. Youth has a very short attention span which has led to recent increases in difficulties with school. Youth's attention span lasts for less than 5 minutes, often bouncing from activity to activity. Youth often struggles to sit through a class and gets off task easily. Youth also struggles with impulsivity, often acting or speaking before thinking. Youth takes medication to manage symptoms but family feels this is not enough.		1/19/2024	
Inappropriate Sexual Behavior (ISB)	On 1/14 youth stole mother's tablet from where she had hidden it in the home and accessed pornography. Youth watched over 15 pornography videos totaling over 2 hours. On 1/2 youth stole his older sister's phone while the family was sleeping and used it to look at pornography. Youth had the device overnight and looked at multiple hours worth of pornographic videos. Mom reports youth has been watching pornography for around the last year. Youth will steal electronics around the home, including old laptop and sister's phone, so he can look up pornography. Youth will seek out electronics throughout the home, searching for them so he can watch pornography. Onset of inappropriate sexual behavior was 1 year ago with current frequency of 3-4 times monthly. Intensity is mild to moderate with duration of 1-2 hours. This began when youth walked in on mother and stepfather having sex in their bedroom at night.		1/19/2024	
Physical Aggression	On 1/18 youth shoved and pushed his older sister multiple times, not allowing her to enter his room. This caused sister to fall back against the wall. Mom had to separate the children. On 1/16 youth threw dishes into the sink while washing them, causing a plate to break. On 1/10 youth threw dishes around the kitchen, breaking over 10 dishes and glasses. On 1/8 youth threw a large stack of papers at his younger sister, causing her to get a gash under her eye. This required band aid but no stiches. On 1/6 youth hit mom multiple times on her arms with an open hand. This left temporary redness on her arms. Youth continued to hit mom for over 30 seconds until she was able to get him to go in his room. In Aug '23 youth and younger brother hit each other multiple times with wooden rulers. Youth hit younger sister so hard with the wooden ruler it left a welt on her back. Mom had to physically separate the children to get them to stop. Onset of physical aggression was 2 years ago with current frequency of daily. Intensity is mild with varying duration of 5-25 minutes. Mom reports "it sucks†but they "have to†keep youth separated from the other children at all times, often making youth stay in his room or right with an adult, to keep the other children safe. Mom reports she is afraid of what youth might do towards his siblings as they are younger and much smaller than him. Mom also reports she worries as he gets older and bigger he may injure siblings more intensely.		1/19/2024	
Theft/Stealing	Mom reports daily, every single day, youth steals candy, pop tarts, sodas, juice boxes, and Little Debbie's from the kitchen in the family home. Mom reports they have already locked all these items and they have no idea how youth is gaining access. Mom reports this has led to the family losing money and lack of food for the other children at times. In May '23 youth stole a pocketknife from mom. Youth then hid this in his room. Youth then took this to school and traded it with a peer, getting candy in return. Youth was then out of school suspended for 3 days. In April '23 youth stole collectable trading cards, worth over \$400, from his stepfather. Youth then took these to school and traded them for candy. Family was unable to recover the cards, resulting in extensive financial loss for them. Youth also has a recent history of stealing electronics around the home as outlined in the inappropriate sexual behavior portion of this assessment. Onset of stealing was 2 years ago with current frequency of daily. Intensity is moderate in that he is currently stealing low dollar items and knives from around the home to trade at school.		1/19/2024	
Trauma/Toxic Stress Exposure	Youth's biological father is not involved in youth's life. Parents officially ended their relationship when youth was 4yo but prior to that father was in and out of youth's life. Father was inconsistent throughout youth's entire life. Biological father has no parental rights anymore. Youth has not seen or spoken to his biological father since he was 4yo. Mom reports youth's biological father would only visit with youth if she was "hooking up†with him. Youth considers his stepfather to be his father. When youth was 2yo there was a CPS investigation where aunt alleged abuse against mom including not feeding and bathing the children. CPS came out to the home and investigated and immediately discovered the claims by aunt were false. CPS closed the case right away with no findings.		1/19/2024	
Verbal Aggression	On 1/18 youth screamed at younger sister, "Get out! Get out of here! Get out!å€ Youth continued to scream at sister for over 5 minutes until mom was able to get sister to leave youth's room. On 1/17, 1/16, 1/15, 1/14, 1/13, and 1/12 youth screamed at his younger siblings in this same manner for being in his room. Mom reports this has greatly increased the toxicity in the home and damaged the siblings relationships and bonds between family members. On 1/17 youth ignored his mother when she asked him to complete household responsibility of washing dishes. Youth actively ignored mom for over 20 minutes before coming out to complete the task. On 1/16 youth screamed at mom, "Gabriel is so stupid! I hate you! This isn't fairl†after getting in trouble. Youth was escalated for over 10 minutes. On 1/14 youth screamed at mom, "I hate you! This is so stupid! Folding clothes is stupid! I hate thisl†and continued to scream for over 30 minutes. Onset of verbal aggression was 2 years ago with current frequency of daily. Intensity is mild to moderate with duration varying from 5-45 minutes. On 2-22 and 3-16 youth was suspended for saying the n-word and other obscenities in school.		1/19/2024	

Treatment Cycle Update

Click to Review Additional Client Information



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Risk and Safety Assessment - Safety Details

Event Name	Actual Date	Details of Safety Issue
Risk and Safety Assessment - In-Home Services	3/26/2024	Physical Aggression: Parents will separate siblings when a conflict arises. ISB: Parents will ensure all devices with internet access are password protected. Parents will take remotes, DS, and phones into parents' bedroom at night.

Risk and Safety Assessment - Safety Objectives and Interventions

Event Name	Actual Date	Safety Objective and Interventions:
Risk and Safety Assessment - In-Home Services	3/26/2024	Physical Aggression: Parents will separate siblings when a conflict arises. ISB: Parents will ensure all devices with internet access are password protected. Parents will take remotes, DS, and phones into parents' bedroom at night.

Progress Related to Objectives and Interventions

Family completed the interventions of psychoeducation on parenting styles and relationship skills for caregivers. Family identified as authoritative and evaluated the effects of other parenting styles. Caregivers were receptive to learning communication skills.

Struggles Related to Objectives and Interventions

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No barriers this treatme	ent cycle		

New Information Relevant to Treatment

Last safety sweep completed on 3/26 with no concerns, safety still in place.

Necessity for Continued Care

Youth blocked the hallway and smacked older sister on 4/19 when she tried to go past him. Youth needs coping skills to be able to take a moment to think of alternate solutions to frustrations with siblings. Deep breathing will be introduced to help youth gain coping skills. On 4/20 youth grabbed younger sister pushing her out of his room and hurt her wrist in the process. Grounding will be introduced to help youth identify techniques that work for him instead of physical aggression to regulate and communicate anger. Youth has had trouble accepting responsibility for physical and verbal aggression that has gotten him in trouble at home and school. Responsibility pie will be introduced to help youth accurately assess his level of responsibility and increase his level of engagement in gaining coping skills.



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Youth/Young Adult/Caregiver Voice/Long Term Goals

Family wants youth to understand consequences, not steal, and not fight with siblings.

Youth wants to not steal.