

Southern Adventist University
School of Social Work and Family Studies

Professionalism Assessment

By

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After completing the professional assessment I observed several areas in which I need to work on as I progress in my education. Although I believe I have a professional appearance in most aspects of my appearance I do have a habit of wanting to “dress down” when attending class or conducting interviews. Throughout my life I have always had to wear a uniform in any job I had and am not accustomed to wearing business attire. A prime example of this was seen just this week when I attended a meeting with my field instructor and my field supervisor and another cohort pointed out that I could not wear jeans when conducting my practicum at this location. I do agree that business dress is professional however I have often thought that if we are supposed to be serving others that are less fortunate than ourselves then we should also try and not make the client feel out of place by being overly dressed for the occasion. With that said I do remember last semester when nothing was said about how we were dressed when conducting our first interviews and then later we were told we had to wear business attire. After watching the video when I was dressed in a more professional manner, I actually conducted myself in a more professional manner and had more confidence in my abilities. This was the area in which I scored the lowest in the assessment and the area in which I plan to change the most.

When reflecting on my professional relationships I believe that I do embrace diversity and I maintain a balance between my professional and personal life. I have several friends and family that I talk to and surround myself with outside of work that I usually never think about work when with my family. I do believe I need to work on being proactive in mediating any relational conflict as I often times find that I usually wait until the critical moments before I usually intervene and resolve conflicts with others.

In dealing with my professional performance I believe I scored pretty high as I am always on time and always attend class or show up for work. I have never called in sick or missed an appointment that was made. I do need to work on being a self-starter and my professional communication skills. Although these are not bad I often times find myself not interacting with individuals I don't really know.

In my professional attitudes I think I also did pretty well. I always assume responsibility for my own actions even if they lead to negative results. I am also very flexible and adapt to almost any situation. This is proven in my day to day work in my current job in which this is a necessity. I think I demonstrate a positive attitude and motivation towards learning however I do realize that I often times question why I'm learning the things I am and not looking at the big picture and seeing the final result. This is something I continue to work on and I'm sure will improve with time.