

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0500-Wake up and get ready 0600-Wake my daughter up 0700-Take her to school 0800-Arrive at work 8-4 Working 4-530 School 6pm- Have dinner with my parents after they picked her up from school 730pm- Arrive home and get her ready for bed 8pm-9pm- TV time for both of us 9pm-She goes to bed I work on school work. 1130- Bedtime	0500-Wake up and get ready 0600-Wake my daughter up 0700-Take her to school 0800-Arrive at work 8-4 Working 430-Pick my daughter up from school 5pm-Arrive home 530pm-Start school work 6pm-7pm- Dinner 7pm-Go walking 730pm-Play time 8pm-We both get ready for bed 9pm-She goes to bed I clean house and work on school work. 1130pm- Bedtime	0500-Wake up and get ready 0600-Wake my daughter up 0700-Take her to school 0800-Arrive at work 8-4 Working 430 Pick my daughter up from school 5pm-Arrive home 530pm-Start school work 6pm-7pm- Dinner 7pm-8pm- Play time 8pm-We both get ready for bed 9pm-She goes to bed I clean house and work on school work. 1130pm- Bedtime	0500-Wake up and get ready 0600-Wake my daughter up 0700-Take her to school 0800-Arrive at work 8-4 Working 430 Pick my daughter up from school 5pm-Arrive home 530pm-Start school work 6pm-7pm- Dinner 7pm-Go walking 730pm-Play time 8pm-We both get ready for bed 9pm-She goes to bed I clean house and work on school work. 1130pm- Bedtime	0500-Wake up and get ready 0600-Wake my daughter up 0700-Take her to school 0800- Arrive at work 8-4 Working 430- Pick my daughter up from school 6pm- Drop her off at her mothers 8pm-3am- Work an extra Job 4am-Go to bed.	1200-Wake up and get ready 1pm-Go Running 2pm-Meet up with friends and go to the river to hang out and swim. 6pm-Usually arrive home and have a fast dinner (TV Dinner) 630pm-830- pm Clean house and do yard work 9pm-3am- Work extra job at the gas station. 4am-Get to bed.	0800-Wake up and get ready for church 0900-Pick my daughter up from her moms 1000-1200- Church 12-2pm- Lunch 2-6- Outside Playtime with friends 6pm-7pm- Church 7pm-715pm- Arrive home and get ready for Monday (school, work) 8pm-Crafts or a movie 930pm-She goes to bed 1000pm- Bedtime

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0500-Wake up and get ready 0600-Wake my daughter up 0700-Take her to school 0800-Arrive at work 8-4 Working 430-Pick my daughter up from school 5pm-Arrive home 530pm-Start school work 6pm-7pm-Dinner 7pm-8pm-Play time 8pm-We both get ready for bed 9pm-She goes to bed I clean house and work on school work. 1130pm-Bedtime	0500-Wake up and get ready 0600-Wake my daughter up 0700-Take her to school 0800-Arrive at work 8-4 Working 430-Pick my daughter up from school 5pm-Arrive home 530pm-Start school work 6pm-7pm-Dinner 7pm-Go walking 730pm-Play time 8pm-We both get ready for bed 9pm-She goes to bed I clean house and work on school work. 1130pm-Bedtime	0500-Wake up and get ready 0600-Wake my daughter up 0700-Take her to school 0800-Arrive at work 8-4 Working 430 Pick my daughter up from school 5pm-Arrive home 530pm-Start school work 6pm-7pm-Dinner 7pm-8pm-Play time 8pm-We both get ready for bed 9pm-She goes to bed I clean house and work on school work. 1130pm-Bedtime	0500-Wake up and get ready 0600-Wake my daughter up 0700-Take her to school 0800-Arrive at work 8-4 Working 430 Pick my daughter up from school 5pm-Arrive home 530pm-Start school work 6pm-7pm-Dinner 7pm-Go walking 730pm-Play time 8pm-We both get ready for bed 9pm-She goes to bed I clean house and work on school work. 1130pm-Bedtime	0500-Wake up and get ready 0600-Wake my daughter up 0700-Take her to school 0800- Arrive at work 8-4 Working 430- Pick my daughter up from school 6pm- Drop her off at her mothers 8pm-3am-Work an extra Job 4am-Go to bed.	1200-Wake up and get ready 1pm-Go Running 2pm- Watch College Football and relax 6pm-8pm-Clean house and do yard work 9pm-3am-Work extra job at the gas station. 4am-Get to bed.	0800-Wake up and get ready for church 0900-Pick my daughter up from her moms 1000-1200-Church 12-2pm-Lunch 2-6- Outside Playtime with friends 6pm-7pm-Church 7pm-715pm-Arrive home and get ready for Monday (school, work) 8pm-Crafts or a movie 930pm-She goes to bed 1000pm-Bedtime

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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0500-Wake up and get ready 0600-Wake my daughter up 0700-Take her to school 0800-Arrive at work 8-4 Working 4-530 School 6pm- Have dinner with my parents since my daughter is already there 730pm- Arrive home and get her ready for bed 8pm-9pm- TV time for both of us 9pm-She goes to bed I work on school work. 1130- Bedtime	0500-Wake up and get ready 0600-Wake my daughter up 0700-Take her to school 0800-Arrive at work 8-4 Working 430-Pick my daughter up from school 5pm-Arrive home 530pm-Start school work 6pm-7pm- Dinner 7pm-Go walking 730pm-Play time 8pm-We both get ready for bed 9pm-She goes to bed I clean house and work on school work. 1130pm- Bedtime	0500-Wake up and get ready 0600-Wake my daughter up 0700-Take her to school 0800-Arrive at work 8-4 Working 430 Pick my daughter up from school 5pm-Arrive home 530pm-Start school work 6pm-7pm- Dinner 7pm-8pm- Play time 8pm-We both get ready for bed 9pm-She goes to bed I clean house and work on school work. 1130pm- Bedtime	0500-Wake up and get ready 0600-Wake my daughter up 0700-Take her to school 0800-Arrive at work 8-4 Working 430 Pick my daughter up from school 5pm-Arrive home 530pm-Start school work 6pm-7pm- Dinner 7pm-Go walking 730pm-Play time 8pm-We both get ready for bed 9pm-She goes to bed I clean house and work on school work. 1130pm- Bedtime	0500-Wake up and get ready 0600-Wake my daughter up 0700-Take her to school 0800- Arrive at work 8-4 Working 430- Pick my daughter up from school 6pm- Drop her off at her mothers 8pm-3am- Work an extra Job 4am-Go to bed.	1200-Wake up and get ready 1pm-Go Running 2pm-Meet with my daughter and her mom and hang out at the park. 5pm-arrive home 530pm-830- pm Clean house and do yard work 9pm-3am- Work extra job at the gas station. 4am-Get to bed.	0800-Wake up and get ready for church 0900-Pick my daughter up from her moms 1000-1200- Church 12-2pm- Lunch 2-6- Outside Playtime with friends 6pm-7pm- Church 7pm- 715pm- Arrive home and get ready for Monday (school, work) 8pm-Crafts or a movie 930pm-She goes to bed 1000pm- Bedtime
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Week 4

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0500-Wake up and get ready 0600-Wake my daughter	0500-Wake up and get ready 0600-Wake my daughter	0500-Wake up and get ready 0600-Wake my daughter	0500-Wake up and get ready 0600-Wake my daughter	0500-Wake up and get ready 0600-Wake my daughter	1200-Wake up and get ready 1pm-Go Running	0800-Wake up and get ready for church 0900-Pick

up 0700-Take her to school 0800-Arrive at work 8-4 Working 430-Pick my daughter up from school 5pm-Arrive home 530pm-Start school work 6pm-7pm-Dinner 7pm-8pm-Play time 8pm-We both get ready for bed 9pm-She goes to bed I clean house and work on school work. 1130pm-Bedtime	up 0700-Take her to school 0800-Arrive at work 8-4 Working 430-Pick my daughter up from school 5pm-Arrive home 530pm-Start school work 6pm-7pm-Dinner 7pm-Go walking 730pm-Play time 8pm-We both get ready for bed 9pm-She goes to bed I clean house and work on school work. 1130pm-Bedtime	up 0700-Take her to school 0800-Arrive at work 8-4 Working 430 Pick my daughter up from school 5pm-Arrive home 530pm-Start school work 6pm-7pm-Dinner 7pm-Go walking 730pm-Play time 8pm-We both get ready for bed 9pm-She goes to bed I clean house and work on school work. 1130pm-Bedtime	up 0700-Take her to school 0800-Arrive at work 8-4 Working 430 Pick my daughter up from school 5pm-Arrive home 530pm-Start school work 6pm-7pm-Dinner 7pm-Go walking 730pm-Play time 8pm-We both get ready for bed 9pm-She goes to bed I clean house and work on school work. 1130pm-Bedtime	up 0700-Take her to school 0800- Arrive at work 8-4 Working 430- Pick my daughter up from school 6pm- Drop her off at her mothers 8pm-3am-Work an extra Job 4am-Go to bed.	2pm-Meet up with friends and go to the river to hang out and swim. 6pm-Usually arrive home and have a fast dinner (TV Dinner) 630pm-830-pm Clean house and do yard work 9pm-3am-Work extra job at the gas station. 4am-Get to bed.	my daughter up from her moms 1000-1200-Church 12-2pm-Lunch 2-6- Outside Playtime with friends 6pm-7pm-Church 7pm-715pm-Arrive home and get ready for Monday (school, work) 8pm-Crafts or a movie 930pm-She goes to bed 1000pm-Bedtime
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